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WEDNESDAY, FEBRUARY 6, 2008

36 PAGES

# Wilmington mirrors the state on Super Tuesday

Clinton and Romney take Tewksbury, Wilmington, and the state

By JAYNE W. MILLER

WILMINGTON - Poll workers and Town Clerks worked late into Super Tuesday Night counting votes in the Presidential Primary. In the end, like the rest of the state, Romney beat out McCain and Clinton trounced Obama. High voter turnout on Tuesday, combined with a larger than usual complement of young voters, helped drive election excitement and votes.

Endorsements from Massachusetts politicians Senators Kennedy and Kerry and Governor

Patrick still could not turn out the results for Democratic Presidential Candidate Barack Obama. Hillary stomped Obama in Wilmington, capturing 2,937 votes to the freshman Senator's 1,263. Edwards, who dropped out last week, nabbed 104 votes.

On the Republican ticket, former Massachusetts Governor won soundly at home despite a lower than expected result around the country. In Wilmington Romney won 1,443 versus Senator McCain's 928. Former Arkansas

Governor Mike Huckabee received 79 votes.

Not one person in Wilmington voted for either a Green party candidate or a Working Families party member, possibly because the latter ballot was blank. The lack of a turnout for the two parties caused some voters to ask whether it is worth the money for the state to spend so much money to print those ballots.

Polls opened at 7:00 a.m. and remained open until 8:00 p.m. Wilmington turned out 6,932 voters of a registered pool of 14,889, or an astound-

ing 47 percent of registered voters.

"In 2004 only 2,447 voters turned out for the Presidential primary or only 17 percent," Town Clerk Sharon George told the Crier. "Everything went really well with the election and I was really pleased with the turnout of young voters."

"Special thanks to my staff assistant Carolyn Kenney, Senior Clerk Phyllis Viera, and all my wonderful workers," George said. "I hope to see you all at the annual Town Election April 26th."

CONTINUED PAGE 15W

## Wildcats need a new football coach

Almeida leaves for new challenge

By JAMIE POTE  
Sports Editor

After 12 straight winning seasons, including 103 victories and being a part of five Cape Ann League championships, Wilmington High School football coach Bob Almeida announced his resignation officially on Monday afternoon. Almeida has accepted the head coaching position at Malden Catholic High School.

Almeida came to WHS just prior to the 1996 season, after spending time as an assistant coach for various schools, including Beverly, and as the head coach at Somerville High School.

Including his first game on the sidelines at WHS, a 29-0 victory over Newburyport, Almeida compiled a record of 103-29-1.

CONTINUED SPORTS 1

Community presence leads to pinch

## Baby Formula Bandits nabbed

By STEPHEN BJORK

WILMINGTON - A routine patrol through Wilmington Plaza led to the arrest of three individuals with nearly \$800 worth of stolen baby formula in their possession.

Wilmington Police Officer Shawn Lee was driving through Wilmington Plaza at approximately 8:00 p.m. on Saturday, February 2 when he observed a GMC Jimmy parked illegally in the fire lane directly in front of CVS Pharmacy. Lee approached the vehicle with the intention of instructing the operator to move the vehicle, or issuing a ticket.

The current design of the plaza parking lot makes fire lane parking a particular problem, especially in the area of the center entrance, and Wilmington Police enforce it on a regular basis.

"Not only does it impact the flow of traffic, but the safety of pedestrians is effected because drivers become distracted watching for other vehicles and might not see someone walking out from behind a car parked in the fire lane," said Wilmington Police Lt. Christopher Neville. "We try to enforce it on a regular basis, but apparently some people think their convenience is more important than someone else's time or safety."

Before Lee reached the suspects' vehicle, he saw a male hurriedly exiting CVS with a red shopping basket full of merchandise and get into the Jimmy.

The vehicle pulled away from the curb and began traveling toward the Market Basket end of the plaza. Lee stopped the vehicle before it had a chance

CONTINUED PAGE 15W

## Helping kids defy the odds

Wilmington's Albert Flight hands reigns to new Potentate at Shriners installation

By MARCY RAGUCCI

WILMINGTON - The Aleppo Shriners held their Ceremonial and Installation of Officers on January 26th at Shriners Auditorium at 99 Fordham Rd. in Wilmington. Albert D. Flight of Wilmington, served as Illustrious Potentate for the past year. As Stephen G. Eriksen, Chelmsford, was installed as Illustrious Potentate for this year, Flight was presented with his Past Potentate title, fez and jewel for distinguished service to the Aleppo Shriners.

Reflecting on his term as Illustrious Potentate, Flight

says, "I'm very proud of what the Shriners stand for. We now have 22 hospitals in North America that we support. All treatment is free to children under the age of 18. I'm very proud of the \$250,000 we raised through last year and the fact that 100% of that money goes directly to the hospital."

Flight continues, "There are only three burn centers and to bring one child in to one of them costs anywhere between \$18,000 and \$54,000. People all over the world know about what we do and I am committed to letting people in our own country know what we do. For example, in Russia an eight-year-old girl saved her two-year-old sister from burning to death and, in the process of saving her, she suffered significant burns. She was declared a national hero and the Russian government sought treatment for her at the best treatment center in the world - Shriners Hospital."

Explaining the process, Flight

CONTINUED PAGE 15W

## Building a house, and an education

Process underway to determine site for next year's project

By CHARITY B. LEGVOLD

WILMINGTON - With its annual house-building project well under way, Shawsheen Valley Technical High School is already beginning the process to identify a site for next year's house-building project.

Work continues on the three-bedroom, two-bath, single-family home project being built at 29 Winston Avenue in Wilmington. The Tech's Construction Department Chairman, Jim Sullivan, said that the roof is on tight and the carpenters are now installing windows and doors. The interior partitions are in place so that the next crew of students can install other operating systems, such as plumbing and heating. The masonry students have a partial chimney in place, but are waiting for better weather to break through the roof.

Plumbing and heating students entered the building on Monday, February 4 to begin the layout work that will allow them to start installing piping next week. Once their work is



Shawsheen Tech HVAC students have begun work on the house being built in Wilmington. Nick Illsley of Tewksbury and Tyler Watroba of Wilmington installed the returns for the heating ducts on Tuesday. photo by Maureen Lamoureux-www.shootingstarspix.com

completed the electricians will enter for their part of the project. Superintendent Charles Lyons expects work will be

completed by mid-May.

Sullivan credits all of the instructors with doing an outstanding job with this project.

He also gives great credit to the students who have been fighting the elements of bitter cold

CONTINUED PAGE 16W



By JAYNE W. MILLER

WILMINGTON - Visit Donald Harrison's office and you'll be struck by the juxtaposition of antique machines with the newest solar technology. Harrison, a vendor and installer of solar systems and heating systems, promotes energy efficiency for the dual purposes of saving homeowners money and reducing

With home heating costs escalating, solar is one way to save

dependence on foreign fuel. Recent changes in state and federal legislation diminish incentives for homeowners to install solar technology or for U.S. companies to increase production and drive down capital costs. With oil prices, and oil profits, at record heights renewable energy looks more and more attractive.

"As Americans, we really need to focus on renewable energy," began Harrison, owner of Wilmington based Harrisun Systems. "I think we should have an effort toward solar implementation equal to the lunar mission."

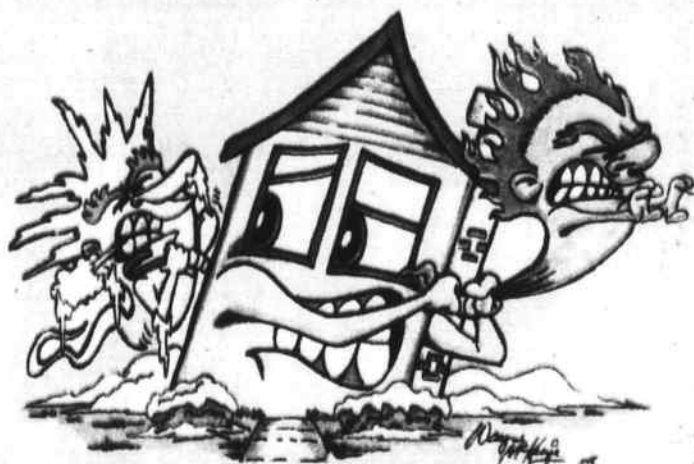
Renewable energy utilizes natural resources such as sunlight, rain, wind, and geother-

mal heat, which are naturally replenished, to provide energy. Renewable technologies include solar power, wind power, geothermal energy, bio-fuels and hydropower. Few homes can effectively utilize a windmill in the front yard or dam up a stream to generate power. But solar is another

matter. Even though Massachusetts lies north of the sunbelt, solar technologies offer a good source of supplemental home and pool hot water heating, space heating, and electricity.

"Every single rooftop becomes a place where you

CONTINUED PAGE 16W



## Greener pastures for green fuel

Martell fuels potential for Biodiesel

By JULIE FENNELL

WILMINGTON - Remember that Spielberg movie Back to the Future? Remember how cool it was when Doc was able to fill his DeLorean fuel tank with trash items to bring Marty back to the future? Well, the idea certainly seemed far fetched in 1985, but Wilmington native Julianne Martell is making it easy to believe that maybe, just maybe, it's not as far out there as it once seemed.

Martell, a 2005 graduate of Wilmington High School, is currently a Chemistry major at Bridgewater State College (BSC). Last year she was approached by her Organic Chemistry professor Dr. Ed Brush about taking part in a research project through the school's Summer Research Grant program. The program provides opportunities to BSC

undergraduates who are interested in pursuing independent research, scholarship or creative activities under the guidance of a full-time faculty member.

Dr. Brush's interests focus on green chemistry methods, renewable energy and chemical sustainability. He reached out to Martell to see if she would be interested in researching a more proficient and greener way to make biodiesel while limiting excess waste and corrosive chemicals.

Martell accepted the challenge and submitted a grant proposal for her project entitled, "Development of a Lab Bench Research Reactor to Investigate Improved Chemical Methods of Producing Biodiesel from BSC Waste Vegetable Oil."

"Biodiesel is an alternative fuel made from vegetable oils," explained Martell. "Biodiesel

has numerous benefits, including low toxicity, reduced greenhouse gas emissions, a benefit to local agriculture, and

reduced dependence on foreign oil. The goals of the project were to develop a bench-top

CONTINUED PAGE 16W



Julianne Martell and her college professor, Dr. Edward Brush, with the Biodiesel fuel reactor that Martell built. Courtesy photo

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## Advancing to State Finals Wilmington High School Academic Decathlon

The Wilmington High School Academic Decathlon team recently advanced to the Massachusetts State finals competition to be held at Walpole High School on March 8th. The Wildcat Decathletes won the right to represent Wilmington this past Saturday at the consolation competition held at North Reading High School. Among the top scoring individuals were Scott

Oglesby who was awarded the silver medal in music and bronze in art. Also medaling the wildcats was Sean Murphy who received the gold medal in science and silver in history. Receiving honorable mentions for Wilmington were Balu Vemula, Scott Oglesby, Justin Derosa, Andrew Marra, Sean Murphy and Channell Five's A+ student of the week Akshay Dave. With 16 teams competing

for the three top spots to advance, Wilmington tied Somerville for third place. B.C. and Sharon High School were the only other teams to receive an invitation to Walpole. This is the second time in only four years the team has been invited to this prestigious event. Wilmington has earned the respect of their peers in this competitive academic competition.

## Bryant University students named to Dean's List

SMITHFIELD, RI - The fall semester Dean's List at Bryant University includes the following area residents:

Daniel P. Allen a junior in Finance, of Tewksbury -  
Lisa B. Tenaglia, a sophomore in Business Administration, of Tewksbury

Robert G. Stewart, a junior in Marketing, of Tewksbury -  
Daniel P. Holland, a sophomore in Actuarial Mathematics, of Tewksbury.

Advertisement

## It's Your Money by Joyce Brisbois



### WHO OWNS YOUR HOME?

There's something romantic about a couple buying a home together and owning it together. And if one spouse dies, the property will pass automatically to the other. But consider carefully if joint ownership is right for you; there are other tax-saving and estate planning options that may be more advantageous.

For instance, the federal estate tax exemption is now \$2 million; the state-level exemption is generally lower. If a couple's assets exceed that, they may want to make separate bequests to use both exempt amounts. If, as is common, the home is a major asset, it may be better for a spouse to bequeath his or her interest to a bypass trust. This can't be done easily under joint ownership.

If probate is an issue, consider placing your home in a revocable trust. This is especially helpful if there is property in more than one state. The property passes outside of the will, and the trust's terms can be changed as needed.

Discuss your options with a tax professional. We've got the answers to your questions at:

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Imogene Stulken visited the Tewksbury Library's book sale on Saturday. The book sale has a new home in the former assistant director's office.  
(photo by Maureen Lamoureux -www.shootingstarspix.com)

## Tasteful Scholarship fundraising event

One great way to donate to a worthy cause and sample some of the best food around is to support the Tewksbury Rotary Club at its Annual Scholarship Fundraising event, Taste of the Town, on Wednesday, April 2. Held at the Tewksbury Country Club, 85 Livingston Street, Tewksbury from 5 to 8 p.m., the event is this one of Tewksbury's biggest food-tast-

ing events, and a fun social event with music, raffles and a silent auction - all to benefit the Rotary Club of Tewksbury Scholarship Fund and Rotary community programs. Last year, hundreds of residents and friends enjoyed an evening of savory food samples from local restaurants and desserts "to die for." Restaurants vied to win over the palettes of the tasters

and earn the honor of being selected for a top tasting award in such categories as "People's Choice," "Best Entrée," and "Best Dessert." Top winners received not only recognition but were given the opportunity to speak to the audience about their restaurants. Join us for a fun-filled evening and support a worthy cause!

The Tewksbury Rotary Club



Wilmington Middle School 8th grader Courtney Capistran helped Mitchell Fisher, Vinny Poli and Alex Neville cast their votes in the mock election held at the school on Tuesday. (photo by Maureen Lamoureux -www.shootingstarspix.com)

## Wilmington students attend Malden Catholic Model Congress Club

MALDEN - Sixteen members of the Malden Catholic Model Congress traveled to San Francisco, California this past week for the Harvard Model Congress program. Three students received an "Award of Excellence" in their respective

committees: Senior Kyle Morgan (Revere) - Senate Homeland Security; Senior Mark Steinberg (Peabody) - House of Representatives Appropriations; Junior Ryan Stefanski (Burlington) - House of Representatives Education and Labor.

Model Congress is a congressional simulation that models the U.S. House and Senate. The program, hosted by universities such as Yale, Harvard, University of Pennsylvania, and Princeton, provides a competitive learning experience for students interested in government, politics, history and debate. "We are very proud of the achievements of our Model Congress students," said Thomas P. Arria, Jr., Malden Catholic Headmaster. "This underscores Malden Catholic's belief in the importance of teaching students about active participation in our communities and government."

The trip to San Francisco had been in the works for over a year. "The trip to San Francisco was a once in a lifetime event," said Peter Wright, the director of Malden Catholic's Model Congress program. "We wanted to have fun, but we also were determined to make it a successful endeavor."

The following students represented Malden Catholic in San Francisco:

\*Nicholas Fraulini '08,

Malden  
\*Dennis Hui '08, Malden  
\*Mark Fahey '08, Malden  
\*Bryan Denehy '08, Malden  
\*Neil Brown '08, Melrose  
\*Alex Annese '08, Saugus  
\*Gregory Good '08, Wilmington  
\*Kyle Morgan '08, Revere  
\*Kevin Gilchrist '08, Medford  
\*Marc Steinberg '08, Peabody  
\*Stephen Allen '08, Wilmington  
\*Richard Feloni '08, Somerville  
\*Thomas MacWilliam '09, Everett  
\*Alexander Shapanka '09, Reading  
\*Ryan Stefanski '09, Burlington

### About Malden Catholic

Named one of the Top 50 Catholic High Schools for 2006 by the Catholic High School Honor Roll, Malden Catholic High School maintains a 75-year tradition of leading students to achieve academic excellence in a Catholic, familial atmosphere. Recognized for its dedicated faculty, progressive curriculum, spiritual guidance, social outreach, and championship caliber athletic programs, Malden Catholic educates young men from more than 40 communities surrounding Boston. Further information on the school may be found at [www.maldencatholic.org](http://www.maldencatholic.org)

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### Letters to the editor

## Police bring kindness and caring to the job

To the Editor:

We would like to thank the opportunity to thank the Wilmington Police Department, especially Officer Butch Alpers, Dave Axlerod and Rick Diperrri. We know there were others, but we don't know their names.

The kindness and caring, the consideration they extended to our Aunt will always be a

source of comfort to her.

We want the Town of Wilmington and the Police Department to know what wonderful, caring people they have, and how much our family appreciates their kindness.

Thank you for everything you did.

The family of  
Edmund Massaro

## A great night of laughs and fundraising

Dear Editor,

Wilmington Youth Hockey would like to extend a big thank-you to Steve Bjork for a fantastic job as host/emcee of our fundraiser Comedy night January 19th at the Knights of Columbus. We know we speak for everyone who attended by saying we were thoroughly entertained by a great group of comedians the whole evening, including headliner Paul D'Angelo. Steve emceed the show and kept everyone laughing all night long. We would like to thank everyone who bought tickets and who came to support Wilmington

Youth Hockey. We would like to especially thank our sponsors.

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Mallet Electric  
Modern Image Hair Salon  
Tiger Den Hair Salon  
Balance Spa  
Elegant Touch Nail Salon  
Joe Kippenberger  
Mario Perella  
Linda Basnet

Sincerely,

Wilmington Youth Hockey

## A great night of music and fundraising

Letter to the Editor:

The Wilmington High School Boosters recently held their annual scholarship dance. The evening was very successful facilitating their fundraising efforts for both Wilmington High School athletic awards and for our graduating senior scholarship awards. At this time the Boosters club would like to acknowledge the following businesses and families for their contributions to the raffle table.

A.J.'s Kitchen  
As Good As It Gets  
Cooke's Skate Supply  
Curves  
Danielle's Hair Salon  
Danvers Bank  
Desert Sun Tanning  
Designs by Don  
Focaccia's  
Greg's Pizza  
Hair Xtreme  
King Triton Car Wash  
Peter's Pizza

RMA \*  
Stelios Family Restaurant  
Wilmington Trophy  
Yoga Loft  
Bozzella family  
Cowden family  
Crosby family  
Diorio family  
Fisher family  
Hayden family  
Higgins family  
Kincaid family  
Murphy family  
Nasiff family  
Robarge family  
McLaughlin family  
They also acknowledge  
Wilmington Knights of  
Columbus, Mike's Music Mix  
by Mike Bacon and  
Mastorilli's Catering for their  
efforts. Thank you to all for  
supporting the W.H.S. students.

Sincerely,

Wilmington High  
School Boosters

### How to submit news items...

The Town Crier goes to press on Wednesday afternoons and has a deadline for submissions as of noon on Mondays

**Preferred Submission Method:**

E-Mail to [sbjork@yourtowncrier.com](mailto:sbjork@yourtowncrier.com)

The efficiency of e-mail greatly improves the newspaper's ability to publish submissions in a timely and accurate manner. This newspaper strongly urges the use of e-mail for submitting for submitting press releases/news information, letters and photos whenever possible.

**E-Mail guidelines:**

• News releases, news tips or information, letters to the editor - send either as copy in the original email or as an attached TEXT or Word document.

• Photos/images - send as an attached JPEG at a minimum of 200 resolution. Please do not embed the image within a Word document.

**Other submission methods:**

• Deliver to the Town Crier offices at 226 Lowell Street in Wilmington, MA during business hours, 9:00 a.m. to 5:00 p.m.  
• Submissions may also be mailed to - Town Crier, 226 Lowell Street, Wilmington, MA 01887

## Betsy's Best Bets

by Betsy Woods McGuire

### The Hand is Quicker Than the Eye

Reality isn't for everyone (Lilly Tomlin)

What is make-believe, do we see what we expect to see - perceive? Dreams, daydreams, a mirage, hallucination, imagination, hocus-pocus, deja vu? If you cannot touch the spell with your hand is it real?

As a young child I saw the Great Blackstone the Magician. The memory of that day has faded little. I can easily transport myself back to the dark theater with all of its suspense and surprises and awe that I felt. But for children, in many ways, magic is a part of everyday life. After all, our innocence allows us to believe in the enchanted stories and fairytales and fables that are read to us.

Unfortunately, in my opinion, we have to snap out of it and "grow up." Letting go of childhood didn't come easy for me and I still drift back there as often as I can, metaphysically speaking, that is (Ahem). Forced adulthood drains us of our intuition and imagination and guilelessness to trust fantasy, wizardry and yes, magic.

This year Le Grand David and his Spectacular Magic Company are celebrating thirty-two years of continuous stage magic performances at The Cabot Street Cinema Theater in Beverly. And spectacular it is! Over the years accolades and honors have

come from all corners of the world of magic. Fantasma Magic Center in New York, The American Museum of Magic in Michigan, The Society of American Magicians, M-U-M and Abracadabra magazines, to name a few, have all praised and paid homage to Le Grand David, going so far as to call the production the finest magic show in the world. Now, that's a lot to live up to, I'd say.

On a recent biting cold and windy Sunday afternoon, walking down Cabot Street toward the theater, all we could think of was getting inside. The outside of the modest playhouse gives not so much as a hint to the mystery of the magic that awaits. But just as I touched the door, maybe a second before, I felt a quiver, possibly a premonition, that this show would be magnifico.

The lobby is small and warm and intimate, carpeted and camouflaged in red, yet shadowy too. A player-less, player-piano plays alone against the wall. Ushers are clowns who greet you, dressed to kill, with faces of goodwill. Floral patterns painted on the floor, an enticing formal stairway leading to an upstairs café and a dark curved corner steering you toward the stage, all add to the anticipation and energy that can be felt in the air.

The classic 1912 theater itself, carefully restored to its original beauty, has the look and feel of vintage vaudeville, a time-trick of sorts to set the mood and milieu.

The lights dim, the curtains ruffle and part. Poof! Fog and music mingle, the excitement builds - the audience is still and silent. Two hours of the unbelievable, the improbable, the impossible have begun.

In a flash, as Le Grand David appears on the stage - just one look and you know this man is unique. Movie-star handsome, masculine but slim and dashing and graceful, his rhythmic movements are mesmerizing to the eye. Hypnotized by the glitter and glitz, the gold and glow of his exotic costumes, the audience is spellbound. The show is fast-paced, with many of the quintessential tricks that have puzzled generations. Then there are the truly baffling acts of pure magic that jolt the sensibilities and make one simply say, "How did he do that?"

As the show continues all of the actors and assistants and helpers whirl around the stage in dazzling dresses and suits and costumes of sequins, satin and silk. An ever-changing kaleidoscope of tapestries, lavish curtains, backdrops and props interweave choreography and agility.

During intermission my thoughts wandered to wondering if the modern child of today, with his creativity dulled by confinement, supervision, scheduling and technology could enjoy a traditional magic show. I'd like to think that every child (and adult too) had been sprinkled unbeknownst with stardust and touched by the fairy wand on the way to his seat - that a spark was lit that freed us all from the burden of serious-mindedness, for just one afternoon.

Le Grand David and his Spectacular Magic Company is not only about entertainment. In a materialistic society where most would measure their worth and success by the number of their physical possessions, the Master Magician reminds us that much of life's pleasure and meaning is about the intangibles, the elusive, the vague and the invisible.

Do you believe in magic? Trickery of geometry? Distraction, misdirection, confusion, illusion? Could he be, Le Grand David, possessed with the supernatural power to be or not to be of reality? Could he be the mystical marquis?

Questions/Comments [bet-symcg@comcast.net](mailto:bet-symcg@comcast.net)

## Fitness IQ

by Art McDermott

### Cardio for weight loss?



Let's clarify your goals. If you are looking to start doing cardio activities, do you want to improve your Cardio-Vascular system or do you want to lose weight? Maybe it is both, but there is a distinct difference.

If you are looking to lose weight, you may want to hop OFF the cardio equipment, at least for a little while, and lift some weights. It has been proven in multiple studies that an increase in muscle mass will increase your overall metabolism. This is a good thing. Example: Even when you are sitting around watching the Patriots dominate, you will burn more calories just sitting there if your muscle mass is higher.

We need to make something very clear here. While it may be true that cardio-based activities are usually a very good thing, cardio activity does NOT improve muscle mass. You need to start weight training to do that. Period.

Weight training in combination with a regular cardio workout is the way to go. BUT...some cardio is better than others. If you are looking to improve your cardio for that dream trip to Hawaii to compete in the Ironman Triathlon, you will need long distance, steady-state running to build up that insane level of endurance. This is a "sport appropriate" version of cardio training.

However, if you are looking to strictly improve heart health and perhaps burn body fat, you should use the "Interval" program on your favorite torture device...I mean, cardio machine. Why? Steady pace, long-term cardio activity can actually slow down your metabolism! That's right. The "lock step" approach is not the way to go. Simplistically speaking, once your body gets used to a steady pace, it becomes "disinterested" in providing a significant response. In addition, after 6 weeks of the same type of cardio, your body has already hit a plateau and ceases to make any significant gains.

Think of it this way, your metabolism is like an infant; take it on a long slow ride and "the little one" goes to sleep. Keep changing the pace from high to low speeds and your

metabolism can be like a kid in a room full of puppies - bouncing off the walls! This type of cardio is the way our bodies are designed to work, short bursts followed by a period of slower-paced intervals.

Aerobic training has also been shown to increase both oxidative stress and adrenal stress as well. While we don't have the space to get into the science of these conditions here, these are not good things. So what program might work? Here is one recommendation:

Frequency: 2-3 times per week  
Duration: 15-20 minutes  
Program: Alternating high and low intensity pace, with a 1:3 ratio of fast to slow.

(This means 30 seconds of very challenging pace followed by 90 seconds at a pace at which you feel like you are recovering and could carry on a conversation)

NOTE: While everyone should be doing some form of cardio-vascular training, do not start any training program unless you have clearance/encouragement from your physician to do so; particularly if it has been quite some time since you have done so!

Today's Fitness Fact: All individuals over age forty will lose one-half pound of muscle mass in the course of one year, UNLESS you are doing regular weight training. What does that mean? If you have maintained the same weight for the past few years, but have not been weight training, some portion of your muscle mass has been "replaced" by fat. All the while, you are convinced that you "have not gained a pound". This means that if you do not lift weight as you age and only do cardio-based activities and do not change your body weight over time, you can actually increase your body fat!

If you have any questions on fitness issues, please feel free to email them to me at the email address below. We will try to get to them through this column. In addition, I will make every effort to answer fitness-related emails personally. [info@one90sport.com](mailto:info@one90sport.com)

Today's Question:

Q: My gym has a circuit of machines I like to use. I have been told that "free weights"

are better. What does that mean?

A: The problem with circuit type machines (where you just move the little pin to change the weights) is that the path of the resistance of the weights is always controlled for you. As we all know from "real life" experience however, life does not work this way. Shoveling the walk, lifting the sofa, carrying the laundry, picking up a toddler, etc involve off-balance movements in every direction. Free weights and all the variations therein can be referred to as "Functional Training".

This means that the joints and muscles are free to pass through all planes of movement and are closely related to things you do every day or in your particular sport. Other examples are throwing medicine balls, walking lunges and most carrying and dragging type exercises. If you are on your feet and using more than one joint in the body to execute the movement, you are heading in the right direction.

Art McDermott, CSCS, USAW, has been involved with strength sports for over 25 years. During that time, he has participated in over 23 National and World Championships in

three different sports, as well as two Olympic Track & Field Trials. Art is owner of one80 Sports & Fitness, a fitness center located in Wilmington that specializes in personal training, nutrition, and fitness transformations. The center also serves as the home to the Parisi Speed School.

Among his accomplishments are:

- National Strength and Conditioning Association (NSCA) certification
- USA Weightlifting certification
- Four Time NCAA All-American in Track & Field and a member of several US International Teams
- New England All-Time record holder for both the shot put and discus
- Speaker at the 2005 NSCA National Convention

Art has authored multiple articles on various strength-related topics, having written for Milo Magazine, Powerlifting USA, the NSCA Strength and Conditioning Journal, Pure Power Magazine. He has also co-authored the book "Applied Strongman Training for Sport".

## Town Crier

Tewksbury - Wilmington

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**Let's Hear it!!**

**Your Two Cents...**

- Time to abandon town hall? No, just time to abandon the people that have been running that place for the last 15 years. **Tewksbury**
- Thank you for the article on school safety. It's great that there are cameras on the buses, but they should have been turned on in September. **Wilmington**
- The Patriots' defense did what they were supposed to do, kept the Giants under 20 points, but the offense didn't come to play. **Wilmington**
- This newspaper is giving the best coverage of the Billerica power plant. If it is allowed to go in, it will be awful for us and for our neighbors in Tewksbury and all around. **Billerica**
- Well, I guess the endorsement of Ted Kennedy, John Kerry, and Deval (Tax 'em all) Patrick means nothing to Mass voters. And yet, they will all still be voted in when they run anyway. **Wilmington**



# The Family Therapist

by Anthony Ferrara

## Negative Attention

Being able to have people notice we exist is very important. That warm look of acceptance, the smile, the compliments, and that "Good Morning" can make your day. You are being noticed and accepted. This recognition means a lot to every human. However, we are not all fortunate to receive this nourishment. For varied reasons, some individuals get little or no recognition. Some of these deprived people manipulate and fabricate conditions to get attention. They will resort to foul language and aggravated acts. These bring immediate attention, even though it's negative. A need is being fulfilled.

While working with hundreds of troubled children, I found that most had the tendency to use negative means to get attention. It became their only means of acceptance. Most had crossed the line of positive acceptance by turning off peers and adults by their obnoxious behavior. This removed any possibility of positive feedback.

This need to be recognized also affects the retarded child. I knew one of these special

needs children. He was one of the most severely disabled and difficult children I had treated. He was causing havoc at home and school. Joe constantly defied adults and destroyed anything breakable. When parents or teachers tried to control him, he would bang his head on the floor or walls. The parents were lovely parents who devoted every spare moment trying to control Joe.

It was strange that this child with his limited intelligence could always find a way to make everyone miserable. One incident stands out in my mind. His teacher was so tired and frustrated over Joe destroying everything; she put him in a completely empty room. He could not hurt himself or destroy any property. She came back in fifteen minutes to check Joe. She was horrified to find Joe completely undressed. His clothes were covered with his bowel movement and he had spread his feces over the walls and floor. This is when I was called to help control this uncontrollable situation.

In observing Joe, I found a consistent pattern of extreme

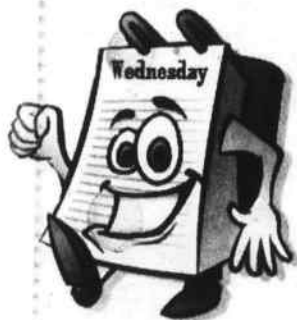
acts designed to help him receive attention. His best behavior seemed to be when he was alone with no one watching. On one occasion, Joe went on a rampage, kicking his feet and banging his head on the floor. His teacher would restrain Joe holding him firmly. However, as soon as she let go, he went back to his violent behavior. I believed his antics were all for attention. With this in mind, I recommended we all leave the room leaving Joe alone. As we left the room he was violently banging his head. We closed the door behind us, but he was always in sight. There was a small window in the door that allowed us to see his every move. Joe looked all around to find he was alone. A few moments passed, and Joe completely stopped his rampage. It was like a stage performance that had ended. The curtains were drawn and the performance was over. There was no longer an audience to react to his performance.

This confirmed what I had believed and gave me an approach to Joe's problem. He was deriving satisfaction

through negative behavior. Joe had to be ignored when acting inappropriately. His positive acts, no matter how small, had to be recognized. This disturbed, complex child needed the simplicity of a common sense adjustment approach. Joe got better each day as he found more recognition for his positive behavior. His violent behavior ended while the parents and teachers once again found peace.

The need for attention can become an obsession that can go beyond the realm of sanity. Good examples are the Columbine High school massacre and the Virginia Tech massacre that took the lives of forty-three human beings. Is it possible that if these perpetrators had received an abundance of love, praise, and recognition for positive behavior, these lives could have been saved? We may never know, but let us not take chances with our own children. Give them the recognition they need and deserve.

Questions, comments e-mail Tony@yourtowncrier.com



# Community Calendar

send your item to: [calendar@yourtowncrier.com](mailto:calendar@yourtowncrier.com)

- Wilmington**
- Fri. February 8th: 9:30 - 12:30 a.m.: The library will be hosting tax preparation assistance, this is aimed primarily at senior citizens and low to moderate income families and individuals. Please call the library at (978) 694-2099 for further details and to schedule an appointment.
  - Mon. February 11th: Board of Registrars, Board of Selectmen & Historical Committee meetings at the Wilmington Town Hall.
  - Tues. February 12th & 26th: Finance Committee meetings at the Wilmington Town Hall.
  - Tues. February 12th & 19th: 3-5 p.m. The Dungeons and Dragons group will meet at the Wilmington public library. Beginners through advanced players, sixth grade and older, are welcome.
  - Wed. February 13th & 27th: School Committee meetings at the Wilmington Town Hall.
  - Thurs. February 14th: Board of Assessors & Finance Committee meetings at the Wilmington Town Hall.
  - Fri. February 15th: 7 p.m., Chamber of Commerce Comedy Night, cash bar and raffle. At Shriner's Auditorium \$15/person, Call Nancy Vallee 978-657-7211.
  - Mon. & Tues. February 18th - 19th: 6:30 p.m. - 9:30 p.m., The Wilmington Police will be offering Citizen CPR classes at the Wilmington Public Safety Building. These courses are
- Free. Go to [www.wpd.com](http://www.wpd.com) for an application**
- Tues. February 19th: Board of Health, Finance Committee, Library Trustees & Planning Board meetings at the Wilmington Town Hall.
  - Tues. February 19th: Board of Health, Finance Committee & Planning Board meetings at the Wilmington Town Hall.
  - Wed. February 20th: 2-3 p.m. The Wilmington Library will be hosting a demo on the science of swordplay. Registration starts February 7th. All participants need a permission slip (available at the library) signed by a parent or guardian.
  - Wed. February 20th: Conservation Committee meeting at the Wilmington Town Hall.
  - Thurs. February 21st: Elderly Services, Finance Committee, Master Plan Committee & Water and Sewer meetings at the Wilmington Town Hall.
  - Thurs. February 21st: 6-8 p.m. The Wilmington Memorial Library will host a teen board game night. They provide the games along with snacks and drinks.
  - Sat. February 23rd: 10 a.m. - 1 p.m. Learn to create a Russian nested doll at the Wilmington public library. This program is appropriate for adults and families with children 6 and up. Registration is required. Please call 978-694-2099.
  - Mon. February 25th: Board of Selectman & Community
- Development meetings at the Wilmington Town Hall.**
- Mon. February 25th: 6 p.m. An Alzheimer's Support group will be at the Wilmington Health Care Center 750 Woburn St. Wilmington Ma 01887. If interested in attending, please contact Jodie Garinger at (978) 909-2121. Refreshments will be served.
  - Mon & Tues. February 25-26th: 9 a.m. - 9 p.m. John Webster will present an exhibit of World War II memorabilia on the second floor at the Wilmington Memorial Library.
  - Thurs. February 28th: Finance Committee meeting at the Wilmington Town Hall.
  - Friday, March 7th: 7 p.m. bringing you back to the 70's and 80's with the Wilmington Lacrosse fundraising dance at the Tewksbury Country Club <http://www.wilmingtonathletics.com/Lacrosse/>
- Tewksbury**
- Thurs. February 7th: 7-9 p.m. The Tewksbury Special Education Parent Advisory Council will be hosting Attorney Tim Sindelair at the Wynn School Library. For more information please call (978) 851-2724.
  - Fri. February 8th: 12:45 p.m. The Tewksbury Senior Center "Cootie Party" will be held at 460 East Street. Contact the Senior Center to attend.
  - Sat. February 9th: 1-3 p.m. Niki Tsongas will be hosting her
- Congress on your corner program at the Market Basket in Tewksbury.** The program is part of the Congresswoman's community outreach service.
- February 9 - March 4: 2:30 p.m. - 4 p.m. The Tewksbury Public Library will host a group photography exhibit. To participate, please contact Elaine - craftygall1@msn.com. For more information on the Tewksbury Community of Artists, please visit [www.tewksburyinfo.com/ca/](http://www.tewksburyinfo.com/ca/)
  - Tues. February 12th: Space is still available on the Mohegan Sun day trip. The cost is \$20/person. Tickets available at the Tewksbury Senior Center.
  - Fri. February 15th: 9:00 a.m. A "Subsidy Assistance Information Seminar" will be held at the Tewksbury Library Community Room. The public is welcome to attend.
  - Sat. February 16th: 12:00 noon to 4:00 p.m. The Red Hat Carnation Belles will hold their Anniversary Dinner at the Tewksbury Country Club. This event will include the presentation "Let Go and Lighten UP" by Lisa Wessan. Tickets are \$25/Belle and are now available at the Senior Center.
  - Sun. February 17th: There will be a Worship Service and a Youth Group at the Tewksbury United Methodist Church call or email for more info (978)-658-9551, E-mail: [twksunc@juno.com](mailto:twksunc@juno.com).
- Mon. February 18th: There will be a Spring Clean-Up and Country Line Dancing at the Tewksbury Methodist Church call or email for more info (978)-658-9551; E-mail: [twksunc@juno.com](mailto:twksunc@juno.com);
  - Tues. February 19th: There will be Martha Mary, Country Line Dancing and a Church Council Meeting at the Tewksbury Methodist Church call or email for more info (978)-658-9551; E-mail: [twksunc@juno.com](mailto:twksunc@juno.com);
  - Wed. February 20th: There will be Choir Practice and Country Line Dancing at the Tewksbury Methodist Church call or email for more info (978)-658-9551; E-mail: [twksunc@juno.com](mailto:twksunc@juno.com);
  - Thurs. February 21st: There will be Country Line Dancing at the Tewksbury Methodist Church call or email for more info (978)-658-9551; E-mail: [twksunc@juno.com](mailto:twksunc@juno.com);
  - Fri. February 22nd: 7-9 p.m. There will be a Spring Clean-Up (Kitchen) at the Tewksbury Methodist Church call or email for more info (978)-658-9551; E-mail: [twksunc@juno.com](mailto:twksunc@juno.com);
  - Sat. February 23rd: 10 a.m. There will be a Spring Clean-Up (Boiler Room) at the Tewksbury Methodist Church call or email for more info (978)-658-9551; E-mail: [twksunc@juno.com](mailto:twksunc@juno.com);
  - Sun. February 24th: 10 a.m. There will be a Worship Service
- at the Tewksbury Methodist Church call or email for more info (978)-658-9551; E-mail: [twksunc@juno.com](mailto:twksunc@juno.com);
  - Sun. February 24th: 7:30 p.m. Tewksbury Interfaith Choir is starting its rehearsals for the annual Spring Concert. Rehearsals are held at the Tewksbury Congregational Church in the center of Tewksbury. For more information call Arlene Wright at (978) 851-2809.
  - Sat. March 8th: 9 a.m. - 3 p.m. United Methodist Church spring craft fair, fee is \$40/table. Call 978-658-9551 to purchase.
  - Thurs. March 20th: 6:30 p.m. - 11:00 p.m., Tewksbury High PAC sponsored Team Trivia night. Fee \$20/person or \$200/Table. Call 978-851-7545 or 978-851-8633.
  - Wed. April 2nd: 5-8 p.m. The event is one of Tewksbury's biggest food-tasting events, and a fun social event with music, raffles and a silent auction held at the Tewksbury Country Club, 85 Livingston Street, Tewksbury. Call Jim Hickey, 978-851-8945 or Gabriel Bronner, 978-851-5901.
  - Thurs. mornings: 9:00 a.m. - 12:00 noon SHINE Counselor Emily Kearns, advise the elderly on the various medical insurance Policies available to those residents 65 and over. They may contact Linda Brabant 978-640-4481 on Thursday mornings.





## WILMINGTON SCHOOLS

Wildwood, Boutwell & Elementary

**Monday:** Hot dog on a roll, tater tots, applesauce.

**Tuesday:** Waffle sticks w/syrup, sausage links, juice, fresh fruit. (Elementary only-Soft or hard taco w/all the fixings, salsa, rice, peaches)

**Wednesday:** Pasta w/marinara sauce, meatballs,

sweet peas, garlic toast, orange wedge.

**Thursday:** Chicken nuggets, mashed potato, green beans, whole wheat roll, cranberry sauce, heart cookie.

**Friday:** Sal's pizza, celery stick w/low fat dip, mixed fruit.

### Middle School

**Monday:** Hot dog on a roll, curly fries, apple slices w/topping.

**Tuesday:** BBQ ribeque on a roll, curly fries, apple slices w/topping.

**Wednesday:** Pasta w/marinara sauce, meatballs, sweet peas, garlic toast, orange wedge.

**Thursday:** Chicken nuggets, mashed potato, green beans, whole wheat roll, cranberry sauce, heart cookie.

**Friday:** Sal's pizza, celery sticks w/ low fat dip, mixed

fruit.

### Wilmington High School

**Monday:** BBQ ribeque on a roll, curly fries, apple slices w/topping.

**Tuesday:** Soft or hard taco w/all the fixings, salsa, rice, peaches

**Wednesday:** Pasta w/marinara sauce, meatballs, sweet peas, garlic toast, orange wedge.

**Thursday:** Chicken nuggets, mashed potato, green beans, whole wheat roll, cranberry sauce, heart cookie.

**Friday:** Sal's pizza, celery sticks w/low fat dip, mixed fruit.

### TEWKSBURY PUBLIC SCHOOLS K-12

**Monday:** Hot dog on a roll, baked beans, vegetable sticks w/dip, baked doritos, fruit or juice, milk variety.

**Tuesday:** Cheeseburger on a roll, tater tots w/ketchup, lett/tom slices, pretzel rods, fruit or juice, milk variety.

**Wednesday:** Cinnamon swirl

french toast w/syrup, sausage patty, hash browns, fruit or juice, milk variety.

**Thursday:** Meatball sub with shredded cheese, vegetable sticks w/dip, yogurt choice, valentine cupcake, fruit or juice, milk.

**Friday:** Pizza, vegetable sticks w/dip, seasoned pasta, rice krispie treat, fruit or juice, milk variety.

### Shawsheen Tech

**Monday:** Spaghetti w/meat-sauce, green beans, whole wheat roll, salad w/dressing, juice, milk variety, fruit.

**Tuesday:** Chinese beef w/vegetables, chinese rice, peas, whole wheat roll, juice, milk variety, fruit.

**Wednesday:** Baked macaroni & cheese, carrots, salad w/low-fat dressing, juice, milk variety, fruit.

**Thursday:** Cheese steak bomb, sub roll, salad w/low-fat dressing, juice, milk variety, fruit.

**Friday:** Sal's pizza, juice, milk variety, fruit.

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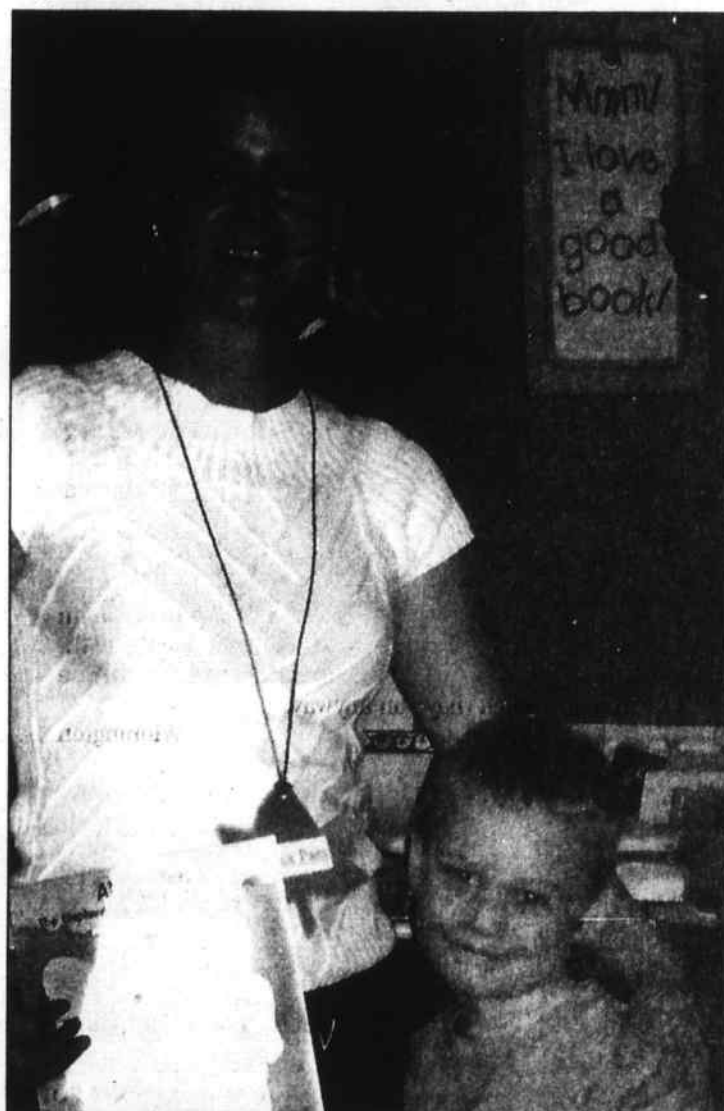
Formerly in the Jewelers Building, Boston

## Southern New Hampshire University announces Dean's List & President's List

Manchester, NH - The following local students have been named to the Dean's List for the fall 2007 semester.

**Tewksbury**  
Amanda Bradley  
Robert Cuzzi  
Kayla McLaughlin  
Marielle Robinson  
Shannon Sullivan  
Gabrielle Therisin  
Lauren Twombly  
Kyle Webber

**Jennifer Wells**  
**Wilmington**  
David Doucette  
**President's List**  
**Tewksbury**  
Elizabeth Bennett  
Stacey Blair  
Noelle Bourgeois  
Christina Costello  
Nicole Dumond  
Haley Webb  
Shayla Greene



Mary Woods, mother of Boutwell School student Ethan Woods, visited the Boutwell School last week and taught the students about food allergies. She gave each student a coloring book about Alexander the Elephant who couldn't eat peanuts. For more information on food allergies go to [www.foodallergy.org](http://www.foodallergy.org).

(photo by Maureen Lamoureux - [www.shootingstarspix.com](http://www.shootingstarspix.com))

## Congress on Your Corner program

TEWKSBURY - Congresswoman Niki Tsongas announced that she will be hosting her Congress on Your Corner program at the Market Basket in Tewksbury on Saturday, February 9th from 1:00 p.m. to 3:00 p.m. The program is part of the Congresswoman's constituent outreach service and offers the opportunity for Tewksbury residents to share their thoughts with Congresswoman Tsongas regarding legislation in Congress and happenings in their community, as well as to seek assistance with any problem they may be having with a federal agency.

"Accessibility and accountability to the families of the 5th District allows me to provide you with the best constituent services possible," said Congresswoman Niki Tsongas. "I want to make it as easy as possible for people to come see me and share their opinions, ideas, and talk about their

needs."

Congresswoman Tsongas will have congressional staff with her and will be available to discuss any issue or concern on the minds of Tewksbury residents. She will also be able to collect the appropriate information about an individual problem someone may have with a federal agency so that her office can assist in helping to resolve the matter.

"My most important duty is to make sure that I remain in touch with and am easily accessible to the Fifth District residents I represent," Tsongas added. "I want to know how they feel about the bills Congress is considering, and I want to be able to connect with people to make sure they know of the many ways my office can help. This is just one of the ways we are able to make ourselves available and I look forward to meeting as many people as possible in Tewksbury on Saturday."

## Calling all photography artists

Participate in the Tewksbury Community of Artists' group photography exhibit February 9 to March 4, 2007 Tewksbury Public Library, Tewksbury Set-up for Show on Feb. 6 at 6:30 p.m. Take Down the Show on March 4 at 6:30 p.m.

Opening Reception for artists and their guests on Feb. 9 from 2:30 p.m. to 4 p.m. 3 pieces per

person for Non-Members at \$5 per piece, 5 pieces per person for Members of TCA at no charge

To participate, please contact Elaine at [crafty-gall1@msn.com](mailto:crafty-gall1@msn.com)

For more information on the Tewksbury Community of Artists, please visit [www.tewksbury.info/tca/](http://www.tewksbury.info/tca/)

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**OPEN SUNDAY 12 - 6**  
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12 MAIN ST - RT 28  
EXIT 39 OFF RT 93 CONCORD ST

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Robert Mondavi Privates	750 \$7.99	Smoking Loon All Types	750 \$6.99
Red Truck All Types	750 \$6.99	Woodbridge Wines	1.5L \$9.99
Cavit Pinot Grigio	1.5L \$9.99	Meridian Cab/Chard/Merlot	750 \$5.99
Greg Norman Chard	750 \$8.99	Glen Ellen Wines	1.5L 2/\$12
Corbett Canyon Wines	1.5L 2/\$10	Mark West Pinot Noir	750 \$7.99
Bogle Merlot	750 \$6.99	Chat Ste Jean Chard	750 \$8.99
Veramonte All Types	750 \$6.99	Oyster Bay Wines	750 \$8.99
Bolla Wines All Types	1.5L \$9.99	Kendall Jackson Chard	750 \$9.99
Toasted Head Chard	750 \$9.99	Fetzer Valley Oaks	1.5L \$10.99

## Liquor Specials

Pinnacle Vodka from France	175 \$15.99	Three Olives Vodka	175 \$18.99
Grey Goose Vodka	750 \$24.99	Absolut Vodka	175 \$28.99
Baileys Irish Cream	750 \$17.99	Sambuca Romana	750 \$17.99
Grand Marnier	750 \$27.99	Kahlua Coffee Liquor	750 \$15.99
Ron Roberto Rum	175 \$11.99	Capt Morgan Spiced	175 \$24.99
Cutty Sark Scotch	175 \$25.99	Bacardi Silver Rum	175 \$20.99
Bombay Gin	175 \$23.99	Poland Springs Vodka	175 \$9.99
Alize All Flavors	750 \$16.99	B and B Liquor	750 \$21.99
Ice Box Manhattan	175 \$10.99	Leroux Coffee/Black	175 \$14.99
Dewars Scotch	175 \$32.99	Balantine Scotch	175 \$18.99
Tanqueray Gin	175 \$30.99	Svedka Vodka	175 \$17.99

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Mikes Variety Btles	Loose \$20.99	Guinness	18PK \$18.99
Smithwicks Btles	12PK \$11.99	Red Stripe Btles	12PK \$11.99
Pilsner Urquel Btles	12PK \$10.99	St. Pauli Girl Reg Btles	12PK \$8.99

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# PAW PRINTS

## Wilmington Middle School

1ST YEAR NO. 2

WEDNESDAY, FEBRUARY 6, 2008

## Disputes Derailed in the Wilmington Middle School

By Bea Banda and Katie Kurowski

WILMINGTON - Disputes and issues arise in many places. The Wilmington Middle School has a group of students assigned the task of helping to solve problems before they escalate. These students form the school's Peer Mediation group.

The Peer Mediation group was formed years ago to handle disputes that developed between students. The mediators are chosen by their peers when they are in the

intermediate schools and carry on their work throughout middle school. These students mediate concerns by sitting in a room and listening to both sides of an issue offered by disputants. After hearing both sides of the story, the mediators lead the students toward a resolution.

Before conducting a mediation session, peer mediators go through multiple training sessions. "Peer mediators receive two full day training sessions," offered Rosangela Farulla, a Wilmington

Middle School Spanish teacher who helps to run the Peer Mediation group with fellow teachers Peter Chapman and Julie Norton. "The students learn exactly what mediations are and how to perform them during the training sessions. After completing the two day session, the mediators continue to practice mediating either after school or during available periods. These students stay mediators throughout their middle school careers. In the middle school, there are approximately 15 students per grade involved in peer mediation. The group usually meets twice a month."

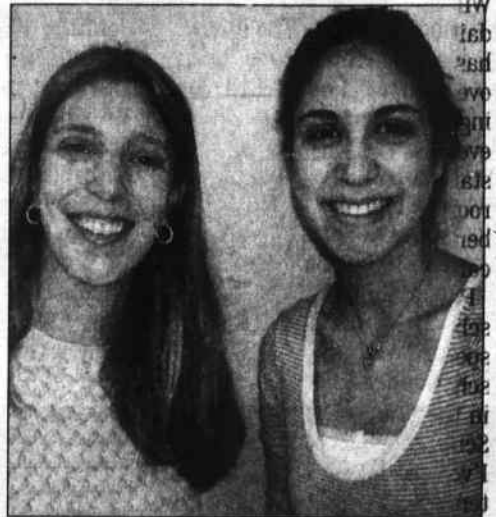
The mediation sessions can be helpful in solving issues between students. "Peer Mediation is a good opportunity for students to talk out their problems without involving adults," said Farulla. "Students who need help with a dispute can come to mediation. The mediations are completely confidential and only involve two mediators and two disputants. Mediators ask questions to help

guide the disputants toward a solution. These student mediators do not take sides and are trained to ask questions that will dig deeper into the problem. Teachers are only involved if absolutely needed."

Along with being mediators, the students are active leaders in the school. "Besides mediations, this group is actively involved in school related activities. Some previous projects included making an insert on bullying for the Student/Parent Handbook and creating an anti-tobacco campaign," explained Farulla. "Mediators wore lime green shirts to advertise the importance of anti-tobacco. The mediators are working on projects for the school on violence and bullying, also."

The skills learned in peer mediation can have a lasting impression on both the mediators and disputants.

"Overall, the skills these students learn in peer mediation can be carried into their later lives. These skills will cause them to think about how to solve issues before resorting to violence," said Farulla.



Rosangela Farulla shares a moment with eighth grade peer mediator Sabrina Mirabella.

## A Dangerous and Rewarding Job

By Ashley Stevens and Hannah Judkins

WILMINGTON - They run toward danger as most people run away. Flames and smoke greet them at the door of most home visits. These men are part of the Wilmington Fire Department.

Joe McMahon has been a Wilmington firefighter for 26 years holding the position of Lieutenant for the last two decades. He is in charge of assigning shifts and conducting training sessions. With eight men working for him, he spends much of his time monitoring the ambulance section of the fire department where most calls are medically related.

For McMahon, there wasn't a specific age that he decided to become a firefighter. "I've wanted to be a firefighter since I was a little kid," said McMahon. "It's a job that is different everyday and by being part of the fire department—I get to help people."

The job can be life threatening at any moment, but McMahon has escaped serious injury throughout his career. "I've been fortunate not being seriously injured during my years on the fire department," offered McMahon, "but there is



Wilmington firefighters Tom Ceres, Lieutenant Joe McMahon and Chris Pozzi with the Squad 1 Rescue Pump.

potential danger every time an alarm is sounded. Unfortunately, some firefighters are seriously injured or have lost their lives battling fires."

All fires have the potential to be dangerous, but one of the largest fires McMahon has been involved with was at Church Street Hardware. "The Church Street Hardware store burned down

CONTINUED PAGE 11

## Student of the Month Spotlights Success

By Cailen Cadogan and Katie Kurowski

WILMINGTON - Every month, 25 children at the Wilmington Middle School are picked out of the nearly one thousand students attending the school to receive a special honor. These 25 students are given the title of being the students of the month for the school. The school is broken into three different houses and one girl and one boy are picked from each house in each grade by their teachers to be awarded this honor. The specialist teachers also pick one boy and one girl from each grade. Hope Doran and Chris Frye, two sixth grade teachers, run the program.

Doran believes the program is beneficial to the school as a whole. "The program acknowledges the students who are working hard and creates a positive environment in the school," offered Doran. After teachers in each house decide on the students from



Eighth grade student Alyssa Cappuccio accepts her Student of the Month certificate from Hope Doran.

each grade level, the names and biographies of the students are sent to Doran and Frye.

Last year, the school had a program called the High Five Club. This club and student of the month sound similar, but there are differ-

ences. "The High Five Club recognized students for anything that they did well," said Doran. "Student of the month is more about the criteria in school includ-

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## Marching to the High School Beat

By Lisamarie DiOrio and Bea Banda

WILMINGTON - Freshmen, sophomore, junior and senior students in the high school have company when it comes to the band. Part of the high school band includes subfreshmen from

also. "We pick the subfreshmen in their seventh grade year by watching not only their musical ability," said Barbara Mette the band director for both the middle school and high school in Wilmington, "but by the way they conduct themselves in middle



Barbara Mette directing the Wilmington Middle School Band.

the Wilmington Middle School. Subfreshmen are an elite group of eighth graders who not only play in the middle school band, but play in the high school band,

school band. We look at everything from their attitude, to their responsibility, to their emotional maturity."

CONTINUED PAGE 11

## JoAnn Phillips Retiring After 38 Years

By Kelley Wilcox and Brian Godfrey

WILMINGTON - From coast to coast, JoAnn Phillips has been teaching for 38 years. She began her career in the Watts section of California, spent time teaching in Connecticut and spent most of her career in Wilmington, Mass. She is presently an eighth grade language arts teacher at the Wilmington Middle School who will be retiring at the end of this school year. Her motivation to becoming a teacher began when she was in the 10th grade. Her language arts teacher actively taught the class by acting out books and plays. She was further influenced by another teacher during her senior year, who despite many obstacles in life, showed dedication to her students and their writing.

Throughout her teaching career, Phillips has taught journalism, social studies and English in grades 7-12. Phillips received her Bachelor Degree in English at Merrimack College and her Masters Degree in education at Lesley University in Cambridge, Mass.

There have been many techniques Phillips has come up with over her years of teaching. She tries to get students interested in the material being covered by having the children use their whole bodies to memorize information. She uses dance and rhythm to

keep kids entertained in class and she has come up with her own songs and dances for spelling and grammar. Phillips believes that

ing. By doing this, I have a better chance of getting my students to take notice of my lessons."

CONTINUED PAGE 11



JoAnn Phillips performing a rhythm dance with eighth grade students Casey Browne and Alexa Brown.

using the whole body to learn keeps information in kids' heads better than her standing at the front of the class lecturing. "I don't like lecturing at the front of my classroom," said Phillips. "I like to make my classes entertain-

As retirement nears, she believes that she will miss teaching as has made her happy to get in

CONTINUED PAGE 11

**Eighth Grade Editors**  
Bea Banda & Jessica Bernard

**Student Advisors**  
Michael Mahoney & Brenda Lomanno

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# PAW PRINTS

## Wilmington Middle School

WEDNESDAY, FEBRUARY 6, 2008

1ST YEAR NO. 2

### Culinary Creativity

By Nicole Ledoux and  
Rebecca McLaren

WILMINGTON - Aroma of different foods pulls staff and students into the Wilmington Middle School cafeteria on a daily basis. The middle school cafeteria has been opened for eight years serving over 700 lunches daily. Students attending the middle school eat in the cafeteria every day, but many don't know about the staff or the system used in the lunchroom. The staff consists of eight members and the head of the middle school cafeteria — Michele Pepper.

Pepper became the head of the middle school cafeteria staff this year after spending eight years in the Wilmington school system. Pepper said, "I've worked in the Boutwell School, Wilmington High School, and now the middle school and I've enjoyed my time in the school system. Running the middle school cafeteria begins at 6:30 a.m. and is non stop until the afternoon. It's a job that couldn't be done properly without all the members of the staff."

The staff handles many jobs throughout an average day. "There are four full time and five part time members of the cafeteria staff," said Pepper, "who rotate through five different positions weekly. The most important job in the cafeteria is making the kids happy."

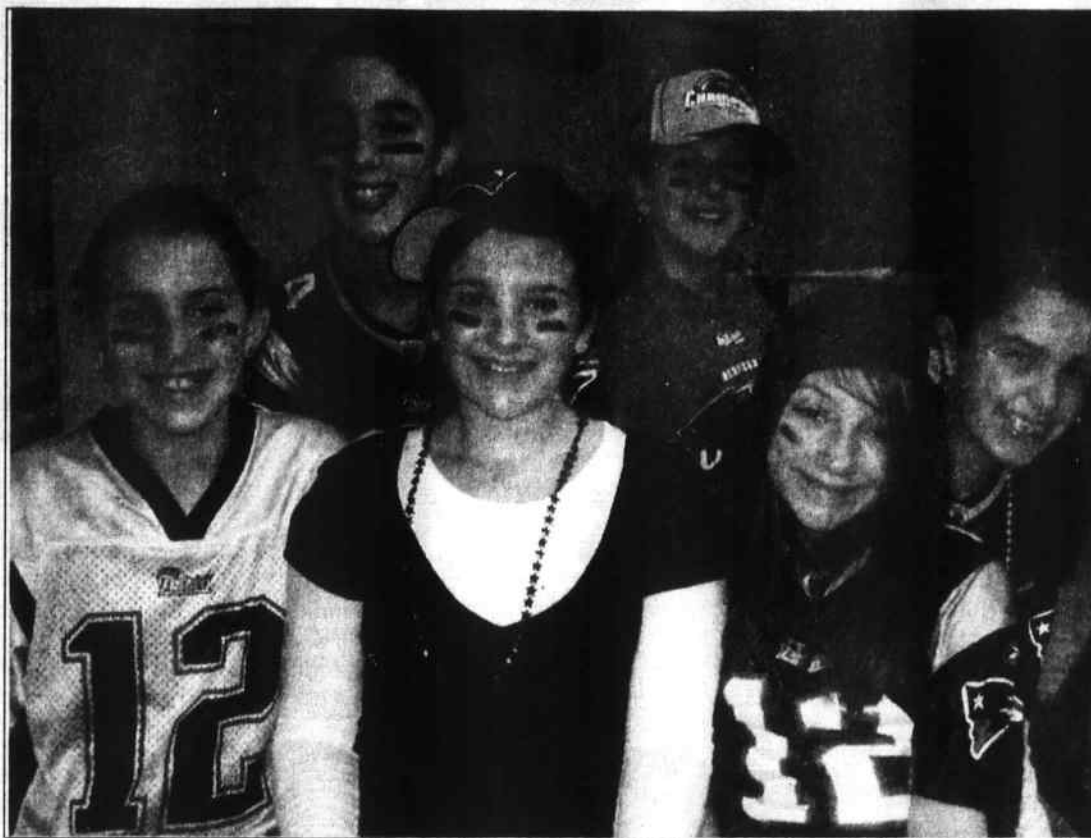
To make the kids happy, we cook their favorite meals of nachos, chicken nuggets, chicken patties and pizza. The

CONTINUED PAGE 11



Michele Pepper and Debbie Hurley helping students during lunch at the Wilmington Middle School.

### Showing Spirit



Samantha DePasquale, Marina Otis, Danielle Reynolds, Gianna Mirabella, Sara Cokash and Kaitlyn Curley show their support for the New England Patriots during a Wilmington Middle School fundraiser.

### Students on the Slopes

By Rebecca Lodato and  
Nicole Ledoux

WILMINGTON - For some snow loving students at the Wilmington Middle School, the day doesn't end at 1:40 p.m. During the winter season, after school, members of the ski club head off to Nashoba Valley for an afternoon of skiing and snowboarding. Heading the group of snow lovers is Frank Birmingham—a seventh grade social studies teacher.

Birmingham has been involved with the ski club for 32 years and began the activity because he wanted to give kids a chance to try something new and learn how to ski or snowboard. "My favorite part of having students learn how to ski is when they get older they come up to me and say that they learned how to ski from the school's ski club," Birmingham explained.

Approximately 100 middle school students and 100 inter-

mediate and high school students attend ski club. "We get on a coach bus for about 30 minutes and get to hit the slopes for about three hours," said Birmingham. "We all get back to the middle school at 6:45 p.m." With so many students, Birmingham needs assistance with the program.

Birmingham's wife, Debby, helps her husband throughout the season. "When she isn't at the ski club, Debby works as a first grade teacher at the Shawsheen Elementary School in Wilmington," offered Birmingham.

The Birmingham's ski with their students along many of the slopes. "The students are allowed to ski or snowboard on any slopes that they can handle," noted the middle school teacher.

Some students bring their equipment from home while others rent their gear. "Students are allowed to rent

anything they might need as well as bring their own equipment," Birmingham stated. The members of the ski club are able to ski once every week for the six week period. "We take students from the middle school skiing every Monday at Nashoba Valley," explained Birmingham. "On Tuesdays, we take the high school and intermediate school students to Bradford Ski Club."

The Ski and Snowboard Club has had over 4,000 participants in its 32 year history. "This program is an important part of the Wilmington school system and has been important to many of our students over the years. Our students have lived up to our high standards and expectations throughout the years, and we have enjoyed every moment that we have spent running this program. It's a social activity that helps the students build confidence," claimed Birmingham.

### Banding Together

By Will MacKinnon and  
Erik Alatalo

WILMINGTON - Picking up a new skill can be hard, but with guidance—it can be a lot of fun. Approximately 135 students have experienced this type of fun by learning new skills as part of the Wilmington Middle School band. The WMS band offers many opportunities for the students who participate.

Barbara Mette, the Director of the Middle School, High School, and High School Jazz bands, offers these opportunistic experiences to the Wilmington Middle School band members by allowing them to learn new instrumental skills and to prepare them for a variety of public performances. "The Wilmington Middle School band allows the participants to perform in winter and spring concerts," said Mette, "along with other appearances. We played during the high school graduation last year, also."

Mette believes that the 2007/2008 middle school band will be a special group. "This year, we have 135 kids participating in the band, and I feel that we are more skilled than in previous years. At this year's spring concert, we will be playing 'Calypso Carnival,' 'Serengeti Dreams' and 'Camp Town Variations' along with other musical pieces," said the band director.

CONTINUED PAGE 11



WMS alto saxophonist Courtney Capistran rehearsing during band practice.

## Wilmington Middle School Gets New Computer Lab

By Rachel Donahue and  
Kevin White

WILMINGTON - Wilmington Middle School's library has been a hub of activity since its doors opened years ago. Many teachers and students wanted to use the computer section of the library, but there was only so much space and time available. In 2006, school staff members suggested to the administration that there was a resolution. The middle school was ready to undergo another change — a new computer lab.

The new computer lab was approved in the summer of 2006 and opened in May, 2007. "The

computer lab was put together in stages," explained Brenda Lomanno, the technology integration specialist at the middle school who heads the computer lab. "First, the computers were purchased. Then, the cable and electrical technicians completed their work in the room. Next, the school's computer technician set up the equipment. The students were able to use the computers the following day. The library was in such constant demand for use that changes needed to be made. I felt that the need for a new computer lab became quite apparent."

Unlike the other computer labs

in the Wilmington Middle School, this lab has a unique feature. "The first smart board in the middle school was purchased for use in the new computer lab," said Lomanno. "A smart board is an

interactive school whiteboard that allows the teachers to use a touch-sensitive display, show certain spots on the board and go into more detail about the lesson plan for their students. There are 28

brand new computers in this room with all the latest technology available, also."

Together with Lomanno, teachers use the computers with their

CONTINUED PAGE 11

### Homework Club Offers Helping Hand

By Christa Sirignano and  
Caitlin Cheney

WILMINGTON - Homework isn't just for home anymore. Now students at the Wilmington Middle School can do their homework at school, too. The middle school homework club started at the intermediate schools years ago in Wilmington. It moved its way over to the new middle school library and is supervised by three teachers—Brenda Lomanno, Carol Trulli and Brenda Galvin.

Galvin doesn't have to run the homework club, but likes to be involved with the students outside the normal classroom time. "I like to be involved in the homework club mainly because it's part of being a librarian," said Galvin. "It helps me to see what students are doing in classes, which helps me know what books to order." The homework club allows students to focus on many different things.

Many students go to homework

club to study, read, do research, work on projects and to simply do homework. Galvin said, "I help the students with their homework especially with math and science." She lets them work on their own and answers any questions they have during the time in the library. Students in all grade levels in the school can participate. They don't need to formally sign up for homework club, but they do need a signed after school activity form or a note from their parents giving them permission and explaining how they'll get home.

Homework Club is held Monday through Thursday from 1:45 p.m. until 2:45 p.m. Galvin believes that the club should be called

CONTINUED PAGE 11



Brenda Lomanno working with Jessica Bernard in the Wilmington Middle School's new computer lab.



Seventh grade student Jenna Domek discussing homework with Brenda Galvin.

#### Seventh Grade Editors

Jackie Parece &  
Will MacKinnon

#### Student Advisors

Michael Mahoney &  
Brenda Lomanno

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# OBITUARIES

## Arlene L. Chestnut

Long time Tewksbury resident; 70

TEWKSBURY - Arlene L. (Haskins) Chestnut, age 70, died February 1, 2008 in Chelmsford surrounded by family at her son's home after an extended illness. She was the beloved wife of the late Simme J. Chestnut.

She was born in South Boston, on July 3, 1937, the daughter of the late William and late Nellie (Eisnor) Haskins. She was raised in South Boston and Dorchester. She moved with her husband and family to Tewksbury in 1966.

She had been a nurses aid with the Lowell Visiting Nurse Association and Blaire House of Tewksbury before retiring.

She is survived by five sons and four daughters-in-law; William and his wife Carol (Andrews) Chestnut of Chelmsford, Jeffery and his wife Sharon (Therault) Chestnut of Billerica, James "Coco" and his wife Linda (Roux-Dane) Chestnut of Sebastian, FL, Craig and his wife Audra (Fauvel) Chestnut of Lowell, Brian Chestnut of Tewksbury; one daughter Joan and her husband John Burke of Tewksbury; two brothers and sisters-in-law William and Joan (Reed) Haskins of Lowell and



Maine, Arthur and Norma (Bullock) Haskins of Marshfield; seventeen grandchildren, and four great grandchildren.

A funeral service was held Tuesday, February 5 in the Tewksbury Funeral Home, 1 Dewey St. (Tewksbury Center), Tewksbury (800 or 978) 851-2950. Interment was at Tewksbury Cemetery.

Memorial donations to the American Diabetes Foundation, Massachusetts - Memorial Processing Center, P.O. Box 31160, Hartford, CT 06150-1160, will be appreciated.

tewksburyfuneralhome.com

## Elinor R. "Dolly" Lumbard

Avid Gardener and Quilter, 64



TEWKSBURY - Elinor R. "Dolly" Lumbard, age 64, died Saturday, February 2, 2008, at Lawrence Memorial Hospital in Medford after a brief illness. She was born September 19, 1943 in Boston, a daughter of the late Clyde and Myrtle (Fisher) Lumbard.

She was raised in Tewksbury and graduated from Tewksbury High School. She worked for over twenty years as an executive secretary for Raytheon in Bedford before retiring. She raised her family in Lowell and Wilmington. In addition to her family, her passions included gardening, sewing, and her kitty "Gigi". She had been a member of a various quilting clubs and a Miniature Dollhouse Club in Sturbridge, MA.

She is survived by her son and daughter-in-law, Donald with his wife Jessica (Lees) Finney of Tewksbury; two daughters,

Janice (Finney) Patti of Ossipee, NH, and Theresa (Finney) Hill with her fiancé Kevin Catania both of Wilmington; two brothers and sisters-in-law, Henry with his wife Lenetta Lumbard of Gilead, ME, and Charlie with his wife Maureen of Tewksbury; three sisters and a brother-in-law, Carol with her husband Ray Ellery of Old Orchard, ME, Pearl Lumbard of Burlington, MA and Judy (Lumbard) Kiersted. She also leaves her grandchildren Derek McKenzie, Sean Patti, Keith Hill, Stacey Hill, Jeff Swenson, Jennifer Patti, Christopher Patti, Victoria Maestas, Ryan Maestas; her close friends, Fab and Lynn Lena, and Lynn (Anderson) Fuentes, and many nieces and nephews.

She was the grandmother of the late Jessica Finney and sister of the late Shirley (Lumbard) Smolinski and Clair (Cidado) Meuse.

Relatives and friends were received Wednesday, February 6, from 4 to 7:00 p.m. with a prayer service at 7:00 p.m. in the Tewksbury Funeral Home, corner of Dewey and Main Sts. (Rte 38) Tewksbury Center, phone (800 or 978) 851-2950. Burial was in the Tewksbury Cemetery, 172 East Street, Tewksbury. Memorials to the American Cancer Society, 30 Speen St, Framingham, MA 01701-1804, will be appreciated. tewksburyfuneralhome.com

## Dorothy E. (Nally) Temple

Worked 25 years at Charles River Laboratories

WILMINGTON - Mrs. Dorothy E. (Parkhurst) (Nally) Temple, 95, of Wilmington, died Monday, February 4, 2008, at Woodbriar of Wilmington. Mrs. Temple was born October 17, 1912, in Newton, MA. She was the daughter of the late Chester A. and Hattie L. (Ward) Parkhurst. Dorothy was brought up in Newton, where she was also educated. She moved to Wilmington in 1953, where she resided until her death.

Dorothy worked for many years at Raytheon in Waltham and retired after working for 25 years at Charles River Laboratories in Wilmington.

In her younger years Dorothy enjoyed skiing, ice skating, and she was an avid swimmer. Her hobbies also included knitting, she especially enjoyed making baby afghans.

Dorothy was a member of the Wilmington United Methodist Church, Wilmington Senior Citizens Center, and the A. I. M. Group. Dorothy was very devoted to her family and she especially loved her visits with her great-grandchildren. They will miss her dearly.

Dorothy was the beloved wife of the late William M. Temple, devoted mother of Retired Wilmington Police Chief Bernard P. Nally of Wilmington, William M. Temple, Jr., Alan R. Temple, and Gary D. Temple all of Salem, NH, loving grandmother of David M. Nally & his wife Ruth of Wakefield, Cynthia L. (Nally) Leverone & her husband David of Rumney, NH, Heather M. (Nally) Urban & her husband John of



Chelmsford, Deanna L. Nally of Andover, Patrick B. Nally & his wife Christine of Wilmington, Tara M. Temple, Gary D. Temple, and Bryan S. Temple all of Manchester, NH, great-grandmother of Joseph B. Leverone, Brendan J. & Brittany J. Urban, Parker D. Nally, Dean P. & Rachel A. Nally. She is also survived by many nieces, nephews, and cousins. Dorothy was also mother-in-law of the late Texann Nally and sister of the late Edwin A., Frederick, W. Harold W., Chester A., and Robert W. Parkhurst, Edith V. Reynolds, Myrtle O. McKelvey, and Marion G. Stiles.

Her Funeral Service will be held on Friday, February 8th at the Wilmington United Methodist Church, 87 Church St., Wilmington, at 10:00 a.m. Interment Wildwood Cemetery. Visiting hours at the Nichols Funeral Home, Inc., 187 Middlesex Ave., Wilmington, on Thursday, February 7th from 4-8 p.m. Memorial donations in Dorothy's name may be made to the A.I.M. Group, c/o Judy DiPalma, 12 Harold Ave., Wilmington, MA 01887.

## Clinton Francis DeCecca

Manager for First National Stores; worked for Symphony Hall, Boston Garden and Celtics

WILMINGTON - Mr. Clinton Francis DeCecca, 77, of Wilmington, died unexpectedly Monday, February 4, 2008. Mr. DeCecca was born on April 28, 1930, in Melrose, MA, he was son of the late Frank John and Mabel Irene (Russell) DeCecca.

He will be remembered for his great sense of humor and ability to make others laugh. His passions included music, drumming, ham radio, scuba diving, and spending time with his family and friends.

He served proudly in the U. S. Army, Airborne 77th Special Forces during the Korean Conflict.

He retired as a manager for First National Stores after 35 years and continued his career working for Boston Symphony Hall, Boston Garden and the Boston Celtics organization.

Clinton is survived by his loving wife of 56 years, Margaret Faith (Plummer) DeCecca, he was the devoted father of Rena F. Webster and her husband William of Salem, NH, Frank J. DeCecca of Barrington, NH, Daniel L. DeCecca and his wife Terri of Raymond, NH, Lisa M. Morris of Haverhill, and Pamela A. Fagan of Derry, NH. He was the cherished grandfa-



ther of Billy, Jonathan, Christian, Jimmy, Ashley, Caitlyn, Eli, McKayla, and great-granddaughter Lisa, dear brother of Eleanor Santy of Florida, Barbara Dionne and her husband John of Medford, and the late Clarence Stebbins.

Visiting hours will be held at the Nichols Funeral Home, Inc., 187 Middlesex Ave., (Rte. 62), Wilmington, on Friday, February 8th from 5-8 p.m. Funeral Services will be private.

In lieu of flowers, memorial donation's in Clinton's name may be made to the Wilmington United Methodist Church, 87 Church St., Wilmington, MA 01887 or to the charity of your choice.

## Colonial Spirit Chorus

Singing Valentines

Can you imagine your loved one's surprise as they answer the phone and hear a singing phonogram just for them? Colonial Spirit Chorus will sing a song to anyone in the continental USA on February 14, between 7:30 and 10:30 EST. Just \$20 (\$25 for a specific time.) Call Noreen Rowe 978-

263-0562 by February 12. Colonial Spirit Chorus is a chapter of Sweet Adelines International, a four part acappella chorus. They are partially sponsored by Acton Boxborough Arts Council and Quantec Corporation.

Seeking Singers

Colonial Spirit Show Chorus is looking for women of all ages who love to sing a wide variety of 4 part acappella harmony songs. Come to a 7:15 Thursday night rehearsal and meet this fun loving chorus. Please call Noreen 978-263-0562 or Norma 978-692-2270 for rehearsal locations in Acton during February and March. This warm, dynamic, talented group of women is looking forward to meeting you! No musical experience necessary! Colonial Spirit Chorus is a member of Sweet Adelines International and is partially sponsored by the Acton-Boxborough Arts Council and by Quantec Services, Inc. Visit their web site www.colonialspirit.org

## ST. JUDE'S NOVENA

May the Sacred Heart of Jesus be adored, glorified, loved and praised throughout the world now and forever, Sacred Heart of Jesus, pray for us. St. Jude, worker of miracles, pray for us. St. Jude, help the hopeless, pray for us.

Say this prayer nine times a day, by the 8th day your prayer will be answered. It has never been known to fail. Publication must be promised. My prayers have been answered.

2/6/08

P.B.

## Gertrude E. Wagstaff

Founded Stop & Go Sandwich Shop

WILMINGTON - Gertrude E. Wagstaff, age 77, of Wilmington formerly of Charlestown, died January 30th, at the Lahey Clinic in Burlington following a lengthy illness. She was the beloved wife of Bernard F. Wagstaff, Sr.

Born in Boston she was the daughter of the late Frank J. and Mary L. (Mullen) Leverone.

Gertrude was a retired assembler and worked for many years for both the Instrumentation Lab of Lexington and Textron Inc. of Wilmington. Prior to her work at these companies she was the founding owner and operator of the Stop & Go Sandwich Shop located in North Wilmington which is still in operation today. Mostly devoted to her loving family, Gertrude enjoyed cooking, attending bingo and playing cards with family and friends. She also enjoyed spending the winter months in Florida with her husband.

In addition to her late parents, Gertrude is predeceased by her sisters; Maglena Shine, Marguerite Cifra and brothers, Francis and Martin Leverone. She is survived by her beloved husband, Bernard F. Wagstaff, Sr. and their children, Beverly J. Hanson and her husband James of Andover, Bernard F. Wagstaff, Jr. and his wife Joan, Gail M. Amato and her husband Charles all of Tewksbury, and Michael S. Wagstaff of Pelham, NH. She is also survived by her loving grandchildren, Nicholas Amato, Brad, Jason and Benjamin Wagstaff, Jack, Ryan, Chris and Tom Byrne. She is further survived



by her sisters and brothers, Agnes Whitelock, Catherine Souza, Joseph Leverone all of NH, Therese Anderson and Anthony Leverone both of Wilmington, George Leverone of CA and Frederick Leverone of FL.

Her funeral was held from the Dello Russo - Cavanaugh Funeral Home 374 Main St., Wilmington Saturday, February 2nd at 9 a.m. followed by a funeral mass celebrated in St. Thomas of Villanova Church, 126 Middlesex Ave, Wilmington, at 10 a.m.

Relatives and friends were respectfully invited to attend. Visiting hours at the funeral home were held on Friday, February 1st from 3 thru 7:30 p.m. Services concluded with burial at Wildwood Cemetery, Wilmington.

It has been requested that contributions may be made in Gertrude's memory to Kitty Angels, P.O. Box 638, Tyngsboro, MA 01879 or to the charity of one's choice.

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• Fried Chicken Finger Dinner	\$8.95	• Baked Ziti Parm	\$7.95
• Clam Strip Dinner	\$8.95	• Spaghetti & Meat Balls	\$7.95
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Wilmington Middle School students participated in a mock election on Super Tuesday. Sarah McSheehy, Abigail Griffin and Alivia Hamel voted for their favorite candidates during lunch. (photo by Maureen Lamoureux-www.shootingstarspix.com)

## Student of the Month Spotlights Success

FROM PAGE 8

ing getting good grades and showing improvement."

Teachers follow specific criteria when selecting the students. Students must show strong class participation, positive attitude, effort, academic achievement and citizenship to be considered part of the program. During morning announcements, students are presented Student of the Month certificates by school principal Christine McMenimen. Alyssa Cappuccio, an eighth grade student of the month, likes the program. "The student of the month is an excellent program because it gives kids confidence and it lets them know that their teachers are proud of them and offers them a feeling of accomplishment," offered Cappuccio.

McMenimen enjoys being a part of the program and views it as a moment of pride for the

students and the school. "Being selected as a student of the month is a special recognition that goes beyond just the academic part of school life. The award is based on many aspects that make children well rounded students. The pride in the eyes of the students receiv-

ing the awards tells me that this program is working by encouraging students to strive for excellence. When every student is striving to be his or her best, it makes for a truly successful school," said McMenimen.

## Culinary Creativity

FROM PAGE 9

menu is issued to the students at the beginning of every month. My boss decides what will be on the menu. If we have any food left over from the day before, we will heat it up and serve it the next day for an alternate choice."

Along with having choices for food, students also have choices on how to pay for their lunches. They can either use cash every day or have money taken from their accounts. "For the students, there are accounts with their ID numbers. In these accounts, money can be placed to buy daily lunches. The money will subtract over time as they buy lunch and dessert. Students can also use money on a daily basis to buy their lunches," explained Pepper.

Although there is some creativity in the cafeteria, making the lunches does have rules. Pepper said: "We can only be as creative as we have supplies. We have a recipe book so we can only go by the book."

Pepper went to culinary school where she learned how to cook and she likes to cook a lot at home. "I don't cook the same meals I make at school," chuckled Pepper. "In my opinion breakfast is the most important meal of the day."

The school cafeteria is a double threat offering food and the chance to socialize with friends. "The cafeteria is important because the kids need the food to be energized for school work and they need time to socialize with their friends," said Pepper.

## A Dangerous and Rewarding Job

FROM PAGE 8

years ago," recalled McMahon, "and it was one of the largest fires I've been involved with in nearly three decades as a firefighter."

September 11, 2001 was a national tragedy for all of America. Thousands of people died including many of the firefighters trying to stop the burning of the

World Trade Center. Around that time, many of the firefighters from Massachusetts traveled to New York over a dozen times to attend the funerals of the firefighters lost in the terrorist attacks.

Not all firefighters have been as fortunate as McMahon has been in his career as many have been hurt or killed. September 11, 2001

took a toll not only on the firefighters in New York that day, but all over America. "The terrorist attack on September 11 was tough for everyone including firefighters throughout the world," said McMahon. "Watching our fellow firefighters fall was tough. When other firefighters die everyone in the profession is affected."

## JoAnn Phillips Retiring After 38 Years

FROM PAGE 8

every morning and come to work. She feels lucky to have had such a wonderful career. She believes that her many years of teaching have helped to form her personality. "Because of teaching, I'm not a miserable person," said Phillips.

Teaching has taught Phillips to lighten up and not take things,

including herself, too seriously. "Everyday is a new day," said Phillips, "and there's always another chance to make things better—even if things didn't go right the day before."

Over the years, Phillips has learned a lot from the staff and students. "It has been a great ride for me," stated Phillips. Her advice to any new teachers would

be to tell them to prepare well for classes, trust personal instincts and enjoy the kids. To new students going into the eighth grade, she advises that proper planning prevents poor performance.

In retirement, Phillips hopes to spend more time with her daughter and her grandchildren in western Pennsylvania. She also plans on traveling to parts of the

world she has never been with her husband. One of the things Phillips will miss most about teaching is the energy of being around teenagers. "Teenagers have an endless supply of energy," said Phillips, "and I've been lucky enough to have had a career that allowed me to be a part of that energy force."

## Wilmington Middle School Gets New Computer Lab

FROM PAGE 9

students to work on activities and projects during class periods. During activity periods on Tuesdays and Thursdays, Lomanno allows students to come to the computer lab to use the area for completion of projects. "This room was chosen to be the

computer lab," explained Lomanno, "because it was one of the most spacious rooms available in the building. The computer lab is in the same room as the television studio where the morning announcements are broadcast live, also."

Students use a variety of soft-

ware programs and Internet sources to complete their assignments in the new computer lab. "The Wilmington Middle School does an excellent job of preparing the students for their future careers. The programs that are used in the school's computer lab are used in many of the jobs

available in the world today. The new computer lab is just one more opportunity that the Wilmington School District offers to its students to prepare them for a lifetime of success," said Lomanno.

## Banding Together

FROM PAGE 9

Band members receive their first opportunity to join the elementary band in fourth grade. From that point forward, band members participate in a number of activities throughout their musical career in school. "Along with concerts, the eighth grade middle school band members go on ski trips and to band camp. The students can march in parades, play in the high school graduation, become coaches for the elementary school band members and be selected for the Jr. Jazz Band run by Anita DiLullo," offered Mette.

Along with the enjoyable aspects of being part of the mid-

dle school band, there is much work involved. "The students are given a grade for their participation in the middle school band," explained Mette. "First, they have to attend band rehearsals every Tuesday and Thursday along with having to practice an

hour every week. Next, they are assigned pieces of music which they have to play. These three aspects form their grades."

Participants receive many opportunities to learn musical and teambuilding skills. "Joining the band gives you a lifetime

journey that allows you to make friends and memories. You can do things that you can't otherwise do without joining the band. It is a wonderful experience that leaves a lifetime of memories," said Mette.

## Homework Club Offers Helping Hand

FROM PAGE 9

homework support instead of homework club since a student doesn't have to join, but just comes if needed. Galvin provides equipment for students like markers, glue, poster board or anything else they might need for

projects. The greatest level of participation is usually right before grades close.

Galvin believes that the homework club helps to improve the students' grades and their parents feel secure that their children have a safe place to go after

school. More importantly, the students go home with their homework completed and they feel good about themselves. "It's a safe, friendly location for students to accomplish their work and have some social time," offered Galvin.

## Marching to the High School Beat

FROM PAGE 8

Mette created the subfreshmen group to benefit both the middle school and high school students. "I decided to make subfreshmen a part of the high school band when I noticed how few students continued on to the next level. I continued the group because of the wonderful feedback I was getting from the kids. This also gave them musical confidence because when they came back to the middle school band, they felt the music was easy compared to the high school arrangements. The subfreshmen would even show the younger band members responsibility, maturity and help them with the music," said the band director.

This program allows the subfreshmen to have a head-start in their music and in transitioning to high school. Mette said: "The kids in this program have a huge head start compared to the other eighth graders. Their playing ability is increased and they get to meet high school kids early. When they're walking down the hall in high school, there is always someone to turn to or a friendly face from their big band family."

Many of the middle school students agree with Mette. Sarah Johansson, a middle school flutist, stated: "I enjoy playing with the high school band because it's fun and it's a good experience. I've made friends through band who I never would have because I'm a subfreshman." Courtney Capistran, a middle school alto saxophonist, sees the benefits of being a part of the high school band, also. "It's a great experience to play with the more advanced members. I am learning so many wonderful things," said Capistran.

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## Tewksbury Police Log

**Monday, January 28**  
1:32 a.m. State Police reported finding an ATM that had been stolen from the Elks Lodge at 777 South Street.

10:46 a.m. Business signs on North Street were vandalized.

12:12 p.m. A motor vehicle-related accident occurred in the vicinity of 1900 Main Street.

1:30 p.m. A motor vehicle parked at a business in the vicinity of 401 Main Street was burglarized.

2:24 p.m. A motor vehicle parked at a business in the vicinity of 2185 Main Street was burglarized.

3:45 p.m. A larceny was reported on Chandler Street.

4:08 p.m. A motor vehicle-related accident occurred at the intersection of Main Street and Archstone Avenue.

5:14 p.m. A motor vehicle-related accident occurred in the vicinity of 1768 Main Street.

6:28 p.m. A motor vehicle-related accident occurred at the intersection of East Street and North Street.

**Tuesday, January 29**  
11:14 a.m. Copper was stolen from a business at 2185 Main Street.

3:22 p.m. A motor vehicle-related accident occurred in the vicinity of 4 Highwood Drive.

5:37 p.m. A motor vehicle-related accident occurred at the intersection of Shawsheen Street and Main Street.

**Wednesday, January 30**  
10:07 a.m. Police responded to the Caswell Motel at 450 Main

## Single Squares

Single Squares will host a Hobo Dance on Sunday, February 10, 2008 Mainstream with 2 PL tips from 2-5 p.m. caller John Hendron

cuer Barbara Strong Dance will be held at St. Anthony's Hall 1020 main Street (Rte 38 North) Woburn, Ma.

For more info call Bev at 781-272-4185 or Eva at 781-890-2637. Admission is \$7

Street for a report of larceny.  
10:54 p.m. A motor vehicle parked at a business on Highwood Drive was burglarized.

**Thursday, January 31**  
2:06 p.m. A motor vehicle was stolen from 468 Main Street for a report of a stolen motor vehicle.

3:13 p.m. A motor vehicle-related accident occurred in the vicinity of 896 Main Street.

4:18 p.m. A motor vehicle-related accident occurred in the vicinity of 2345 Main Street.

4:26 p.m. A motor vehicle-related accident occurred in the vicinity of 85 Main Street.

5:47 p.m. A motor vehicle-related accident occurred in the vicinity of 1900 Main Street.

11:06 p.m. A motor vehicle-related accident occurred in the vicinity of 1795 Main Street.

**Friday, February 1**  
1:42 a.m. A motor vehicle-related accident occurred in the vicinity of 123 Carter Street.

Christopher Shane Johnson, 20, of 201 Cartpath Road in Tewksbury, was arrested at the scene and was charged with his second offense of operating a motor vehicle while under the influence of alcohol, recklessly operating a motor vehicle, and leaving the scene of an accident involving property damage.

7:27 a.m. A motor vehicle parked at a residence on Patrick Road was burglarized.

9:42 a.m. A motor vehicle-related accident occurred at the intersection of Main Street and Dewey Street.

2:02 p.m. A motor vehicle-related accident occurred in the vicinity of 86 Trull Road.

2:04 p.m. A motor vehicle-related accident occurred in the vicinity of 1 Lowe Street.

9:45 p.m. A motor vehicle-related accident occurred at the intersection of Salem Road and South Street.

Wayne Cabral, 18, of 19 Upton Street in Billerica, was arrested in the vicinity of 21 Upton Street and was charged with assault and battery.

**Saturday, February 2**  
11:08 a.m. A motor vehicle parked at a business on Main Street was burglarized.

2:10 p.m. A motor vehicle-

related accident occurred in the vicinity of 1900 Main Street.

6:31 p.m. A motor vehicle-related accident occurred on Main Street.

6:38 p.m. A motor vehicle-related accident occurred in the vicinity of 1040 Main Street.

Richard Fellman, 65, of 14 Union Street in Lowell, was arrested in the vicinity of 1965 Main Street on the basis of a warrant.

**Sunday, February 3**  
8:01 a.m. A vehicle parked at a residence on Lincoln Road was burglarized.

2:54 p.m. A motor vehicle-related accident occurred in the vicinity of 333 Main Street.

6:22 p.m. Police responded to Market Basket at 10 Main Street for a report of larceny.

Michael A. McLaughlin, 31, of 72 Perry Street in Lowell, was arrested at 1469 Main Street and was charged with failing to stay within marked lanes of travel, operating a motor vehicle with a revoked license, and possessing a Class A drug.

A larceny was reported at a residence on Sheridan Road.

1:54 p.m. A motor vehicle parked at a business on Fordham Rd. was burglarized.

Richard V. Buckley, 21, of 47 North Street in Wilmington, was arrested on North Street on the basis of a warrant.

Andrew D. Mond, 21, of 37 Blanchard Road in Wilmington was arrested on Blanchard Road on the basis of a warrant.

**Tuesday, January 29**  
2:59 a.m. A vehicle was pulled over at the intersection of Route 38 and Route 62 because it matched the description of an alert put out by Woburn Police for a vehicle involved in car breaks in Woburn. The stop resulted in the arrest of three adults and one minor. Anthony G. Bryson, 18, of 178 Russell Street, Everett, was arrested and charged with 6 counts of receiving stolen property valued more than \$250, receiving stolen property valued at less

than \$250, possessing a burglarious instrument, and being a person under the age of 21 in possession of alcohol. Art Sao, 17, of 24 Hamilton Street in Lynn, was arrested and charged with six counts of receiving stolen property valued at more than \$250, and possessing a burglarious instrument. Kim Phallen, 17, of 483 Beach Street in Revere, was arrested and charged with five counts of receiving stolen property valued at more than \$250, two counts of receiving stolen property less than \$250, and possessing a burglarious instrument.

9:49 a.m. A motor vehicle-related accident (MVA) occurred on Middlesex Avenue.

2:58 p.m. A MVA occurred on Main Street.

5:24 p.m. A MVA occurred on Main Street.

7:16 p.m. A MVA occurred on King Street.

8:03 p.m. Police responded to a report of a domestic disturbance at a residence on Westdale Avenue.

10:46 p.m. A MVA occurred on Lowell Street.

Jamie Gallagher, 27, of 109 Tremont St. in Brighton, was stopped by police on Lowell St. and was issued a summons for illegally possessing Class A drugs and Class E drugs.

**Wednesday, January 30**  
11:47 a.m. Police responded to a report of a domestic disturbance at a residence on Mill Road.

Police provided nine courtesy car seat installations throughout the day.

David E. Savoie, 26, of 194A Salem Street in Wilmington was arrested on Salem Street on the basis of a warrant.

**Thursday, January 31**  
7:53 a.m. A residential property on Boutwell Street was vandalized.

12:10 p.m. A MVA occurred on Lowell Street.

3:59 p.m. Police responded to a report of a domestic disturbance at a residence on Hopkins Street.

Liam MC Donovan, 22, of 12 Tanglewood Avenue in Tewksbury, was arrested on Amherst Road and was charged

with the unlicensed operation of a motor vehicle.

Joseph Parsons, 21, of 3 Grove Avenue in Wilmington was arrested on Grove Avenue on the basis of five warrants.

**Friday, February 1**  
2:29 p.m. A MVA occurred at the intersection of Burlington Avenue and Boutwell Street.

3:29 p.m. A MVA occurred at the intersection of Glen Road and Middlesex Avenue.

6:55 p.m. A MVA occurred on Middlesex Avenue.

Robert L. Castillo, 39, of 2840 Haverhill Street in Lawrence, was issued a summons at the intersection of Andover Street and Route 125 for operating a motor vehicle with a revoked registration and operating an uninsured motor vehicle.

**Saturday, February 2**  
11:27 p.m. A MVA occurred on Sarafinas Way.

James M. Albert, 27, of 8 Henry St. in Amesbury, was arrested in the vicinity of 240 Main St. and was charged with shoplifting by asportation more than \$100 worth of merchandise and receiving stolen property valued at more than \$250.

Paul E. Brunelle, 40, of 39 Kingston Street in Boston, was arrested in the vicinity of 240 Main Street and was charged with receiving stolen property valued at more than \$250, and operating a motor vehicle with a suspended license.

Maria T. Capuano, 27, of 75 Palmer Street in Quincy, was arrested in the vicinity of 240 Main Street and was charged with receiving stolen property valued at more than \$250.

**Sunday, February 3**  
9:58 a.m. Police recovered a stolen vehicle on Hall Street.

12:18 p.m. Police responded to a report of a domestic disturbance at a residence on Davis Road.

1:41 p.m. A MVA occurred at the intersection of Fordham Road and Concord Street.

6:00 p.m. A MVA occurred on Main Street.

Zachary R. Mayo, 20, of 8 Cary Street in Wilmington, was arrested on Federal Street and was charged with assault and battery with a dangerous weapon.



## Wilmington Police Log

**Monday, January 28**  
8:41 a.m. A larceny was reported at a residence on Sheridan Road.

1:54 p.m. A motor vehicle parked at a business on Fordham Rd. was burglarized.

Richard V. Buckley, 21, of 47 North Street in Wilmington, was arrested on North Street on the basis of a warrant.

Andrew D. Mond, 21, of 37 Blanchard Road in Wilmington was arrested on Blanchard Road on the basis of a warrant.

**Tuesday, January 29**  
2:59 a.m. A vehicle was pulled over at the intersection of Route 38 and Route 62 because it matched the description of an alert put out by Woburn Police for a vehicle involved in car breaks in Woburn. The stop resulted in the arrest of three adults and one minor. Anthony G. Bryson, 18, of 178 Russell Street, Everett, was arrested and charged with 6 counts of receiving stolen property valued more than \$250, receiving stolen property valued at less

than \$250, possessing a burglarious instrument, and being a person under the age of 21 in possession of alcohol. Art Sao, 17, of 24 Hamilton Street in Lynn, was arrested and charged with six counts of receiving stolen property valued at more than \$250, and possessing a burglarious instrument. Kim Phallen, 17, of 483 Beach Street in Revere, was arrested and charged with five counts of receiving stolen property valued at more than \$250, two counts of receiving stolen property less than \$250, and possessing a burglarious instrument.

9:49 a.m. A motor vehicle-related accident (MVA) occurred on Middlesex Avenue.

2:58 p.m. A MVA occurred on Main Street.

5:24 p.m. A MVA occurred on Main Street.

7:16 p.m. A MVA occurred on King Street.

8:03 p.m. Police responded to a report of a domestic disturbance at a residence on Westdale Avenue.

10:46 p.m. A MVA occurred on Lowell Street.

Jamie Gallagher, 27, of 109 Tremont St. in Brighton, was stopped by police on Lowell St. and was issued a summons for illegally possessing Class A drugs and Class E drugs.

**Wednesday, January 30**  
11:47 a.m. Police responded to a report of a domestic disturbance at a residence on Mill Road.

Police provided nine courtesy car seat installations throughout the day.

David E. Savoie, 26, of 194A Salem Street in Wilmington was arrested on Salem Street on the basis of a warrant.

**Thursday, January 31**  
7:53 a.m. A residential property on Boutwell Street was vandalized.

12:10 p.m. A MVA occurred on Lowell Street.

3:59 p.m. Police responded to a report of a domestic disturbance at a residence on Hopkins Street.

Liam MC Donovan, 22, of 12 Tanglewood Avenue in Tewksbury, was arrested on Amherst Road and was charged

with the unlicensed operation of a motor vehicle.

Joseph Parsons, 21, of 3 Grove Avenue in Wilmington was arrested on Grove Avenue on the basis of five warrants.

**Friday, February 1**  
2:29 p.m. A MVA occurred at the intersection of Burlington Avenue and Boutwell Street.

3:29 p.m. A MVA occurred at the intersection of Glen Road and Middlesex Avenue.

6:55 p.m. A MVA occurred on Middlesex Avenue.

Robert L. Castillo, 39, of 2840 Haverhill Street in Lawrence, was issued a summons at the intersection of Andover Street and Route 125 for operating a motor vehicle with a revoked registration and operating an uninsured motor vehicle.

**Saturday, February 2**  
11:27 p.m. A MVA occurred on Sarafinas Way.

James M. Albert, 27, of 8 Henry St. in Amesbury, was arrested in the vicinity of 240 Main St. and was charged with shoplifting by asportation more than \$100 worth of merchandise and receiving stolen property valued at more than \$250.

Paul E. Brunelle, 40, of 39 Kingston Street in Boston, was arrested in the vicinity of 240 Main Street and was charged with receiving stolen property valued at more than \$250, and operating a motor vehicle with a suspended license.

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Zachary R. Mayo, 20, of 8 Cary Street in Wilmington, was arrested on Federal Street and was charged with assault and battery with a dangerous weapon.

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Friends, relatives and classmates joined the Fullerton Family to commemorate the 40th anniversary of Jack Fullerton's death in Vietnam at his memorial on the shore of Silver Lake last Thursday. Jack, killed during the Tet offensive, was remembered here by classmates (l. to r.) Bob Hand, Dave Boeri and Fred Shine. Stu Neilson photo

## Tewksbury Senior Topics

### Taxes - Red Hats & a trip to Mohegan Sun

A Senior Center "Cootie Party" will be held tomorrow, February 8th, at 460 East Street. The activity will begin at 12:45 p.m. All are welcome to attend.

Space is still available on the Mohegan Sun day trip of Tuesday, February 12th. The trip cost is \$20 and includes motor coach transportation and a casino package.

A "Subsidy Assistance Information Seminar" will be held at the Tewksbury Police Station Training Room beginning at 9:00 a.m. on Friday, February 15th. Selectman Jerry Selissen, Assessor Jay Kelley, a representative from Community Teamwork, Inc. and others will be present to discuss: abatements; tax, water and sewer deferrals; fuel assistance; and, other assistance programs. The public is welcome and encouraged to attend.

The Red Hat Carnation Belles will hold their Fourth Anniversary Dinner at the Tewksbury Country Club on Saturday, February 16th, from 12:00 to 4:00 p.m. This event will include the presentation "Let Go and Lighten UP" by Lisa Wessan a well known motivational speaker and author; a chicken dinner and information on the up-coming Red Hat

events of 2008. The cost is \$25 per Belle. Ticket sales will end on Monday, February 11th.

AARP Volunteers have started to help Senior Citizens with their tax returns. To arrange an appointment, one may call the Senior Center at 978-640-4480. Be sure to leave a telephone number when signing up. The Director will call those on the list to schedule an appointment time. Appointments will take place on Tuesdays and Thursdays. This is a free service. Those people having tax returns done should bring along the following: all tax information and last year's tax return: W-2 form, Social Security and pension information, tax forms from financial institutions, banks, estimated tax forms if applicable and one's health insurance card which is needed when filing this year.

Those Senior Citizens 65 and over should also note that one may apply for a Circuit Breaker Tax Credit if during 2007 one paid rent for a non-subsidized apartment or one paid real estate taxes on property with an assessed value under \$772,000. One must also meet the income limits. A single person cannot make over \$48,000; a head of the household over \$60,000; and, a married couple

filing jointly over \$72,000. Also, the Circuit Breaker Tax Credit pertains to those whose real estate tax payments were greater than 10% of one's total income. If one does not file a tax return, they may still apply for a Circuit Breaker Tax Credit if they meet the above requirements.

If one is unsure whether or not he/she qualifies for the Circuit Breaker Tax Credit, it would be wise to make an appointment and have the Tax Assistant help determine your situation.

The Department of Elder Affairs has also notified Councils on Aging that with this new tax season there have been a wave of new scams. It should be noted that no government entity requires bank account information prior to issuance of payment due the recipient. Also, one should never give this information or any other personal information to anyone soliciting over the telephone.

For those who have cell phones and want to prevent unwanted marketing calls, one may call from his/her cell phone the following number: 888-382-1222. This number connects one to the national do not call list operated by the Federal

Trade Commission. By registering with this commission, it will block calls from your number for five (5) years. It may take up to 30 days for the blocking to take effect. If one changes his/her cell phone number, one must call the Commission again.

SHINE Counselor, Emily Kearns, holds office hours at the Tewksbury Senior Center on Thursday mornings from 9:00 a.m. to 12:00 noon. SHINE Counselors advise the elderly on the various medical insurance policies available to those residents 65 and over. To arrange an appointment, one may contact Linda Brabant who will in turn pass on your inquiry to Ms. Kearns. Ms. Kearns may be reached at 978-640-4481 on Thursday mornings.

If there is a program or activity that one would especially like to see at the new Center, please drop-off one's idea/suggestion at the Senior Center (White House), 460 East Street or e-mail the Director at lbant@town.tewksbury.ma.us.



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The Tewksbury's Democratic delegates were chosen at Tewksbury's Democratic Caucus last Saturday. This year's delegates are: sitting l-r: Elisabeth Lewin, Jan O'Neill, Joan Dunlevy and Rita O'Brien-Dee and standing l-r: Tom Conlon, Rick O'Neill, John Harriman, Michael Kelly, Candy Lynch, Lou Connolly, Bob Demers, Bill Deignan, Mary Manseau, Donna Bell, Warren Carey and alternate Elisabeth Desmarais.

(photo by Maureen Lamoureux -www.shootingstarspix.com)

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#### TEWKSBURY

Great location in back of complex w/wooded view from balcony for this unit. Many updates include laminate floor in entry room, kitchen & DR. 2 additional rooms on LL (not included in living area).

\$289,900



#### TEWKSBURY

End unit in back of the Patten Green complex with wooded views from the deck. Open floor plan, C/A, LL, w/office, den, & FR. New roof within the last 2 years, 1 car garage.

\$299,900



#### TEWKSBURY

New Townhouse, last one in complex! Fully appointed kitchen, tile floors, 1st floor bath & laundry, master bedroom w/bath, 1 car garage. Spacious open floor plan, central air.

\$389,900



#### TEWKSBURY

3BR Raised Ranch w/full apartment in LL w/country kitchen, 2 full BR's, full CT bath & living/family room w/woodstove & tiled floor, plus separate entrance w/ small mudroom off of main driveway. Newer roof, siding, replacement windows & doors throughout.

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## Wilmington Youth Lacrosse fundraising dance

The Wilmington Youth Lacrosse Association (WYLA) will be bringing you back to the '70's and '80's with its annual fundraising dance on Friday, March 7th, 7 p.m. at the Tewksbury Country Club. Dust off those platform shoes and pull out your polyester suit!

WYLA was organized as a town youth sports program 4 years ago and continues to experience consistent growth. In addition to offering this fast-paced and exciting sport to the youth of Wilmington, WYLA has been instrumental in the development of the Wilmington High School Lacrosse Teams and has been responsible for

coordinating the fundraising efforts to field the varsity teams their first two years as a high school sport as well as currently taking on these efforts for the new junior varsity teams that will be fielded this year. Support of WYLA fundraising is what makes all this possible. The WYLA Fundraising Dance is a night full of fun! This dance is always a sell out, so don't wait to purchase your tickets. To do so, you may contact any WYLA executive board member who can be accessed through the WYLA website <http://www.wilmingtonathletics.com/Lacrosse/>



Mass.gov/Libraries

The Massachusetts Board of Library Commissioners (MBLC) has recently launched a new web site [www.mass.gov/libraries](http://www.mass.gov/libraries) to increase awareness of the Commonwealth's public libraries. You can locate a library just by entering the name of the town or zip code. Check out the "Fast Facts about Public Libraries" and see the data that confirms how busy libraries are in the Internet age. According to the MBLC, patrons borrowed more than 52 million books and other materials from public libraries—an average of 8.1 items for each resident and visits to public libraries during the year numbered more than 31 million, an average of 4.8 visits for every state resident. Wilmington Memorial Library circulated over 20,000 items and had over 11,000 visits this past January.

### World War II Exhibit

John Webster, Veterans Service Commissioner for the City of Malden, will present an exhibit of World War II memorabilia on Monday, February 25 and Tuesday, February 26 in the meeting room on the second floor at the Wilmington Memorial Library. The exhibit includes over a hundred historical photos, artifacts, personal letters and newspaper articles from World War II. The exhibit will be open 9 a.m. to 9 p.m.

### Computer Classes

Thanks to two Wilmington residents, the library has resumed its weekly computer basics classes. The one half hour class will be held on Tuesdays at 10 a.m. and at 10:30 a.m.; and on Saturdays at 11 a.m. and 11:30 a.m. These classes will introduce the student to the fundamentals of how to use a mouse, open a program, save a document, etc. The teacher will tailor the class to the needs of the student. Please call 978-694-2099 to register for one of these classes.

## Wilmington Library Notes

by Christina Stewart

## World War II Exhibit

Thanks to our volunteer teachers.

### AARP Tax Volunteer

Once again the library will be hosting a volunteer from AARP to provide help with preparing tax returns. The volunteer will be available on Friday mornings beginning Friday, February 8th for the following appointment times: 9:30 a.m., 10:30 a.m., 11:30 a.m. and 12:30 a.m. This tax preparation assistance is aimed primarily at senior citizens and low to moderate income families and individuals. Please call the library at (978)694-2099 for further details and to schedule an appointment.

### Nested Doll Painting Workshop

Learn the rich folk tradition of Russian Matryoshka (wooden nesting doll) at a workshop on Saturday, February 23, 2008 from 10 a.m. to 1 p.m. This program is appropriate for adults and families with children 6 and up. Everyone leaves having produced a finished piece of Russian folk art on wood. The presenter, Marina Forbes, will have available the pre-designed Matryoshka sets for sale for participants to paint. She will provide the acrylic paints for the wooden dolls. Registration is required. Please call 978-694-2099. Sponsored by the Friends of the Library.

### 40th Anniversary of the Beatles' "Yellow Submarine"

Tim Riley, author, speaker, and NPR music critic, will present a program based on his book "Tell Me Why: A Beatles Commentary" on Wednesday, February 27, 2008 at 7 p.m. He will highlight the music events of 1968 including the premier of the "Yellow Submarine," the "White Album" and "Hey Jude/Revolution." The author's book will be available for sale. Sponsored by the Friends of the Library.

### Teen Zone News

Teens: Down to a Science: the Physics of Swordplay  
What happens when you swing a sword? How can you use an opponent's weight and momentum against them? Find out in this interactive demo, provided by Guard Up! of Burlington! Registration is required and limited to 20 participants; registration begins on Thursday, February 7 (event will be held on Wednesday, February 20, 2-3 p.m.). All participants need a permission slip (available at the library) signed by a parent or guardian. Event is funded through a federal grant.

### Teen Dungeons and Dragons

Dungeons and Dragons group will meet Tuesday, February 12, and also on Tuesday, February 19, from 3-5 p.m. Beginners through advanced players, sixth grade and older, are welcome.

### School Vacation Week-Board Game Night

Teens! Looking for something free to do with your friends over winter break? Come play games! Drop in from 6-8 p.m. on Thursday, February 21—we'll have everything from Clue to Carcassonne (and snacks and drinks, too), so grab some friends and come play with us!

### Book Discussions for Children

Each summer Liza, Bill and

## Wilmington residents make the grade at Arlington Catholic

Nine Wilmington residents made the honor roll at Arlington Catholic for the second quarter of the 2007-2008 school year. Lauren Tamburello and Lia Tamburello made First Honors. Justin Cerra and Michelle Worthington made Second Honors. Brittany Danahy, Robert Morrissey, Jeremy Ridore, Kelly Walsh and Jonathan Fabiano earned Honors.

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Friday-Sat 8:30-10:00  
Sunday 12:00-6:00

345 Main St., Reading Mon-Thurs 9:00-9:30  
Friday-Sat 9:00-10:00  
Sunday 12:00-6:00

Sale prices in effect through February 29, 2008. Quantities limited. Not responsible for typographical errors.

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<b>1st class:</b>	<b>2nd class:</b>		
Saturday & Sunday, 8:00a-2:30p Jan 19th, 20th, 26th, 27th, and Feb 2nd	Saturday & Sunday, 8:00a-2:30p March 1st, 2nd, 8th, 9th, and 15th		

READING	WINCHESTER	LYNNFIELD	WILMINGTON
February 4 - February 15	Monday - Friday	2 weeks	5:30p-8:45p
February 18 - February 22	Monday - Friday	1 week	8:00a-2:30p
March 3 - March 14	Monday - Friday	2 weeks	5:30p-8:45p
March 10-March 23	Monday - Friday	2 weeks	5:30p-8:45p
April 21 - April 25	Monday - Friday	1 week	8:00a-2:30p

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## Helping kids defy the odds

FROM PAGE 1

explains, "You have to be a Mason before you become a Shriner. I strive to spread the word about what it really means to be a Shiner. Shriners are comprised of people from all professions, religions, and financial levels. Everyone is on the same level - nothing matters except dedication to doing the important work of the Shriners."

Last year Flight spent quite a lot of time visiting areas in the Northeast - from Rhode Island to Canada to Newfoundland.

"During the past year I have been traveling and spreading the good word about Shriners," Flight said. "I've even been on local television twice. We traveled to Newfoundland for the Northeast Shrine Convention. That was particularly memorable because both my wife's and my parents came from Newfoundland originally. We also went to Branson, Missouri with members of the Transportation fund."

The Children's Transportation Fund provides transportation to one of the Shriners Hospitals for Children by bus, train, and air for needy children and their parents, free of charge. The Fund even provides MedFlight transportation from other countries. While the costs of these flights are huge, those costs pale in comparison to the immeasurable comfort the Shriners derive from knowing that their donations to the Transportation Fund helped save the life of one more pre-

cious child.

"My wife and I even celebrated our 50th wedding anniversary at a Shriners Fifties Night last February 14," Flight said. "It was an honor to celebrate our special occasion with our family and our Shriner family."

Making it an unforgettable weekend, the Flights continued their celebration the next evening with the Potentates Ball.

"In 2008, my role as Past Potentate will be to serve as part of a support group," Flight said. "I plan on being very supportive of the Divan and I'm looking forward to that supportive role for the six members in the Divan who are in line to become Potentate."

It takes seven years to become a Potentate.

The Divan is the group of members that serve as something akin to a board of directors or royal council for the organization. Each Shrine Temple has its own Divan, and the members of the Divan are generally in line for a term as Potentate.

During his time as a member of the Divan, Flight ran the circus for three years, was Major of the Arab Patrol (a marching unit that is one of 25 units), and served on many committees.

During the installation of officers on January 26, newly installed Illustrious Potentate Stephen G. Eriksen introduced Megan Johnson, a Patient Ambassador from Seattle, Washington, and her mother Jill. Mother and daughter made

their way from the stands to the stage where Megan thanked all the Shriners for their invaluable assistance to her over the years and on behalf of all the children in the 22 Shriners Hospitals across the country. Megan had visited the Shriners Burn Hospital-Boston the day before - the fifth one she has visited thus far in her quest to see all of them.

Serving as a shining example of why Shriners devote so much time and energy to the important work they do, Megan, a charismatic 16 year-old, proclaimed that she is the Number One Shriner fan and then regaled her audience with an inspiring performance on the piano.

After the Uniformed Units Parade in Review with all the Aleppo Units - during which motorcycles, clowns, minute-men, fire Brigade, etc. made their way through the auditorium for inspection by the new Potentate - attendees were invited to the Fez Room for complimentary refreshments and socializing.

In a final message to the Nobility, Flight stated, "Think about belonging to a Unit, work at least one paper crusade, volunteer at the hospitals, volunteer at the Aleppo Shriners Circus, help drive the patients to their appointments, sponsor one new member, show support at the Ceremonials, and you will truly understand why we are the greatest philanthropy in the world."

## Baby Formula Bandits nabbed

FROM PAGE 1

to exit the plaza and observed a large number of cans of powdered baby formula. The three occupants acknowledged not having receipts for any of the baby formula.

James M. Albert, 27, of 8 Henry Street in Amesbury, was arrested and charged with shoplifting by asportation more than \$100 worth of merchandise and receiving stolen property valued at more than \$250.

Paul E. Brunelle, 40, of 39 Kingston Street in Boston, was arrested and charged with receiving property valued at more than \$250 and operating a motor vehicle with a suspended license.

Maria T. Capuano, 27, of 75 Palmer Street in Quincy, was arrested and charged with receiving stolen property valued at more than \$250.

In total, the suspects were in possession of 36 containers of baby formula, representing a value of more than \$750.

"There is a big underground market for baby formula,"



Paul Brunelle



Maria Capuano



James Albert

Neville said. "They go into small 'mom and pop' type shops in the cities and offer to sell them for \$3 to \$5 each. This gives them money to purchase drugs, and the shop owner makes a nice profit from selling the baby formula off his shelves at market price."

## Wilmington mirrors state

FROM PAGE 1

George also wanted to extend special recognition to the five National Honor Society students that worked in the polls and helped in the office.

In Tewksbury, election results

showed Romney beating out McCain 1,944 to 1,260 with Huckabee a distant third with 108 votes. On the Democrat side, Clinton defeated Obama 3,912 to 1,749. Edwards garnered 146 votes despite his

withdrawal from the race. Ralph Nader eked out a single vote for the Green Rainbow party.

The total voter turnout was 9,389 of 19,118 registered voters, an impressive 49.1 percent.



Representative James R. Miceli hosted Wilmington High School Students during National Job Shadow Day on February 1, 2008. Pictured from left to right: Drew Cahill, Policy and Government Advisor to Attorney General Martha Coakley, Nira Pandya (junior at Wilmington High School), Matthew Williams (senior at Wilmington High School), and Chairman James R. Miceli.

## Miceli hosts Wilmington's future leaders on National Job Shadow Day

BOSTON- Representative James R. Miceli (D-Wilmington), Chairman of the Committee on Personnel and Administration, hosted two students on February 1, 2008 for National Job Shadow Day. Wilmington High School, an active participant in school-to-career programs, sent junior Nira Pandya and senior Matthew Williams to experience a day in the life of Representative Miceli.

Nira and Matthew, both hoping for a career in law or politics, began their day with a meeting with Deputy Commissioner Edward Kuncie of the Massachusetts Department of Environmental Protection to discuss two of the district's most pressing issues: the concerns with Krochmal Farm's odor, and the proposed Billerica Power Plant on the Billerica-


Tewksbury line.

The second meeting of the day was with Drew Cahill, Policy and Government Advisor to Attorney General Martha Coakley, to discuss Wilmington's ongoing fight against New England Transrail entering the town. Keeping Transrail, a waste transportation facility, out of the district has been a top priority for Representative Miceli, one that he has even flown to Washington D.C. to testify against. He was on the same program with U.S. Senator Frank R. Lautenberg. Lautenberg's amendment is the one Representative Miceli supported. U.S. Senator Lautenberg's amendment is the amendment that made it through the process.

The day concluded with lunch in Faneuil Hall, an annual tradition for Miceli's office to cele-

brate the district's students who won awards for Girls and Women in Sports Day, and a personal tour of the Speaker's Office by Speaker DiMasi with Representative Miceli.

"Hosting these future leaders has always been, and always will be, a priority to me as a public servant. I enjoy having students come and experience what it is like to work as a state representative and the chairman of a committee at the State House. These bright and talented students got to meet several important state officials and sit in on significant meetings, providing them with invaluable hands-on experience. I see only good things for both Nira and Matthew's futures in both their educational and political endeavors," said Chairman Miceli.



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# Building a house, and an education

FROM PAGE 1

and early snow and have refused to succumb to the forces of nature. He is proud of the efforts of the students and their instructors.

"We're making remarkable progress and the owner is very happy," said Lyons of the current house project. "It is a great outside classroom for our students."

Now they are looking to provide the same opportunity for next year's students and the one lucky landowner who wants to build a home. Lyons encourages any resident of one of the five towns served by the Shawsheen Valley Technical High School (Tewksbury,

Wilmington, Bedford, Billerica, and Burlington) to apply if they would like to have the Tech build a house "labor-free, in a timely manner."

"The more applications the better," Lyons said. "It is a wonderful opportunity for people who would like to give us an outdoor classroom."

While the school saves money on materials, the homeowner saves the cost of labor.

On Monday, February 25th there will be an informal meeting at the school to answer any questions applicants may have about the project or the application process. Applications must be turned in to the school by 3:00 p.m. on April 4, and the winner will be selected in April

by a lottery of all applications that meet the requirements.

In order to qualify for the lottery, an applicant must own the land where the house will be built, must agree to receive proper permits and put in a basement, and must agree to the size and design of the project. The owner pays a nominal fee for the project, \$9,000, which pays for scholarships for the students who build the house. They must also open a line of credit at a local lumberyard to pay for necessary building materials.

For more information or to obtain an application, please call the business office at 978-671-3605.



D.J. Bemis and Jake Castro of Tewksbury, both seniors at the Shawsheen Tech wrapped an elbow of heating duct with insulation for the house they are building in Wilmington.  
photo by Maureen Lamoureux -www.shootingstarspix.com

## The Solar option

FROM PAGE 1

can harness electricity or thermal energy," says Harrison, who began working with solar energy about 25 years ago.

Because homes need hot water everyday, heating it with electricity or other fuels gets expensive. According to the U.S. Department of Energy, approximately 14 percent of the total energy used in the United States is for water heating. In many climates, a solar heating system can provide 50 to 75 percent of domestic hot water use, by pre-heating and storing water with flat solar panels.

The Global Status Report issued last year from the Renewable Energy Policy Network found China the world leader in the deployment of solar hot water systems with 80 percent of the market. Israel is the per capita leader in the use of solar hot water with 90 percent of homes using this technology. That report indicated the United States has only about 1.7 percent of the world's solar hot water heating applications.

Solar panels can also heat homes through radiant floors. Water circulates through south-facing flat panels mounted on the home's roof. The water heats up before circulating to a well-insulated storage tank where it is distributed either to plumbing for hot water usage or to a radiant floor to heat the house. Typically homeowners use all the energy the solar system can provide before using a conventional heating system to supplement.

"The best thing to do is get the home heating system up to today's standards then, in order to cut down on energy usage, considering putting in a solar domestic water heating system," recommends Harrison, adding that most homeowners will save more energy dollars over the course of a year by upgrading conventional heating equipment than using solar as a supplemental source. "Many heating systems are too big or inefficient; it's like taking a dump truck to buy a loaf of bread."

For most homeowners, adding logic to the home heating system provides a sound conservation measure rather than bouncing between the high and low limits. Many homes have some type of computer control that coaxes the most performance out of an efficient boiler.

"If you have an efficient boiler but aren't running it smart, then you're really wasting fuel," says Harrison. "Good controls complement an energy efficient boiler to use less energy and gain the desired results to the house."

Installing a solar heating system should be considered an investment, with cost driven by quality of components, the number of people in the house, and the purpose of the system (e.g. heating hot water, heating a house, or heat a pool). Average ballpark cost can range from \$8,000 to \$10,000, with factors that may drive the price in either direction.

Evacuated tube collectors are a newer option of solar technology utilizing heat transfer to warm water flowing through panels. These collectors, which resemble six-foot long fluorescent bulbs, work well on cloudy or overcast days or on lower angles to the sun, good for northern states, and while more slightly efficient than traditional flat panels, they tend to cost much more. Harrison put one outside during a day ranging in temperature from high 30's to low 40's, positioning the cobalt blue fins inside the tube toward the sun. After a few minutes the tip of the tube, where the heat is deposited, was very hot. The tubes can achieve high temperatures from 170 to 350 degrees and are considered appropriate for cooling applications and industrial/commercial applications.

Solar power hot water heating applies well to swimming pool heating, especially in New England where such technology costs very little to operate and extends the swimming season. The installer puts black, plastic mats on the roof of the house, roughly 4' by 12', and then diverts the flow of the pool filter pump through to the mats on the roof. The system just transfers the heat off the roof and stores it in the pool.

"Heat is available all day on the roof of a house," says Harrison. "I've documented homeowners getting 80 degree pools in May right through September with no additional fuel consumption."

While the initial purchase is between \$6,000-\$8,000 for an appropriately sized system, it can last for twenty-five years or more. In fact, one of the most attractive elements of solar technology is the durabil-

ity.

"If treated well, there is no reason why copper panels shouldn't last fifty to seventy five years," says Harrison. "And that's conservative. I've seen twenty five year old panels that look new."

Solar technology, in the form of photovoltaic (PVs), creates power, approximately 0.04 percent of the world's total power, according to the International Energy Agency in a report issued in January of last year. More countries, particularly in Europe and Asia, are encouraging greater implementation of this technology. Today homeowners can purchase PV roof shingles that integrate directly into the structure of the house and use those shingles to generate electricity. The costs are getting lower, but the technology is still quite expensive. Harrison likens the technology to personal computers; that if the country put forth an effort toward mass production, economies of scale will drive down the price.

The newest energy Federal bill provides no tax credits for solar energy, after December 31, 2008, instead trading them for credits on bio-fuels, a product on which the government can levy a tax.

"My feeling is we shouldn't wait for the government," remarks Harrison, noting that the government taxes sales of electricity and gasoline. "It's naive to think that solar alone is going to get us out of this oil dependence. Its part of a solution combined with efficiencies, conservation and American entrepreneurial spirit."

Solar energy provides benefits other than just saving homeowners money. Solar energy reduces greenhouse gasses by not burning fossil fuels, or allows homeowners to burn less fuel to achieve the same level of service. For those that remain skeptical about climate change, Harrison reminds them that preserving today's environment for the next generation is an important goal that solar energy can help achieve.

"A major push toward solar technology would also create new jobs in an overdue industry and keep billions of petrodollars in this economy," concluded Harrison.

# Greener pastures for green fuel

FROM PAGE 1

reactor - a small reactor that produces about 6 liters of biodiesel - to make biodiesel from the waste vegetable oil produced in BSC kitchens. I produced the biodiesel by mixing appropriate amounts of methanol, which is in some anti-freezes, and potassium hydroxide, or Lye which is a drain cleaner, with the WVO [waste vegetable oil]. This chemical reaction is called transesterification."

Martell continued, "Since I have developed a working reactor, I will spend the rest of the semester improving it and in the summer, hopefully with another ATP grant, I will develop 'greener' chemical methods for biodiesel production and methods to characterize my biodiesel, and be approved for commercial use using this reactor. By 'green' I mean less waste production and safer chemicals to people and the environment."

All Massachusetts state agencies are required to use a minimum of 5% biodiesel in all diesel engines by Fiscal Year 2008. Martell feels that her project will help benefit her college in this endeavor.

"If I can develop this reactor, BSC can limit their vegetable oil waste, the cost of removing it, and the cost of purchasing biodiesel," said Martell.

"Her reactor design will produce about 6 liters (a bit more than 1.5 gallons) of biodiesel per run, and will make it easier to scale-up to a pilot-plant scale of 100 liters (26 gallons) or more," explained Dr. Brush via the BSC Office of Undergraduate Research website. "Her design is simple and uses readily available and sometimes recycled materials."

Both Martell and Dr. Brush anticipate making the design plans available to other college, university and high school students in hopes of encouraging and promoting interest in the development of bio-fuels.

"I think it would be amazing if

my reactor was actually able to be upscaled and BSC used my reactor to produce their own biodiesel," said Martell. "Before I began the project I really didn't have much interest in environmental issues. Now I am quite interested in green chemistry and sustainability. The extreme excess of waste in the world is a problem not many people really fully understand. Any contribution to this ultimate effort, including spreading awareness, is something I enjoy and feel strongly about."

Martell will be showcasing her project at the BSC Undergraduate Research Symposium on April 25, 2008.

The project has not been without its fair share of challenges.

"Everything that could have gone wrong did," said Martell. "Everything we tried didn't work the first time, things broke that were working fine, and problems that I didn't even think were possible became very big issues. It is very unlikely that I will develop a flawlessly functioning reactor along with completely green chemical methods before I graduate."

However, Martell remains hopeful for a future fueled by biodiesel.

"Biodiesel is widely researched around the world and I believe it's only a matter of time before novel methods are developed in response to the ever worsening situation with foreign oil."

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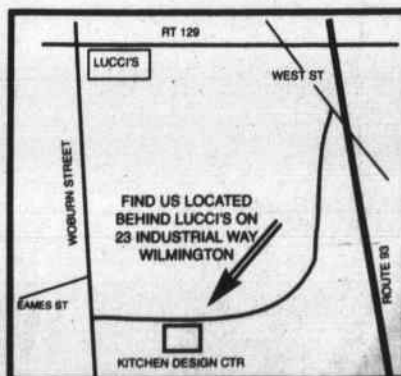
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Almeida leaves for new challenge

## Wildcats need a new football coach

FROM PAGE 1

He led the Wildcats to an 11-0 record during the 2004 season in which the team lost in the Division 2A playoffs to Hingham. That Wildcat team won the Cape Ann League title outright. The Wildcats also shared the Cape Ann title four other times under Almeida in 1999, '00, '06 and '07.

Almeida ranks second all-time in coaching victories behind the legendary Fred Bellissimo, who finished with 121. Almeida was named the Cape Ann League's Coach of the Year twice, the Town Crier's Coach of the Year twice, and was named a Coach of the Year for the Lowell Sun, Boston Globe and Boston Herald newspapers one time each.

On Tuesday morning Almeida was asked about the reasons why he is leaving his post at WHS. He said it has nothing to do with the recent scheduling conflicts within the Cape Ann League.

"(After meetings and interviews) I was offered the position on Thursday night and I took 24 hours to think it over," said Almeida. "I talked things over with my wife (Karen) and we made the decision to take this because we feel it's a good opportunity for me. This is a tremendous challenge. But when I accepted the position, it was very important to me to be able to talk to my coaches and my team and I was able to that on (Monday). That was a very hard, emotional day for me."

Malden Catholic competes in the Catholic Conference along with St. John's Prep, BC High, Xaverian and Catholic Memorial. Malden Catholic has not had a winning season in football for many years, and this past year the Lancers knocked off Xaverian for its first league win in a long time as well.

"The decision came down to a challenge," said Almeida. "It's a lot like when I came here to Wilmington. Malden Catholic finished 4-7 this past year and hadn't had a winning season in a long time, and Wilmington finished (4-6) the year before I came in. Malden Catholic is the worst team in the best league in the state, and to be able to line up against those kinds of teams (within the league) every week is something I'm very excited about. I want to be able to compete against those teams and build the program up. It just comes down to a challenge that I want to take on."

Malden Catholic has gone through three coaches over the last five years, including Joe Gaff who recently resigned to become the assistant athletic director. The school's athletic director, Chris Serino, the former Merrimack College men's hockey coach, joked that the other candidate for the job was Bill Belichick, who was removed after losing Sunday night's Super Bowl game. Serino said there are plenty of reasons why he feels very comfortable with Almeida as his new coach.

"I think for one (reason) is his credibility," said Serino. "Bob has been very successful and he's thought very highly in the football community. He brings instant credibility. For me, I wanted not only an established football coach, but one who will come in build a foundation and keep us there. I feel Bob is the best guy to get us there and keep us there."

Almeida runs a lot of Wing-T offense, a lot of smashmouth kind of offensive play, as well as various forms of defensive schemes and Serino said it really didn't come down to X's and O's.

"I really like Bob's preparation," said Serino. "He prepares really well. You know that Bob is not going to get outcoached. His teams come ready to play. He spends an enormous time on game preparation and that's

something that really impressed me. His success at Wilmington is amazing. Sometimes you look and say well we play in the best conference in the state and maybe a coach can be successful in one league but not another. One thing that I'm impressed with is the success his teams had with teams outside the Cape Ann League, especially the games with Tewksbury on Thanksgiving. To me, it doesn't matter on what level, this guy can coach."

Wilmington High School Athletic Director Ed Harrison, who was a football coach himself here at WHS, said he was surprised with the timing of the resignation but knew ultimately a move was coming.

"Last year Bob was looking at (becoming the athletic director and football coach) Watertown so I had an inkling that in the next few years if the right job came up he would become interested," said Harrison. "Obviously this must be what he thinks is the right job. He's been absolutely great for Wilmington High School and myself as an athletic director. I wish him all of the best. He's still going to be teaching here so he's still going to be around town. It's not like he's gone forever and we will never see him again. Sometimes it's in your make up you want a change, you want a new challenge, whatever it might be, Bob feels as this is the time to move on."

Harrison has a long history of Wildcat Football in his blood and immediately said Almeida deserves so much credit for the time he put in to the job and for his success.

"I thought he did a fabulous job - a great job," said Harrison. "As an athletic director, I have to look at other things. I mean the winning records, the league championships, all of that is the gravy. But in this position, I'm looking for the whole package - what he's doing with the kids. Is it something where we start in August and end in November? He does a lot for the kids before, during and after the season. If you're someone who is looking for help to get into colleges and stuff like that, Bob is right there for you. There are all kinds of things he does. He runs a tight ship, which is good for us here at the high school. Anytime there is a situation, during the season, during a practice Bob was right in here talking to me about it."

Almeida has said repeatedly over the years how much he loves Wilmington football, the student-athletes and the community. He will remain as a middle school physical education teacher, but will no longer be on the sidelines for any future WHS games, including the traditional Thanksgiving game with Tewksbury. Almeida became the first coach to lead the Wildcats to four straight wins over the Redmen.

"Like I told the kids, Wilmington football is like my second family," said Almeida. "And I'm going to miss all of it. I'm going to miss the first day of practice, seeing the kids from August 20th all the way to Thanksgiving Game or beyond. The thing about Wilmington kids is they play hard every game and they never take a game off. Opposing teams know that if they are coming to face Wilmington, they are in it for a fist-fight of 40 minutes. These Wilmington kids are big gamers, who work very hard against every opponent they face. I always looked forward to those challenges and ultimately meeting those challenges on a Friday night at Alumni Stadium. Those were magical times for me, and I don't know if that's going to be matched."

Almeida had a long list of people to thank between his coaching staff, his players, and many

of the school administration he has dealt with over the years. Former long time athletic director Jim Gillis was the first in line.

"I have to thank Jimmy for what he did for me on so many levels," said Almeida. "Not only did he give me the opportunity by hiring me for what has become the 12 greatest football years of my entire life, but he taught me how to run a program the right way, how to be consistent and how to get that execution you need to be successful. I felt like I was prepared and had a strong background when I got the job, but Jimmy came up with so many wonderful ideas with preparation, suggestions and demands, which really helped."

"I have to thank (Band Director) Barbara Mette for being so supportive. It was always a family with the football players, the band and the cheerleaders, especially when we sang the fight song after every game. It wasn't to demean the other team, it was for all of us to come together as a family and I think Barbara had a lot to do with bridging that gap. The band has done such a phenomenal job and I'm going to miss that tremendously."

"I have to thank all of the cheerleaders, and the coaches Sara Cosman who was here when I started and (current head coach) Nancy Sullivan. There's no question the cheerleading program has become one of the best in the entire state. The girls are out there in the rain and everything else, and they just add to that great atmosphere we had on those home Friday night games."

Almeida continued on his long list of people who gave him support, going from Town Employee Jack Cushing, to the administration with Harrison, to the school's principals pointing out Eric Tracy and Eddie Woods, as well as the three Superintendent of Schools, Geraldine O'Donnell, Bill McAdulff and Joanne Benton.

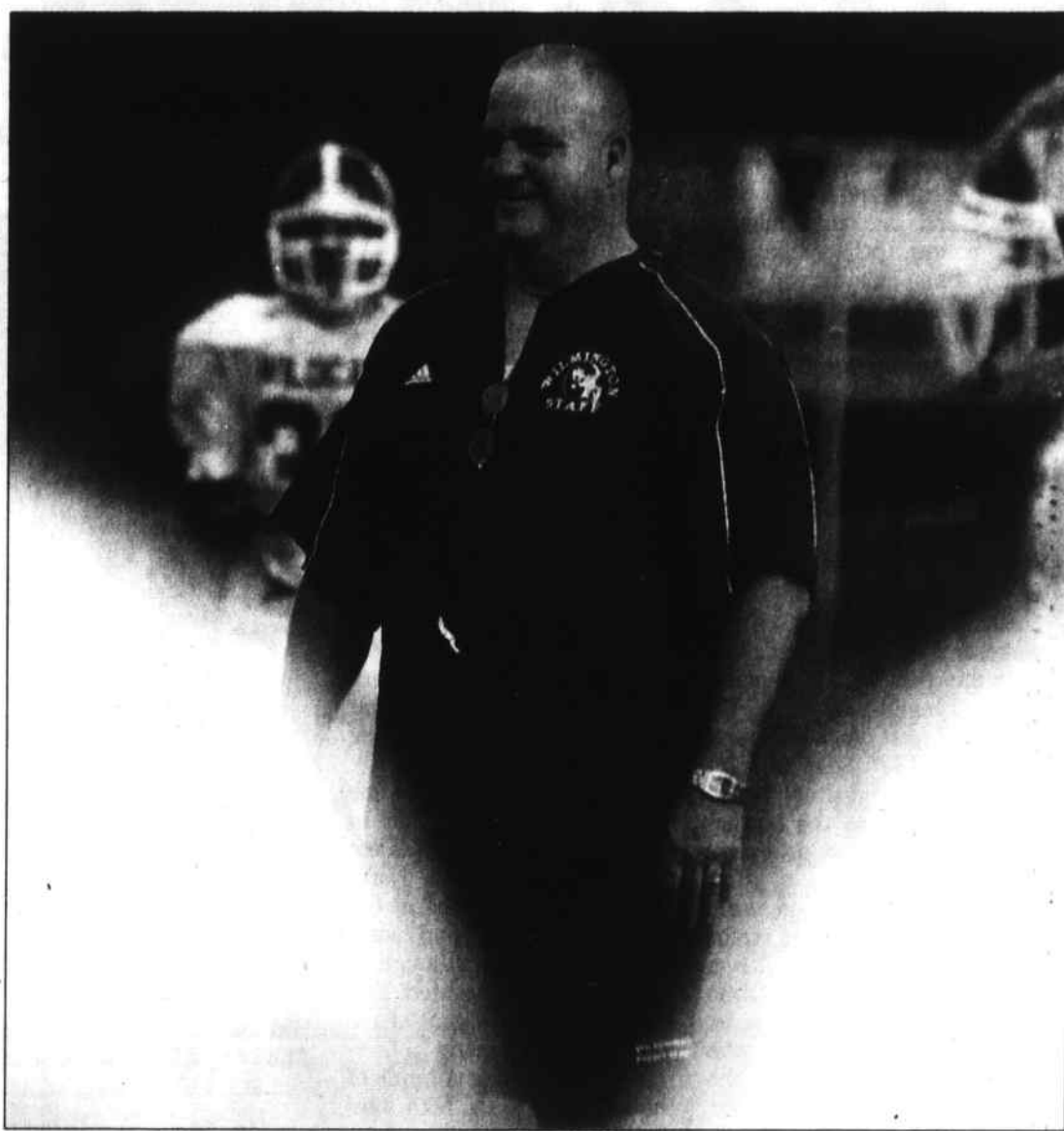
Benton for one said that she's going to miss the veteran coach.

"I have really, truly enjoyed my four years of dealing with Bob, and how he has lead the student-athletes to such a wonderful experience," said Benton. "He has done an incredible job as football coach. Bob will now spend his time having this project of going to a new team and that's one thing I truly admire about him is he's not complacent and he's a risk-taker. You see it in everything he does and I think that's one of his strengths and something I admire him for."

"He's going to be missed here and I think the past and present players owe him a great deal of gratitude. I think he's an outstanding coach who did so much behind the scenes. I'm glad we get to keep him as a middle school teacher, but I'm sad to see him go as football coach. I wish him nothing but the best."

Almeida also wanted to thank the parents - especially Patrice Ranno who helped start the Wildcat Touchdown Club, and Frank and Pam Downs for all of their support - and the community for making him feel so comfortable here in Wilmington. But most of all, Almeida wanted to thank every single kid who suited up for him during his 12 years.

"I've been blessed to have been able to coach so many kids and I hope I was able to give them a positive impact in their life just as they have given me a positive impact in mine," he said. "My phone hasn't stopped ringing from former players supporting me and wishing me luck. These former players have gone off to college and are kids who I remain very close with and who I consider



After 12 seasons including 103 victories, Wilmington High School Football coach Bob Almeida resigned on Monday, to take the same position at Malden Catholic High School. (file photo)

my life long friends. I want to thank all of them.

"Some of the greatest kids I dealt with are some who didn't see a lot of playing time on the field but they are the ones who kept this program going and why it remains successful. Just reading Louie Cimaglia's column (in the Town Crier) about his great experience just gives me goosebumps. I just hope every kid who came through the program had a good experience. Like I told the kids, when you're a Wildcat, you're a Wildcat for life."

Almeida reiterated that this choice had nothing to do with the current players, or the conflicts within the Cape Ann League where the small school teams have decided it would no longer play the large school teams in cross-over games.

"The community and the players have treated me with nothing but respect and I hope they feel that I gave them respect in return," said Almeida. "This (change) is very difficult. I

wanted to make sure the kids know that this decision had nothing to do with them. I told them that sometimes in life you have to make decisions and accept challenges. This is a challenge for me. It has my juices going and I think this is a decision best for me, and best for my family."

We're going to come up with a plan over the next few weeks. We don't want to wait. We're hoping to do something by March but we have no dates down and nothing has been set. I mean this only happened (on Monday) but we want to make sure we're doing the right thing.

I think all sports are the same. We post the position within the system, go the ten days, see what we get and go through the process. We always go in-house first and we have to go outside we will.

You have to wait and see who applies. Sometimes you get people who say they are going to apply and they don't, or they

say they don't want anything to do with it and on the last day they apply. I'll wait until we post it, I'll wait to see what we get and then we'll start up the process.

I would like to continue with what Bob has done over the last 12 years. I think Bob has a very good reputation around the league. Some people may not have a good appreciation for him, but he brings a team that is ready to play every single week. When you play Wilmington, you know you are for a game. The last few years playing the Mascos, North Andovers and Pentucketts, those games have all gone down to the wire and have been great games. I want to keep it that way and still be in the mix. I also want someone who does what's right with the kids. Bob did an outstanding job with that. You knew exactly where you stood with Bob.

### Search for new WHS Football Coach

## Harrison looking to name replacement soon

By JAMIE POTE  
Sports Editor

On Monday afternoon, Wilmington High School Football coach Bob Almeida resigned to take the same position at Malden Catholic High School. That leaves the school's athletic director Ed Harrison in charge of trying to find a replacement as soon as he can to make the transition that much easier.

Harrison said that he's had preliminary discussions with Superintendent of Schools Joanne Benton, and the high school principal Eric Tracy, of getting the process going for naming the next coach.

"We're going to come up with a plan over the next few weeks," said Harrison on Tuesday night. "We don't want to wait. We're hoping to do something by March but we have no dates down and nothing has been set. I mean this only happened (on Monday) but we want to make sure we're

doing the right thing."

Since becoming the athletic director, Harrison has recommended (since the principal has the final say) four other coaches including three current head coaches Carol Mutchler (field hockey), Jay Keane (girls basketball) and Steve Lynch (golf). Harrison said nothing change this time around, despite the opening being football.

"I think all sports are the same," said Harrison. "We post the position within the system, go the ten days, see what we get and go through the process. We always go in-house first and we have to go outside we will."

Both Mutchler and Keane had spent time coaching as assistant coaches or at the subvarsity level, so if Harrison follows that trend, certainly Mike Barry, who has been on Almeida's staff for all 12 years would seem like the logical replacement.

"The (school) administration has to go through a process and they will choose who they feel is the best candidate," said Almeida. "But I think they will quickly realize that they have a very strong candidate within the program with Mike Barry. I've worked with Mike for the past 12 years and he's truly one of the outstanding assistant coaches in the entire state. He's so knowledgeable, he's a great leader, he's a great motivator and the kids have the utmost respect for him. He holds the kids accountable which is also important. Mike's a teacher at the high school, and he's been a big part of the program's success over the last 12 years."

Over the years Barry has applied for other head coach positions but Almeida said that Barry never put his whole heart into those situations because Wilmington seemed to

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# Wildcats unbeaten streak extends to 12 games

By MIKE IPPOLITO  
Sports Correspondent

The Wilmington High boys' hockey team continued their remarkable run on Saturday afternoon with an impressive 3-2 win over a scrappy North Reading team that came to the Ristuccia Arena determined to give their best effort to derail the Wildcats unbeaten streak, but came up just short as the locals stretched their unbeaten streak to 12 games and improved to 12-1-1 overall and 10-1-1 in the CAL.

Senior Nick Robarge scored what proved to be the game winning goal at 4:56 of the third period on an unassisted tally which made the score 3-1. The Hornets fought back to within a goal with just over eight minutes remaining and had several chances in the final minute after pulling their goalie, but senior goalie Mike Cabral, who made 33 saves on the day was equal to the task and the Wildcats improved to 11-0-1 during their unbeaten streak.

With the loss North Reading dropped to 7-7-1 on the season and 7-4-1 in the CAL, but Wilmington coach Steve Scanlon knows that the Hornets are better than their 500 record would indicate, or at least they certainly played like it in this contest.

"At this point we are running into everyone's best game. We are the biggest game on everyone's schedule," Scanlon said. "And North Reading needs points to get into the tournament right now so we got everything from them."

The Wildcats took an early lead in this one when senior Eric Siegel connected for a power play goal just 4:27 into the contest with a nice assist from Michael Enwright, who assisted on each of the Wildcats first two goals. Standing behind the Hornet net, Enwright set up Siegel beautifully in front and Siegel made no mistake, giving the Wildcats a quick 1-0 lead.

The Wildcats controlled play for much of the first period, although North Reading began to steal some of the momentum later in the opening frame, and the teams went to the locker rooms with Wilmington holding

a 1-0 lead.

The momentum the Hornets had begun to gain late in the first period only continued into the second where they completely dominated play, putting 16 shots on net, but only beating Cabral on time. North Reading captain Tim McAuliffe tied the score at 1-1 at the 4:59 mark of the period, beating Cabral high to his glove side after a greet set up in front.

Although the Hornets would have several more chances in the period, including a couple of great chances midway through the frame they could not break through against Cabral.

"They really peppered us in the second period," Scanlon said. "But Mike did a great job. He has had a great year and I think he is probably the best goalie in the league."

Wilmington captain Ernie Mello would reward Cabral with his fine efforts late in the period, putting a rebound of an Enwright shot into an open net at the 12:20 mark of the period for a 2-0 advantage.

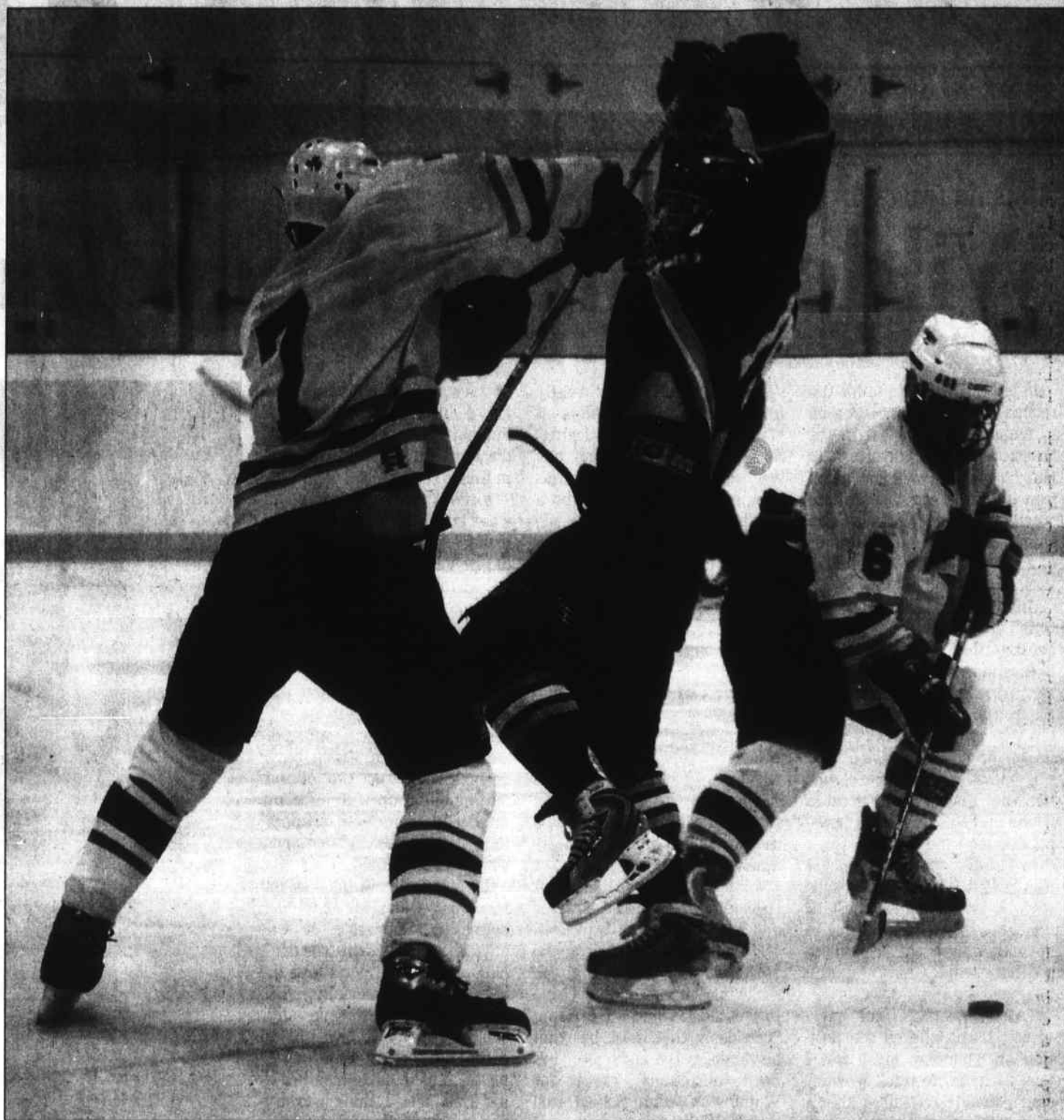
Mello had several opportunities earlier in the period, but he had been stoned by the North Reading goalie, but he kept at it, and was finally rewarded with his key goal.

"That's what it is with him," Scanlon said. "He is consistent and he doesn't let the frustration eat him up. That is why he scores big goals for us."

Both teams had some fine scoring opportunities early in the final frame, but it was not until Robarge beat the North Reading goalie top shelf at 4:59 that the Wildcats had some breathing room, although it was quickly negated by McAuliffe's second goal of the game at the 6:59 mark.

From there it was a battle of the goaltenders and both were equal to the task, but none more so than Cabral in the final minute with the Hornets having six attackers coming at him.

Scanlon took a timeout with 40 seconds left to settle his team down a little, and although North Reading had a couple more opportunities, the Wildcats were able to hold on for the victory and remain the hottest team in the CAL as the



Wilmington High defenseman Max Wilkins gets a body check on an opposing player while Jon Kincaid helps out during a recent Cape Ann League boys hockey game. (JoeBrownphotos.com)

regular season continues to wind down.

Last Wednesday night, Wilmington edged Newburyport, 4-3, in another solid hockey game. Wilmington took a 2-1 lead after the first period behind goals from Nick Robarge and Andrew Goosens, who also assisted each other's goals.

Eric Siegel gave Wilmington a

3-1 lead with a short handed tally just two minutes into the second period, only to see the Clippers score the next two goals to tie the game up at 3-3 after two periods.

Just under six minutes into the third period, Siegel and Michael Enwright set up Ernie Mello, who scored the game winning goal.

Wilmington faced a very good

North Andover team on Wednesday night with results not known as of presstime. On Saturday night, the Wildcats take on Triton Regional on the road at the Graf Arena in Newburyport.

Wilmington currently is on top of the Cape Ann League standings with a 10-1-1 league record, with Lynnfield right behind at 9-2-2. The Wildcats

have league games left with North Andover, Triton, Pentucket and North Reading, while, Lynnfield has to face Pentucket, Masconomet and North Reading. If Lynnfield wins its remaining three games, Wilmington will need six points from those four league games in order to become Cape Ann League champions.

## Girls Hockey team still fighting until the end

By MIKE IPPOLITO  
Sports Correspondent

The Wilmington High girls' hockey team suffered a tough 6-1 loss to Andover on Saturday afternoon at Ristuccia Arena, but you won't find Wildcats coach Joe McMahon or his young group of players lamenting the loss. Rather, they are looking forward to their next opportunity to improve, not only this season, but for seasons in the future as well.

The loss dropped the Wildcats to 2-10-3 on the season, and McMahon will be looking for his team to take the lessons learned from this loss into those next five games and try to pick up some victories.

The Wildcats began the game without the services of starting goalie Amelia Woodbury, and they paid the price, as they trailed 4-0 after the opening frame. Woodbury was not supposed to be able to attend the game due to a prior commit-

ment, but even when McMahon found out that she would be able to play, he elected to give the first period to backup Taylor Manning who had been working hard all week in preparation of her first varsity start.

"Taylor did well. She has never been a goalie before except in soccer, so I thought she did very well," McMahon said. "The girls were all happy that Taylor got some playing time and were cheering her on."

The team and McMahon were actually pretty pleased with their overall performance in the game. After facing that 4-0 deficit after one period, the Wildcats played well for the remainder of the game and played Andover fairly evenly.

"The last time we played Andover they had 56 shots and we only had six, so I do not think we played badly at all," McMahon said. "The players were happy with the way we played. They have a great atti-

tude."

The Wildcats scored their lone goal of the game late in the third period when junior Kristin Loosier a junior from North Reading scored on a nice set up from Kayla Howard.

While McMahon would love for his Wildcats to win as many games as possible in the remaining five this season, he is already looking forward to see how much his team can improve next year. "We are only losing two play-

ers and I think we will keep getting better," McMahon said. "I can honestly say that this group has never given up. They just need to get some more experience and come into next season in better shape. I am not discouraged at all. The players this year gained a lot of experience and there is a lot of work to do in the off season."

Wilmington returns home on Saturday afternoon to face Westford Academy beginning at 4:40 pm.

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# Boys hoop team wins three and need two more

By JAMIE POTE  
Sports Editor

The Wilmington High School boys' basketball team knocked off three more opponents this past week, pushing the team's overall record to 14-2 overall and 10-1 in the Cape Ann League. The six-time league champions, now need to defeat both Masconomet on Friday on the road and North Andover at home on Tuesday night, and they will be crowned co-champions with North Andover, having a part of seven consecutive league titles.

"All we wanted to do was to be in a position for the title," said McCune. "Right now all that's important to us is winning. We don't care by how many points or how we win, we're not going to look under the microscope too carefully. We just want to win. And I know the kids are going to come out and play great on Friday."

Friday is the first of two rematches with Masconomet, followed by North Andover at home on Tuesday night. All

three teams are currently 10-1 in the Cape Ann League, but Wilmington defeated both teams earlier this season in non-league games. Wilmington opened the season up with a home win over Masco (59-49) and a road win against North Andover (57-56).

"This title is right in our hands," said McCune. "There are no excuses. We beat both of the teams already this season, and after playing them this (upcoming) week, we're going to know who the best team in the league is."

On Tuesday night, Wilmington defeated a very pesky Georgetown team, 73-56, on the road in a game filled with fouls and turnovers.

"It was a good win," said McCune. "We could have won by a point and I wouldn't care. This was a game that has worried me for quite some time. But we did what we had to do. We did turn the ball over and we did play sloppy at times, but all that matter to us is that we won. I'm very proud of the

team because they are playing so hard."

Despite sitting out Monday's practice with a sore back, senior captain Zack Fahey played a lot on Tuesday and ended up leading the team with 21 points.

"I wasn't sure if he was healthy enough to play, and he came out and played great and just being able to play for us speaks volumes with me," said McCune.

Craig Melillo added 18 points and Matt Bibeau had 16, as the three combined for 55 of the team's points. As important as those three were, so were the other two starters, Mike Manganelli and Evan Borseti.

"Mike scored eight points but he also held (Georgetown's point guard Jamie) Spears to just 13 points and Mike really did a great job on him," said McCune. "Mike covered Spears for 80 percent of the game and Steve Stewart also helped out covering him. And Evan Borseti has been tremendous. He's really had a great year for

us. He brings so much toughness, and tonight he had six points and nine rebounds. He played great for us tonight."

On Friday night, Wilmington crushed Rockport, 89-36 at home. Melillo (17), Fahey (16) and Bibeau (13) all were in double figures combining for 46 points.

On Thursday night, Wilmington defeated Tewksbury, 67-57, at home. Matt Bibeau had a monster game with 25 points and 9 rebounds.

"Well the good news is that Matt Bibeau is back," said McCune. "That was one of the things we talked about last night in practice was we had to get him going, we had to get him more involved and we had to start to play better defense. The good thing is Matt kept it simple. He finished with what 25 points tonight, well when you're talking in the 20s that's a really good night. He was really struggling, but the thing I loved about Matt tonight was he kept rebounding, and he

kept doing those things (that he did for us last year).

"Overall for our team, the fact that he got 25 points tonight is huge. We need that to compete and get to where we want to be. I have very high aspirations for ourselves."

Wilmington built leads of 16-12 after the first quarter and 36-26 at halftime, before making it 60-41 after the third. But Tewksbury connected for several treys earlier in the fourth to make it interesting cutting the deficit to nine at 64-66 with 3:13 to go. But Fahey connected on a free throw and Bibeau went strong to the basket as the shot clock expired, to put the game away.

"Overall I thought the ball movement was great," said McCune. "In the end I would have liked to see us play a little bit better and run our stuff. We got caught holding the ball and we stopped running our stuff. I would have liked to see us run our offense, but in that last possession going to Matt I thought we did a real nice job."

Manganelli again played very well defensively, holding Tewksbury's top scorer Mike Ferriero to just eight points.

"I thought Mike (Manganelli) did a fantastic job on (Mike) Ferriero because that kid is a good player. Manganelli did an outstanding job and I don't think Ferriero had a three-pointer, and that kid can shoot. That kid can shoot."

"I'm pleased tonight. Whenever you play them you know it's going to be a good game. If you notice they can score, and they have been scoring 60 and 70 points a game, regardless what their record says. They can shoot the three-pointer and things got a little scary for a little while. But the other thing that's hurting us is we have to start shooting free throws better. We struggled tonight and if we made some, we probably could have won by 20 points. Besides that we had a lot of positives tonight, a lot of positives."

## Stukey sinks game winning free throw with eight seconds left

By JAMIE POTE  
Sports Editor

She has been to the free throw line thousand upon thousand times before. Jessica Stukey had been a three-time state champion free throw winner as a child, so going to the line in a 1-and-1 situation, down by a point with eight seconds to go Tuesday night in front of the home crowd was a piece of cake for her.

"I was nervous and I just took my time," said the sophomore point guard. "When I hit the first one, I figured that if I missed the second one we would go into overtime. But there was eight seconds left so I was worried that they still had a chance."

Stukey nailed both free throws of the 1-and-1 situation and the Wildcats played strong defense

in the final eight seconds to hold off Georgetown in a thrilling, 47-46 victory played at the Cushing Memorial Gymnasium.

"This is really a big win because we have a lot of girls who are injured, so it was good to see so many people step up," said Stukey.

Head coach Jay Keane is without four players who are injured, including three starters, co-captains Stephanie Sauve and Alyssa Brown, as well as sophomore Amy Fahey. Freshman Katherine Aoki has also been out with an injury. Having three starters out, meant other players had to step up and Keane has seen a long list of players do just that. Stukey, who had 20 points on Friday night, scored all seven of her points in the second half on Tuesday. Senior Lauren

Hitchins was solid and scored 12 big points, despite fouling out with 1:17 to go.

Junior Stephanie Woods had three points and eight rebounds and played very well, while, senior Natalie Melkonian came off the bench with five minutes to score and scored three huge baskets, all keys to the team's 12th win in 17 tries.

"You know we have different girls stepping up at different points of the game," said Keane. "This is a good win because Georgetown's a good team. Every year you always see they go pretty far in the Division 4 North tournament. They work hard and I knew they weren't going to go away. We started out running the ball really well but then we started to wear down. We tried to sub some girls in and out and then we just started to lose our flow.

In the second half we came out and mixed up our defense a little bit, and we hung on for a good, tough win."

The team's starting line-up combined to score 32 points, including 7 points and 4 rebounds from Kristen Browne. Browne, Woods, Stukey and Hitchins combined for 27 rebounds. But players off the bench including Melkonian, Allie Robbins and Lauren Nasiff combined to score 14 points, a huge lift for the team.

"Stephanie Woods has been playing a lot of minutes for us lately and she's doing a real nice job rebounding for us," said Keane. "And Natalie got an opportunity to play and she took advantage of that and played well. If you look down the bench, she's a senior who has some experience and she stepped up when we needed her

too and that was great to see. It's nice to see different girls step up because we're still a little dinged up."

Wilmington had the lead throughout the entire game until Georgetown went on an 8-1 run to go up four points with 5:15 to go. Melkonian scored back-to-back field goals, the first on a steal and lay-up, and the second on a nice dish from Kristen Browne. Hitchins and Browne scored the next two buckets sandwiched between a Georgetown score to tie the game up at 43 with two minutes to go. Stukey fed Melkonian with an impressive pass and she went up strong giving the 'Cats a two-point lead with 90 seconds remaining. Georgetown followed hitting one of two free throws and then a put back to take a 46-45 lead with 31 seconds left. Wilmington missed

two free throws with 10 seconds left, but Stuki was pushed attempting to grab the rebound putting her at the line for the game winning 1-and-1 situation.

On Friday night, Stuki scored a game, season and career high 20 points as the Wildcats dumped Rockport, 60-35. Kristen Browne, Jill Fudge and Nasiff combined to score 18 points, as Wilmington outscored Rockport 30-13 in the second half.

Wilmington has a tough road ahead facing a very good Masconomet team at home on Friday night, before traveling to North Andover on Tuesday. Wilmington will conclude its regular season on February 19th with a non-league game against Salem.



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## Harrison looking to name replacement soon

FROM PAGE SP1W

suit him best. The two friends first met when Almeida got the job here in 1996. Barry also applied and then athletic director Jim Gillis urged Almeida to contact Barry and add him to his staff.

"I've had a great relationship with Mike," said Almeida. "He's one of those guys who you will battle in the coaches room, but when it came down to making decisions, I always considered his thoughts. He was never a 'yes' man and although he may not have completely agreed with me, he would be 100 percent behind me and that's the perfect assistant coach to have. He has been very supportive and we have had a great working relationship and have built a very strong friendship as well."

Barry had a strong background of coaching football before coming to WHS, including two stints in the college ranks, including Dartmouth College, a stint as a film coordinator overseas in the World League, as well as one year as an assistant at Masconomet Regional.

Harrison said absolutely no names have been discussed or even thought of yet.

"You have to wait and see who applies," said Harrison. "Sometimes you get people who say they are going to apply and they don't, or they say they don't want anything to do with it and on the last day they apply. I'll wait until we post it, I'll wait to see what we get and then we'll start up the process."

And what is Harrison looking for in the next coach?

"I would like to continue with what Bob has done over the last 12 years," said Harrison. "I

think Bob has a very good reputation around the league. Some people may not have a good appreciation for him, but he brings a team that is ready to play every single week. When you play Wilmington, you know you are for a game. The last few years playing the Mascos, North Andovers and Pentuckets, those games have all gone down to the wire and have been great games. I want to keep it that way and still be in the mix (for the league title every year). I also want someone who does what's right with the kids. Bob did an outstanding job with that. You knew exactly where you stood with Bob."

Almeida said it's too early to know if none, some or all of his staff members here will be joining him at his new school. His staff (some volunteer) at WHS included Barry, Carl Stauffer, Tim Jones and Scott Almeida who have been along his side for all 12 years, while, Steve O'Neil, Rich DeLucia, Joe Cavanaugh, Phil Minghella and Bobby French are all former players at one time or another who all have various roles with the staff.

The new coach will become at least the program's ninth following Johnny Grinnell (1935), Harold Driscoll ('35 to '46), Anthony DeToso, Fred Bellissimo ('56 to '78), John Ritchie ('78 to '82), Harrison ('83 to '92), Gerry Sullivan ('92 to '95) and Almeida ('96 to 2007).

Besides Barry, other in house candidates could include O'Neil and French, the latter who played at Northeastern University, while, Gerry Sullivan's name could reappear.



Mike Barry could replace Almeida as football coach.

Sullivan spent three years as the head coach taking over after Harrison following the 1992 season. After leaving WHS, Sullivan went on to be the head coach at Merrimack College and also spent time as an assistant coach at Nichols College. His wife, Nancy is the head football cheerleading coach.

As for candidates outside Wilmington, there are certainly a handful of qualified candidates including former Lowell coach Scott Boyle, assistant coaches Paul Lyman (Bishop Fenwick), Chris Perry (Pentucket) and Tom Ryan (Tewksbury), who should certainly be considered or contacted. Lyman and Perry are both defensive co-ordinators for their respective teams, and Lyman is a WHS Hall of Fame Coach who guided the Wildcats to back-to-back state titles in 1993 and 1994.

## WHS Wrestling

# Sughrue and Joyce take second at CALs

By JAMIE POTE  
Sports Editor

The Wilmington High School wrestling team recently completed its regular season, which included a victory over Tyngsboro and on Saturday, the Wildcats hosted the Cape Ann League Championship and Wilmington finished in eighth place, including sending two wrestlers to the finals.

North Andover won the meet for the seventh straight year and 10th time in the past 11 years as the Scarlet Knights compiled 205 points, which included crowning four champions. Masconomet (170), Lynnfield/North Reading (138), Hamilton-Wenham (122.50), Triton (112), Beverly (1-5), Pentucket (103), Wilmington (98.5), Marblehead (53), Salem (39.50), Georgetown (37) and Winthrop (15.50) rounded out the 12-team tournament place finishers, respectively.

Senior captain Kenny Joyce lost a triple-overtime thriller to

Andrew Bogosian of North Andover, 3-2, in the 215-pound weight division, while, junior Steve Sughrue was defeated by North Andover's Jimmy Connelly at the 125-pound class. Connelly won his third straight Cape Ann League title and was named the league's Wrestler of the Year.

Besides Joyce and Sughrue, two other Wildcat grapplers advanced far as both John Tranfaglia (145) and Mike Denufrio (160) won the consolation final, both taking home third places. This was Denufrio's first varsity medal.

Rounding out the place finishers include Bill Liston (189) and Matt Sullivan (275), who both won their first varsity medals with fourth places.

Also of note, Sughrue became just the sixth wrestler in Wildcat history to crack the 100-win plateau, doing so in last week's dual meet.

"It's truly an incredible accomplishment," said head

coach Mike Pimental. "He's on route to have the most wins (ever in the program)."

Derek Hanley was the first person to reach the 100-win plateau and he finished with a record of 155-33. Michael Sorrentino (132-55), Evan Walsh (132-55), Roman Walsh (117-26) and Michael St. Aubin (100-20), are the other four wrestlers to win 100 matches in their careers.

Last Wednesday night, the Wildcats defeated Tyngsboro, 45-30. Posting wins for the Wildcats include Tyler Strem (103), Sean Adams (112), Mitul Patel (119), Steve Sughrue (125), John Tranfaglia (152), Mike Denufrio (160), Bill Liston (189) and Matt Sullivan (275).

The Wildcats are back in action this Saturday with the Division 3 North sectional tournament.

## McDonald takes first in Orlando

The Junior Olympic Team Levels 5-10 flew to Orlando to compete in the Sand Dollar Meet hosted by Orlando Metro Gym on the weekend of January 25th. Kaitlyn McDonald, level 5 gymnast from Wilmington, placed first

all around with a score of 35.350. She placed first on both balance beam (9.325) and uneven bars (8.525), third on floor (9.2), and fourth on vault.

On the weekend of January 25th the Junior Olympic Team Levels 5-10 escaped the cold

and flew to Orlando to compete in the Sand Dollar Meet hosted by Orlando Metro Gym. Kaitlyn placed fifth all around, fourth on floor, and seventh on beam.

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WHS Boys Track team takes third

## DiNuccio and Clarkin take Cape Ann League titles

By MIKE IPPOLITO  
Sports Correspondent

The Wilmington High boys indoor track team turned in a very good performance in the Cape Ann League Meet at the Reggie Lewis Center on Tuesday night, finishing third overall as a team with 53 points. The Wildcats also had champions in two events and had several athletes place in the top six and post personal bests in their events.

"I thought the kids did a good job," Wilmington coach Bob Cripps said. I put some kids in places they had never been before and some of them did very well.

Winners for the Wildcats were junior Jimmy DiNuccio in the 600 meters in a personal best time of 1:28.1, as well as senior captain Nate Clarkin in the shot put with a throw of 48.

Along with their victories the Wildcats also got several other strong performances, starting with Vinny Papageorgiou continuing his strong

of the season with a finish in the 600 in a time of 1:32.01. Wilmington also took second and third place in the 1,000 meters behind sophomore Caleb Rogers in a time of 2:43.1 and junior Bobby Folk in a personal best time of 2:44.01.

Senior Nick Farnsworth finished fifth overall in the shot

put with a throw of 43-3, while sophomore Kevin Flaherty flew around the track in a personal best time in the mile of 4:46, which was good enough to qualify for a fifth place finish and a spot in the state class meet on February 16.

Senior Nick Figueirido finished third in the 55 meter dash in a personal best time of 6.81.

The Wildcats also got strong performances in a couple of the relay events with the team of freshman Marc Shilbilia, senior captain Nick Jannone, senior Kyle Lunt and Figueirido finishing fifth in the 4 x 200 in a time of 1:40.55, and the team of Folk, DiNuccio, Rogers and senior Tom Barry taking third in the 4 x 400 in a time 3:38.00.

Hamilton-Wenham won the meet with 69 points, while Ipswich took second with 56 points.

"I was pleased with how well we did, but I also thought it could have been a little better," Cripps said. "Unfortunately

we were not able to score any points."

### State Coaches Invitational

The Wildcats also had some great efforts in the State Coaches Invitational last Saturday with Caleb Rogers finishing in sixth place in a per-

sonal best time 2:42.08, while Nick Figueirido finished 14th in the 50 meters in what was a time a personal best of 6.82. He of course bettered that on Tuesday in the CAL meet.

"They both did very well," Cripps said. "Rogers was seeded 38th and ended up sixth and Figueirido was seeded 41st and moved up to 14th."

### MSTCA Elite Meet

Nate Clarkin participated in the prestigious MSTCA Elite Meet on Sunday at the Reggie Lewis Center and held his own very well against the best competition in the state, with a sixth place finish in the shot put with a throw of 48-11.

### Cripps honored

For the second time in three seasons, Wildcats coach Bob Cripps was voted by his fellow coaches as the Cape Ann League Coach of the Year. Cripps led the Wildcats to an 8-

although both teams finished with the same 8-1 record overall.

"It was nice to be recognized by the other coaches," Cripps said. "I was very happy with the award."



Wilmington's Kayla Hanson finished in third place in the 55-meter hurdles during Tuesday night's Cape Ann League Track-And-Field Meet held at the Reggie Lewis Center in Roxbury. (JoeBrownphotos.com)

### WHS Girls Track at CAL Meet

## Baima and 4x200 relay team finish in second

By JAMIE POTE  
Sports Editor

The Wilmington High School girls' track-and-field team finished in seventh place during Tuesday night's Cape Ann League Championship Meet held at the Reggie Lewis Center in Roxbury.

Hamilton-Wenham (53), Pentucket (51.5), Masconomet (51), Ipswich (44), Newburyport (36.5), Wilmington (32), Triton (30), North Andover (17) and Amesbury (1).

Wilmington had a number of place finishers and all-around good performances. Senior cap-

tain Stephanie Baima finished second in the high jump clearing 4-feet, 11 inches. The other second place finish came from the 4x200 relay team, consisting of Lizz Chin, Kayla Hanson, Carmen Palumbo and Brittney McLaughlin, who came in at 1:50.1, which was good enough to finish in the

Chin finished with a third place in their respective events. Hanson finished with a personal best time of 9.46 seconds in the 55-meter hurdles. And Chinn also had a personal best time of 7.61 seconds in the 55-meter dash, coming just three days after taking fourth place in the same event during the

### State Coaches Meet

A fourth place finish came from the 4x800 relay team consisting of Colleen Kennedy, Natalie Russo, Ali Lyman and Kristi Adley, who came in at 10:51.

Palumbo rounded out the finishes with a sixth in the hurdles while Kennedy missed out in the mile, taking 11 seconds off her previous time with a seventh place finish coming in at 5:38.

Wilmington is off until Saturday, February 16th when the Wildcats will compete in the State Class C Meet back at the RLC.

## Public skating night, February 20

Wilmington Youth Hockey will host public skate night on Wednesday, February 20th.

Come down to Ristuccia Arena on February 20th for a fun night of skating. The music and skating starts at 7:20 pm

and ends at 9:10pm.

Admission is \$5.00 and includes a chance to win one of several door prizes.

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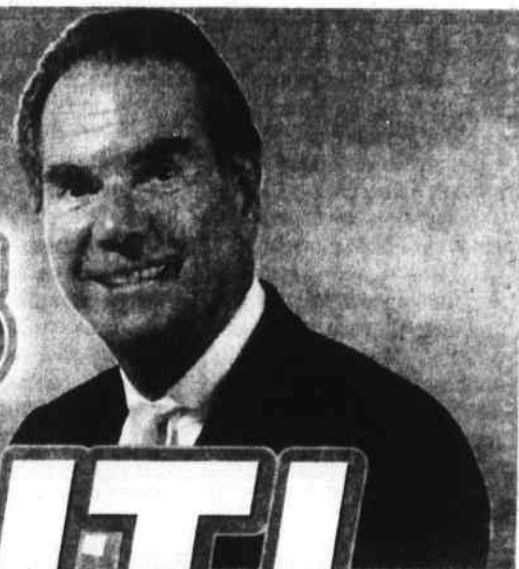
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2001 Kia Optima SE V6 Sedan H800732A, Wine, 47K miles	\$6,990
2003 Mazda Protege Speed H80650, Orange, 43K miles	\$12,490
2002 Mercedes SLK 320 Roadster H80643, Silver, 41K miles	\$18,880
2007 Mercedes C230 Sport Sedan H70529, Barolo, 8K miles 1 owner	\$26,485
2002 Mercury Gran Marquis H80798, Fern, 40K miles, 1 owner	\$8,990
2005 Nissan Altima S H80808, Silver, 39K miles	\$14,980
2005 Nissan Altima SE 3.5 HP26441, Gray, 41K miles	\$16,980
2004 Porsche Boxster Convertible HP2670, Burgundy, 17K miles	\$27,960
2006 Scion XA H80964, Gray 22K miles	\$11,890
2002 Toyota Sienna Symphony H80080, Sand, 64K miles	\$10,915
2006 Toyota Tundra DblCab Mtrg Ed. H80602, Silver, 9K miles, 1 Owner	\$23,915

### 2005 Honda Civic VP Coupe



H80951,  
Silver  
17K miles

\$14,640

### 2008 Honda Accord EXL Coupe



H80625,  
Blue  
885 miles

\$26,915

### 2008 Honda Civic Hybrid



H81187,  
Mag Pearl  
2K miles

\$20,885

### 2005 Honda Pilot EX



HP2687  
Silver  
30K miles

\$22,490

### PRE-OWNED VEHICLES

2007 VW Rabbit Hatch H81123, White, 7K miles	\$17,980
2006 Civic EX Coupe H80547, White, 36K miles	\$16,875
2003 Civic LX Sedan HP2684, Black, 46K miles	\$11,890
2004 Civic EX Sedan H80728, Red, 40K miles	\$14,980
2005 Civic VP Sedan HP2692, Silver, 38K miles	\$13,585
2001 Accord EX Sedan H812511, Silver, 68K miles	\$10,990
2005 Accord LX Sedan H80479, Blue, 37K miles	\$15,935
2005 Accord LX Sedan H81106, Blue, 30K miles	\$16,490
2005 Accord EX Sedan H80169, Blue, 40K miles, 1 owner	\$17,980
2007 Accord LX Sedan H80854, Silver, 23K miles, 1 owner	\$18,490
2005 Element EX 4WD H81286, Blue, 45K miles	\$17,490
2005 Odyssey Touring H80924, Silver, 43K miles, 1 owner	\$24,990
2002 CRV EX 4WD H811811, Blue, 60K miles, 1 owner	\$15,950
2004 CRV EX 4WD H81373, Red, 75K miles	\$15,985
2007 Element EX 4WD H80040, Blue, 35K miles, 1 owner	\$18,915
2006 Ridgeline RTL HP26641, Silver, 32K miles	\$23,835
2006 Ridgeline RTL H81160, Blue, 49K miles	\$21,960
2004 Pilot EX HP2668, Silver, 44K miles	\$19,690
2005 Pilot EXL HP2669, Sage, 34K miles	\$23,865
2005 Pilot EXL H81287, Silver, 46K miles	\$22,435
2006 Pilot EXL DVD H80393, Sage, 36K miles	\$26,815

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## LEGAL NOTICE

LEGAL NOTICE  
MORTGAGEE'S SALE  
OF REAL ESTATE

By virtue of and in execution of the Power of Sale contained in a certain mortgage given by Michelle M. Fox and Neal Fox to New Century Mortgage Corporation, dated April 1, 2005 and recorded with the Middlesex County (Northern District) Registry of Deeds in Book 18584, Page 83 of which mortgage HSBC Bank USA, National Association on behalf of the Trust Fund and for the Benefit of Ace Securities Corp. Home Equity Loan Trust, Series 2005-HE4 Asset Backed Pass-Through Certificates, is the present holder by assignment, for breach of conditions of said mortgage and for the purpose of foreclosing the same, the mortgaged premises located at 1901 Pouliot Place, Wilmington, MA will be sold at a Public Auction at 11:00 A.M. on March 17, 2008, at the mortgaged premises, more particularly described below, all and singular the premises described in said mortgage, to wit:

The land with the buildings thereon shown as Lot 68 as shown on a subdivision plan entitled "Subdivision Plan of Land, Shawheen Estates, Wilmington, Massachusetts", Scale 1" = 40', dated December 20, 1993, Engineers: Dana F. Perkins, Inc., Civil Engineers and Surveyors, prepared for Shawheen River Assoc., which plan is recorded in Middlesex North District Registry of Deeds in Plan Book

184, Page 12. Subject to and with the benefit of the right to use the streets and ways as shown on said plan for all purposes for which streets and ways are commonly used in the Town of Wilmington in common with others entitled thereto. Subject to Access and Utility Easement as shown on said plan. Further together with the benefit of a sewer service easement as shown on said plan. Subject to Shawheen River Estates Associates reservation of an easement of access right in the granted premises for itself, its successors, and assigns for the benefit of Lot 69 to allow for the repair, maintenance, or replacement of all conduits, chutes, ducts, plumbing, wiring, flues, or other facilities for the furnishing of utility services to Lot 69 and contained in the granted premises. Subject to and with the benefit of an easement of access upon Lot 69 to allow for the repair, maintenance or replacement of all conduits, chutes, ducts, plumbing, wiring, flues, or other facilities for the furnishing of utility services to the granted premises and contained in Lot 69. Subject to a Declaration of Protection Covenants in recorded in MNRD 5550, Page 41

For mortgagor's title see deed recorded with the Middlesex County (Northern District) Registry of Deeds in Book 09999, Page 033

The premises will be sold subject to any and all unpaid taxes and other municipal assessments and liens, and subject to prior liens or other enforceable encumbrances of record entitled to

precedence over this mortgage, and subject to and with the benefit of all easements, restrictions, reservations and conditions of record and subject to all tenancies and/or rights of parties in possession.

Terms of the Sale: Cash, cashier's, or certified check in the sum of \$5,000.00 as a deposit must be shown at the time and place of the sale in order to qualify as a bidder (the mortgage holder and its designee(s) are exempt from this requirement); high bidder to sign written Memorandum of Sale upon acceptance of bid; balance of purchase price payable in cash or current funds in thirty (30) days from the date of the sale at the offices of mortgagee's attorney, Korde & Associates, P.C., 321 Billerica Road, Suite 210, Chelmsford, MA 01824-4100, or such other time as may be designated by mortgagee. The description for the premises contained in said mortgage shall control in the event of a typographical error in this publication.

Other terms to be announced at the sale.

HSBC Bank USA, National Association on behalf of the Trust Fund and for the Benefit of Ace Securities Corp. Home Equity Loan Trust, Series 2005-HE4 Asset Backed Pass-Through Certificates

Korde & Associates, P.C.  
321 Billerica Road, Suite 210  
Chelmsford, MA 01824-4100  
(978) 256-1500  
(07-0606F/CHL/Fox)(02/06/08,  
02/13/08, 02/20/08)(102560)

2.6.08, 2.13.08, 2.20.08 6162

## LEGAL NOTICE

LEGAL NOTICE  
MORTGAGEE'S SALE  
OF REAL ESTATE

By virtue of and in execution of the Power of Sale contained in a certain mortgage given by Bruce T. Barron and Jane T. Barron to Option One Mortgage Corporation, a California Corporation, dated December 24, 2003 and recorded with the Middlesex County (Northern District) Registry of Deeds in Book 16710, Page 49 of which mortgage LaSalle Bank National Association as Trustee for Securitized Asset Investment Loan Trust Mortgage Pass-Through Certificates Series 2004-4, is the present holder by assignment, for breach of conditions of said mortgage and for the purpose of foreclosing the same, the mortgaged premises located at 1 Glenview Road, Wilmington, MA will be sold at a Public Auction at 12:00 PM on February 26, 2008, at the mortgaged premises, more particularly described below, all and singular the premises described in said mortgage, to wit:

A certain parcel of land with the buildings thereon, situated in Wilmington, Middlesex County, Massachusetts, being shown as Lot 63 on a plan entitled, "Suncrest Acres, Owned by Eleazer Squibb and Wesley Ryan", dated April 7, 1948, by

Dana F. Perkins, C.E., recorded with Middlesex North District Registry of Deeds in Plan Book 72, Plan 58, bounded and described as follows: Westerly by Glenview Road, 90 feet; Northerly by Lot 62, on said plan, 100 feet; Easterly by Lot 64, on said plan, 110 feet; Southerly by Suncrest Avenue, 80 feet; and Southwesterly by Suncrest Avenue and Glenview Road, by a curved line, 20.00 feet. Said Lot 63 contains 10,914 square feet of land, more or less, according to a said plan. The land also known as the land in Wilmington, together with the buildings thereon, bounded and described as follows: Westerly by Glenview Road, 90 feet; Northerly by Lot 62 on plan hereinafter mentioned, 100 feet; Easterly by Lot 64 on said plan, 110 feet; Southerly by Suncrest Avenue, 80 feet; and Southwesterly by Suncrest Avenue and Glenview Road, by a curved line, 31.42 feet.

For mortgagor's title see deed recorded with the Middlesex County (Northern District) Registry of Deeds in Book 04775, Page 004

The premises will be sold subject to any and all unpaid taxes and other municipal assessments and liens, and subject to prior liens or other enforceable encumbrances of record entitled to precedence over this mortgage, and subject to and with the benefit of all easements, restrictions, reservations and conditions of

record and subject to all tenancies and/or rights of parties in possession.

Terms of the Sale: Cash, cashier's or certified check in the sum of \$5,000.00 as a deposit must be shown at the time and place of the sale in order to qualify as a bidder (the mortgage holder and its designee(s) are exempt from this requirement); high bidder to sign written Memorandum of Sale upon acceptance of bid; balance of purchase price payable in cash or current funds in thirty (30) days from the date of the sale at the offices of mortgagee's attorney, Korde & Associates, P.C., 321 Billerica Road, Suite 210, Chelmsford, MA 01824-4100, or such other time as may be designated by mortgagee. The description for the premises contained in said mortgage shall control in the event of a typographical error in this publication.

Other terms to be announced at the sale.

LaSalle Bank National Association as Trustee for Securitized Asset Investment Loan Trust Mortgage Pass-Through Certificates Series 2004-4  
Korde & Associates, P.C.  
321 Billerica Road, Suite 210  
Chelmsford, MA 01824-4100  
(978) 256-1500  
(07-0607F/OOMC/Barron)  
(01/30/08, 02/06/08,  
02/13/08)(101571)

1.30.08, 2.6.08, 2.13.08 6136

## LEGAL NOTICE

COMMONWEALTH OF  
MASSACHUSETTS  
LAND COURT  
DEPARTMENT OF  
THE TRIAL COURT  
Case No. 362944

To: Michele T. Curra f/k/a Michele T. Giglio  
William C. Curra  
and to all persons entitled to the benefit of the Servicemembers Civil Relief Act.  
Wells Fargo Bank, N.A. claiming to be the holder of a Mortgage covering real property in Wilmington, numbered 4 Cedar Street given by Erik Delorey and Kristina Delorey to Mortgage Electronic Registration Systems, Inc. dated January 19, 2005, and recorded with the Middlesex County (Northern District) Registry of Deeds at Book 18335, Page 127 and now held by the plaintiff by assignment has filed with said court a complaint for authority to foreclose said mortgage in the manner following: by entry and possession and exercise of power of sale. If you are entitled to the benefits of the Servicemembers Civil Relief Act and you object to such foreclosure you or your attorney should file a written appearance and answer in said court at Boston on or before the 10th day of March 2008, or you may be forever barred from claiming that such foreclosure is invalid under said act.

Witness, Karyn F. Scheier, Chief Justice of said Court this 25th day of January 2008.  
(07-6311F/OOMC/Curra)-  
(02/06/08)(102606)

Attest:  
2.6.08 Deborah J. Patterson  
6161 Recorder

## LEGAL NOTICE

COMMONWEALTH OF  
MASSACHUSETTS  
LAND COURT  
DEPARTMENT OF  
THE TRIAL COURT  
Case No. 361813

To: Erik Delorey; Kristina Delorey and to all persons entitled to the benefit of the Servicemembers Civil Relief Act.  
Wells Fargo Bank, N.A. claiming to be the holder of a Mortgage covering real property in Wilmington, numbered 4 Cedar Street given by Erik Delorey and Kristina Delorey to Mortgage Electronic Registration Systems, Inc. dated January 19, 2005, and recorded with the Middlesex County (Northern District) Registry of Deeds at Book 18335, Page 127 and now held by the plaintiff by assignment has filed with said court a complaint for authority to foreclose said mortgage in the manner following: by entry and possession and exercise of power of sale.

If you are entitled to the benefits of the Servicemembers Civil Relief Act as amended and you object to such foreclosure you or your attorney should file a written appearance and answer in said court at Boston on or before the March 10, 2008, or you may be forever barred from claiming that such foreclosure is invalid under said act.

Witness, KARYN F. SCHEIER, Chief justice of said Court on January 23, 2008.  
200710-1736

Attest:  
2.6.08 Deborah J. Patterson  
6156 Recorder

## LEGAL NOTICE

COMMONWEALTH OF  
MASSACHUSETTS  
LAND COURT  
DEPARTMENT OF  
THE TRIAL COURT  
Case No. 362417

To: Maria Mearls  
Francis J. Mearls, Jr. and to all persons entitled to the benefit of the Servicemembers Civil Relief Act. Deutsche Bank National Trust Company, as Trustee of Argent Mortgage Securities, Inc. Asset Backed Pass Through Certificates, Series 2006-W3 under the Pooling and Servicing Agreement dated as of March 1, 2006 claiming to be the holder of Mortgage covering real property in Wilmington, numbered 20 Grand Street, given by Maria Mearls and Francis J. Mearls, Jr. to Argent Mortgage Company LLC, dated January 19, 2006, Recorded at Middlesex County (Northern District) Registry of Deeds as Book 19763, Page 94, and now held by the Plaintiff by assignment, has filed with said court a complaint for authority to foreclose said mortgage in the manner following: by entry and possession and exercise of power of sale. If you are entitled to the benefits of the Servicemembers Civil Relief Act and you object to such foreclosure you or your attorney should file a written appearance and answer in said court at Boston on or before the 10th day of March 2008, or you may be forever barred from claiming that such foreclosure is invalid under said act.

Witness, Karyn F. Scheier, Chief Justice of said Court this 24th day of January 2008.  
(07-6217F/CITIRL/Mearls)  
(02/06/08)(102509)

2.6.08 Deborah J. Patterson  
6160 Recorder

## Joint Committee of Education looking to pass bill

## Student athletes need self control

Just weeks after Celtics coach Doc Rivers expressed major disappointment in his winning squad for "running our mouths instead of just playing basketball" against the NY Knicks, the Joint Committee on Education will consider a bill to teach student athletes self control on and off the field. The bill is backed by a fast-breaking coalition of top Massachusetts legislators, health and athletics professionals, parent groups, and nonprofit organizations.

Filed by Rep. Patricia A. Haddad (co-chair of Education Committee) and signed on by 14 other legislators including Rep. Ruth B. Balser (Chair of Mental Health and Substance Abuse) and Rep. Peter J. Koutoujian (Chair of Public Health), the proposed legislation (House Bill No. 4479) seeks funds to develop a pilot program for Mass. youth, with curriculum and programming, that would "have children practice the mental skills associated with self-control in an effort to reduce violence, drug and alcohol abuse, eating disorders, bullying

and other destructive choices commonly made by youth." The material produced would be offered free of charge to all interested youth and school sports leagues and teams.

According to Representative Patricia Haddad, co-chair of the Joint Committee on Education and lead sponsor of the bill, "This bill establishes a pilot program in order to create and study a science based curriculum to teach self control and sportsmanship in youth sports. So many of the children in the commonwealth eagerly participate in volunteer youth sports, and this bill would give coaches the professional tools to harness that enthusiasm to teach invaluable life skills."

Support for the concept behind the bill comes from a laundry list of top state institutions including, Massachusetts Interscholastic Athletic Association, Massachusetts Sportsmanship Committee, Massachusetts State PTA, Massachusetts Psychological Association, Northeastern University Center of Sports in Society, Boston Youth Sports

Network, Urban League of Eastern Massachusetts, Mass Youth Soccer Association, Institute for Sport Coaching, GetPsychSports.org, Inc., and many more.

Pressure for a long-term plan to combat a rise in violence and other self-control related addictions and disorders has been sought for years. What is unique about this bill is that it offers tools to reach children through activities that they like to do, such as sports, to have them practice proven techniques that can reduce these evils. It is generally accepted that up to sixty percent of all children choose to be involved in organized sports teams. According to Mike Singleton, head state coach and director of coaching for the Mass. Youth Soccer Association, "Youth sports are about far more than wins and losses and have the potential to be an impactful vehicle for social change if the goals, listed in this bill come to fruition."

## LEGAL NOTICE

NOTICE OF MORTGAGEE'S  
SALE OF REAL ESTATE

By virtue of and in execution of the Power of Sale contained in a certain mortgage given by Steven DeFinis to Bank of America, N.A., dated August 26, 2005 and recorded with the Middlesex County (Northern District) Registry of Deeds at Book 19194, Page 1, of which mortgage Bank of America, N.A. is the present holder, for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 1:00 p.m. on February 20, 2008, on the mortgaged premises located at 7 Carolyn Road, Wilmington, Middlesex County, Massachusetts, all and singular the premises described in said mortgage,

TO WIT:  
A certain parcel of land with the buildings thereon located in Wilmington, Middlesex County, Massachusetts, being shown as lot 83 on a plan entitled "Wilmington Estates, North Wilmington, Mass., Owned and Developed by John D. Cooke" dated July 1938, recorded with the Middlesex North District Registry of Deeds, Plan Book 61, Plan 76, said lot being further bounded and described as follows:

NORTHERLY by Carolyn Road, one hundred (100.00) feet;  
EASTERLY by Lot #82, shown on said plan, two hundred (200.00) feet;  
SOUTHERLY by lot #88 as shown on said plan, one hundred (100.00) feet;  
WESTERLY by lots #84 and 85 as shown on said plan, two hundred (200.00) feet.

For mortgagor's(s') title see deed recorded with Middlesex

County (Northern District) Registry of Deeds in Book 19193, Page 289.

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

TERMS OF SALE:  
A deposit of Five Thousand (\$5,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California Street, Newton, Massachusetts 02458, or by mail to P.O. Box 610389, Newton Highlands, Massachusetts 02461-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publication.

Other terms, if any, to be announced at the sale.

BANK OF AMERICA, N.A.  
Present holder of said mortgage by its Attorneys,  
HARMON LAW OFFICES, P.C.  
150 California Street  
Newton, MA. 02458  
(617) 558-0500  
200709-2106-PRP  
1.23.08, 1.30.08, 2.6.08 6131

## LEGAL NOTICE

Commonwealth of Massachusetts  
The Trial Court  
Probate and Family  
Court Department  
MIDDLESEX Division  
Docket No. 08P080EP1  
In the Estate of  
ALICE B. DONOVAN  
Late of TEWKSBURY

In the County of MIDDLESEX  
Date of Death December 8, 2007  
NOTICE OF PETITION  
FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that DIANE M. DONOVAN of DRACUT in the County of MIDDLESEX be appointed executrix, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CAMBRIDGE ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00 AM) ON FEBRUARY 21, 2008.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. PETER C. DIGANGI, ESQUIRE, First Justice of said Court at CAMBRIDGE this day, January 17, 2008.

2.6.08 John R. Buonomo  
6163 Register of Probate

ERLY BY LOT 987, NINETY (90) FEET;  
NORTHERLY BY SAID HARRISON ROAD ONE HUNDRED (100) FEET TO THE POINT BEGINNING.

CONTAINING NINE THOUSAND (9,000) SQUARE FEET OF LAND MORE OR LESS.  
FOR TITLE REFERENCE SEE DEED IN BOOK 20506 PAGE 100.

The description of the premises contained in said mortgage shall control in the event of an error in this notice.

The Mortgagee reserves the right to postpone the sale to a later date by public announcement at the time and date appointed for the sale and to further postpone at any adjourned sale date by public announcement at the time and date appointed for the adjourned sale date.

The premises will be sold subject to and with the benefit of all rights, restrictions, easements, improvements, outstanding tax titles, municipal or other public taxes, assessments, betterments, liens or claims in the nature of liens or existing encumbrances of record created prior to the mortgage, or entitled to precedence over the mortgage, if any, insofar as the same are still in force and applicable to the premises.

If the premises is a condominium unit, then the premises will also be sold subject to Massachusetts General Laws chapter 183A, as amended, the applicable Master Deed and any and all amounts as may be due, following such sale, to the applicable condominium trust.

If the successful bidder at the foreclosure sale defaults in purchasing the property according to the terms of this notice of sale or the terms of the Memorandum of Sale executed at the time of the foreclosure, the Mortgagee reserves the right to sell the property by foreclosure deed to the second highest bidder (or other successive bidders, in the order of their bid) provided that such other bidder deposits with Mortgagee's attorneys, Michienzie & Sawin LLC, the amount of the required deposit as set forth below within ten (10) business days after written notice of default of the previous highest bidder and title shall be conveyed to such other bidder within thirty (30) days of the default, which time periods may be reasonably extended by the Mortgagee in its sole discretion.

TERMS OF SALE: Ten Thousand and No/100 Dollars (\$10,000.00) is to be paid in certified check and/or bank cashier's check to be paid by the Purchaser at the time and place of sale. The balance of the purchase price is to be paid by the Purchaser by certified check and/or bank cashier's check within thirty (30) days thereafter, which time period may be reasonably extended by the Mortgagee in its sole discretion, at the offices of Harry Castleman, Esquire, Michienzie & Sawin LLC, 745 Boylston Street, Boston, MA 02116. Other terms to be announced at the sale.

LaSalle Bank, N.A. as Trustee for the MLMI Trust Series 2007-HE1 present holder of said mortgage by its attorney,  
Harry Castleman, Esquire  
MICHENZIE & SAWIN LLC  
745 Boylston Street  
Boston, MA 02116  
1.30.08, 2.6.08, 2.13.08 6145



## Shawsheen Tech Sports Round-Up

## Girls Hoop team overtakes Lynn Tech

By MIKE IPPOLITO  
Sports Correspondent

The Shawsheen Tech girls' basketball team went 1-1 this past week, but with the way they played it certainly felt like more than just your routine 500 week. Last Tuesday night at the Cook Street Pavilion, the Lady Rams pulled off what might have been their most impressive win of the season with a 43-29 win over CAC rival Lynn Tech, a team that had defeated them 69-36 earlier this season.

Last Thursday night the Lady Rams traveled to North Reading to take on a very talented Hornet team, and although they were not able to pick up the victory, falling by a score of 45-38, they played very well, trailing by only two points at the half and by four with four minutes to play in the game.

Shawsheen coach Dick Barris was pleased with his team's efforts in both games, but was obviously much happier with the results in the Lynn Tech contest, where he employed a stall tactic to counter the Tigers strength.

"That was a big win for us," Barris said. "They are a very fast team so we had to find a way to take the air out of the ball a little and slow down the game. I thought if we could hold the ball for at least 15-20 seconds each time we had the ball we would cut down on their fast break opportunities."

The strategy worked almost from the start, as Shawsheen trailed only 19-14 at halftime, as opposed to being down by nearly 20 at the half the last time the two teams met.

"They were pretty encouraged at the half and maybe a little surprised that our strategy might work," Barris said. "I thought the first four or five minutes of the second half would be key, but it was even quicker than that. We got two turnovers to pull within 19-18 and then hit a three pointer to take the lead."

Shawsheen actually outscored the Tigers 18-4 in the third quarter to take control of the game.

Samantha St. George (11 points) and Melanie Strazzere (10 points) led the way for the Lady Rams, while Caitlyn Gallagher had eight of her own.

Along with qualifying Shawsheen for the state tournament with their 10th win of the season, the victory also pulled them into a second place tie with Lynn Tech in the CAC Upper Division where they hold 9-2 record. They now become very big Lynn Tech fans because a Tiger victory over league leading Minuteman would pull the Lady Rams into a three-way tie for the league title.

While the league title would be very gratifying, it is more important to Barris and his team how they perform in the state tournament, which is why their performance against North Reading was so encouraging despite the loss.

"I was pleased with the way we played," Barris said. "I thought they might be a little too fast for us, but we gave a really good effort. We really held our own until I took a gamble in the final few minutes and tried to press them and we ended up giving up

a couple of lay-ups and then turning the ball over."

Gallagher led the way for Shawsheen against North Reading with 13 rebounds and five points.

"Caitlyn was a big factor for us," Barris said. She has been a good rebounder all year -- that is really her strength. I have been very pleased with her."

With a post-season berth now wrapped up, Barris and his squad will now focus on playing as well as possible heading into the tournament. It might not be easy to pick up wins with rematches against non-league rival North Reading and Ursuline on the schedule, but Barris will sacrifice a loss now for wins in the tournament.

"I think we are heading in the right direction," Barris said. "With North Reading and Ursuline on the schedule we will have to make some adjustments from the first time we played them. Our record might not be as good going into the tournament, but I think by playing those teams we will be more ready for the types of teams we will face."

## Boys Basketball

The Shawsheen boys basketball team also went 1-1 last week, but their one loss was a little more painful to take than their female counterparts.

The Rams got an exciting win at Chelsea last Friday night, dominating their CAC Upper Division rivals by a score of 61-46. The win was a great bounce back for the Rams who had suffered a very tough loss on the road last Tuesday night to another CAC rival, Lynn Tech, by a score of 52-49.

In the loss, Lynn Tech iced the game with a pair of free throws with 20 seconds left in the game and a desperation three pointer by the Rams fell short at the buzzer. The game gave Shawsheen coach Bob Hodnett a sense of déjà vu that he would have liked to avoid.

"They beat us the same exact way that we had beaten them earlier in the season with the late free throws and then the missed three pointer," Hodnett said. "That was a very tough loss."

The loss makes the Rams' mission of winning the CAC Upper in the first year in the league a little more difficult. With an 11-4 overall record and a 7-3 mark in the CAC Upper, the Rams now trail Lynn Tech by one game as the season winds down.

"We still have a chance, but now we have to have some help," Hodnett said. "We need somebody to knock off Lynn Tech, but more importantly we have to take care of our own business and beat Greater Lawrence on Tuesday."

The Rams got a splendid all around game against Lynn Tech from senior guard Tommy Joyce of Tewksbury. Joyce had 15 points, seven rebounds and four assists.

"He is our leader offensively and he has been playing very well," Hodnett said. "He does a little bit of everything for us."

Joe Gore of Wilmington also had a very good game, leading the Rams with 21 points.

With that loss still fresh in their

minds, the Rams could have handled their match-up with another quality opponent in Chelsea in one of two ways. They could have sulked and taken another loss, or they could come out with a vengeance to make up for the loss.

Thankfully for fans of the Rams they unmistakably chose the latter, sprinting out to a 15-0 lead in the early minutes and never looking back, winning the game by exactly that margin.

"I was a little surprised we were able to win by that much, but we came out strong and just kept it up throughout the game," Hodnett said.

Gore had another strong game, leading all Rams scorers with 18 points, while Joe Killion of Tewksbury added 14.

"They were both a big part of our strong start," Hodnett said. "Killion hit a couple of threes and Gore had a couple of baskets and that really set the tone."

Backup center Brendan McElroy of Tewksbury also made a very key contribution for the Rams with 11 points, including going 5 - for - 5 from the free throw line.

"He came off the bench and had a real strong game for us," Hodnett said. "He's a role player for us coming off the bench and he has seen a lot of time. He's done a real good job for us."

## Wrestling

The Shawsheen wrestling team continued their excellent season last week with a dominating 56-18 win over CAC rival Whittier Tech on Thursday and following it up with a great performance in the State Vocational Tournament on Saturday with a second place finish in a ten team field.

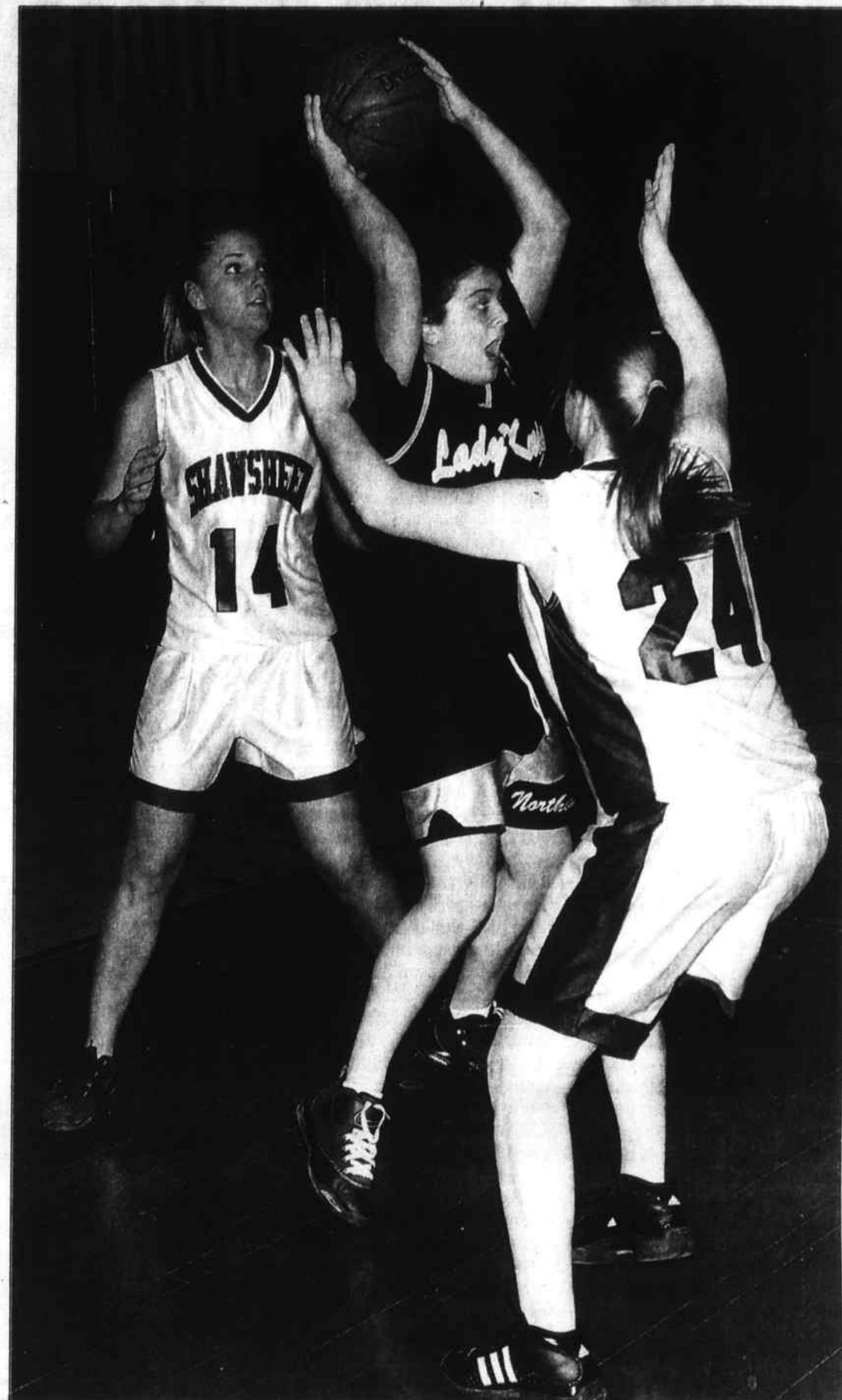
In the voke tournament the Rams scored 217 points and finished behind only champion Greater Lawrence who piled up 262 points on the day. The Rams had wrestlers place in 12 of the 14 weight classes at the tournament and had two champions, including Calvin McMillan of Tewksbury at 160 pounds. Alex Najjar was the Rams other champion at 171 pounds.

"We had a good day and it could have been even better," Shawsheen coach Mark Donovan said. "One of our top guys, Brandon Spinoso had to miss the meet, and I think he would have made the finals."

McMillan's 11-4 victory in the finals was very satisfying, not only because it secured a tournament championship, but also because it came against an opponent from Greater Lawrence who had defeated him earlier this season in a dual meet. Donovan was impressed with the way McMillan bounced back against a very tough opponent.

"That's kind of a mental thing if you lost earlier in the season," Donovan said. "It's a matter of saying, this kid beat me once, but I know I can beat him. We try to instill that confidence in our kids. Calvin is one of our hardest working kids and he did a great job."

The Rams also got second place finishes from Derek Sorenson (125) and Chris Baum (heavyweight), along with Wilmington



Shawsheen Tech's Melanie Strazzere (14) and Caitlin Gallagher (24) look to defend during a recently played Rams girls basketball game. (JoeBrownphotos.com)

residents Mat Companschi (125), Rob McIsaac (152) and Steve McIsaac (215). Sorenson lost in the finals by a score of 8-7 to an opponent from Putnam, N.H.

"That was a great match," Donovan said. "The kid had not been scored on all season and Derek did a real good job against him."

Third place finishers for the Rams were Tewksbury's Derek Harding (119), Wilmington's Jason Baker (130), Ryan Cassidy (140) and Wilmington's Andrew Companschi (145). Ryan Ahearn of Tewksbury finished fourth at 112 pounds.

"Andrew Companschi wrestled very well," Donovan said. "He lost in triple overtime in the semifinals and then still came back strong in the third place match."

On Thursday the Rams hosted Whittier Tech and rolled to an easy victory by a 56-18 margin, improving their dual meet record on the season to 13-5. Winners for the Rams were Ahearn (pin), Harding (pin), Sorenson, (pin) Jason Baker (pin), Cassidy (major dec.), Mat Companschi (tech. fall), Rob McIsaac (major dec.), McMillan (dec.), Andrew Companschi (DQ), Steve McIsaac (major dec.) and Baum (pin).

"We needed to make a statement with that meet and we did," Donovan said.

The Rams will be looking to make even more of a statement when the Division 1 Sectionals kick off on Saturday at Methuen High School. There is a lot at stake in this year's sectionals, with spots in the upcoming team

tournament going to the top four teams in each section.

Donovan is not a fan of the new format.

"It used to be done by your dual meet record and we are having a very good year at 13-5," Donovan said. "Now we have to finish in the top four in a tournament that does not really tell you anything about what kind of dual meet team you are."

Despite not being happy with the new format, Donovan does feel his team has a shot at securing one of the four spots.

"I think there are six teams realistically fighting for those top four spots and we are one of those teams," Donovan said. "We just have to step up and take it to another level for this tournament."

## Gustin finishes in ninth place for UMass Lowell

Wilmington resident Jason Gustin had a very strong performance for the UMass Lowell track team in Saturday's "Tufts Invitational". Gustin, a senior on the team, finished in ninth place in the 600-meter run with a time of 1:26.41. The River Hawks finished in fourth place as a team.

Mark Blaisdell of Wilmington finished in third place in the latest leg of the "Fudgcicle 5K Race Series". He ran a time of 21:09. On the women's side, Wilmington's Lisa Hodge finished in 11th place with a time of 26:37.

The "Fudgcicle 5K Race Series" is an eight-part event with races beginning at Tewksbury High School. The sixth leg will be held this Saturday at 8 a.m. For more information, contact Glenn Stewart of the Lowell Road Runners at: president@lrrr.net

Registration for the spring 2008 season of Tewksbury Youth Soccer has begun. Parents can register online at the league's website: <http://www.tewksburyyouthsoc>

cer.org/.

The Tewksbury Youth Skating Association is hosting "Plunkett Night" on Feb. 29th at the Tewksbury Country Club. Tickets can be bought online for \$25 or through a board member for \$20. For more information, visit the league's website at: <http://www.tysaredmen.com/>.

The league is also hosting another "Night at the Devils" event at Tsongas Arena on March 2nd. More information on that event will be published as it becomes available.

Game schedules for Wilmington Youth Hockey are available on the league's website. That website is: <http://www.wilmingtonyouthhockey.org/>.

In-town registration has begun for Wilmington Youth Soccer. Returning players can register online at: <http://www.wilmingtonyouthsoccer.org/>. Players who register

\$65, which includes membership fees and uniform. After this date a late fee of \$35 will be added and players will be

placed on a waiting list.

The UMass Lowell baseball team is offering a winter clinic during from Monday, Feb. 18 through Friday, Feb. 22 at the Costello Athletic Center. The five-day session is for children aged 6-12, and will be conducted from 9:00 a.m. until noon. The cost is \$100 per child with a \$10 discount for each additional child enrolled from the same family. For more information, visit [www.goriverhawks.com](http://www.goriverhawks.com), or contact Ken Harrington at (978) 934-2344 or [Ken.Harrington@uml.edu](mailto:Ken.Harrington@uml.edu).

The Wilmington Youth Lacrosse Association is hosting a dance on Friday, March 7th at Tewksbury Country Club. For more information, go to the league's website: <http://www.wilmingtonathletic.com/Lacrosse/>

If anyone has a tip or story you'd like to share, please email it to [info@mail.umd.edu](mailto:info@mail.umd.edu)

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Winners will be selected by random drawing. Prizes must be claimed by 5:00 p.m. Monday to qualify for this week's drawing. Winners will be drawn at random and listed in next week's paper.

**Town Crier**

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# Bonnell set to step in the ring

By LOUIE CIMAGLIA  
Sports Correspondent

There is a light snowfall in the forecast for Friday night, coupled with temperatures rising slightly above freezing. As the snow descends upon the earth, there will be one set of flurries far superior to that of the precipitation outdoors. The flurries of punches flying inside the Shriners Auditorium will be sure to cause a storm.

Wilmington's own Dan Bonnell is on the card for the night, scheduled for the fourth match of the night against Mark Giove. Bonnell is a Wilmington High School graduate of the class of 1998. He was a member of the football, track and wrestling teams, and was a captain on that wrestling team.

Bonnell is currently 27, and runs his own contracting company, Bonnell Construction, Inc. He now lives in Manchester, NH. He is a member of World Championship fighting, and is promoted by Joe Cavallaro.

Bonnell has a long history of fighting, dating back to his high school days, which have spurred his leap to mixed martial arts. "I've always been involved in wrestling from the time I was a freshman until about two years ago. After finishing high school wrestling I went on to coach at Wilmington High as an assistant to Mike Pimental, the current Wilmington coach. I also started the Wilmington Youth Wrestling program with then DARE Officer Chip Bruce.

"After coaching Wilmington for about four years I went on to Winchester High and was an assistant coach there for another four years. One of the kids I coached at Winchester had started doing some MMA classes in Woburn at LA Boxing. He told me I had to come down and try it and thought I'd be good at it. The instructor down there was Steve Pento. He runs the MMA Team called Dragon Warrior.

"I started training at LA Boxing for a couple weeks and got the hang of it pretty quickly. I never had any intentions on fighting. I liked watching it on TV but never thought I could be any good at it. After going to my first fight I had seen a good friend of mine fighting that

night, Chris Grandmaison. I had no idea he had done this. He made it look easy. He finished the fight in the first round by armbar but used all wrestling to win the fight. I was hooked. I had to try it."

Bonnell then switched teams when he moved to New Hampshire, stating that the commute was too much. So he joined team Renzo Gracie of Derry, NH. "Renzo Gracie is one of the best fighters in the world," said Bonnell, "and one of, if not the best, MMA and Jiu Jitsu instructors ever. Renzo Gracie New Hampshire is an affiliate school of the original school out of Manhattan in New York City. This was a huge move for my MMA career and since joining the school I've improved immensely in all aspects of fighting. This year I earned the most improved fighter award given by the writers of massmma.com for the 2007 year end awards."

Bonnell credits his coaches, Kevin Landry and Tim Barchard, for his improvement. Landry is a Brazilian Jiu Jitsu instructor, and has been for ten years. Barchard focuses more on "MMA and striking skills". Bonnell's team has a collective record of 25-9, including Woody Weatherby, a 170-pound champ in two different promotions.

Bonnell's personal record is 2-4, and he chalks up his early losses to inexperience. He also says that the combined record of his opponents is 19-2. "I don't like to take easy fights," said Bonnell.

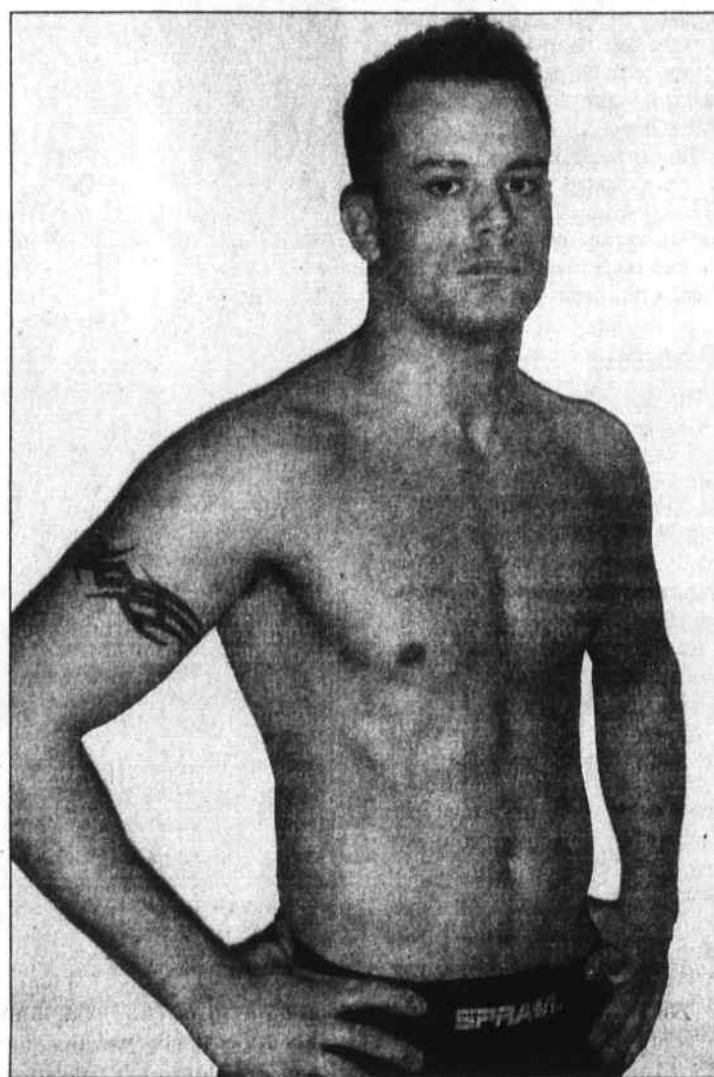
Bonnell's last fight was against a tough Giovanni Sontay at the Shriners. "Giovanni was on a three-fight win streak in as many months. He had a 3-1 record going into the fight and I had a 1-4 record and on the brink of maybe calling it quits. I won a two round major decision," says Bonnell.

His next fight is against Mark Giove, a 1-0 fighter from the South Shore. "The South Shore has built fighters like Alex Karalexis, who went on to fight in the UFC and continues to fight in the WEC. They also have Bobby McMasters and Bellator Fredrick who fight for Showtime's Elite XC and now Josh Grispi, who is 10-1, a former opponent of mine is off to



Former WHS wrestler and football player Dan Bonnell will be in the ring on Friday night at the Shriners Auditorium to fight Mark Giove as part of the World Championship Fighting Night.

(courtesy photo)



Dan Bonnell will be in the ring on Friday night at the Shriners Auditorium.

(courtesy photo)

make his debut in the WEC. All of those promotions are the top of the mountain in MMA. That's where you want to be when they talk about the best fighters around."

Bonnell-Giove is the fourth fight of the night. "Mark, being a ground fighter, I think he'll try and challenge my wrestling and Jiu Jitsu and take it to the floor and look for a submission. I'm more of a striker. I enjoy standing and using my boxing and Muay Thai to earn a KO or TKO. I'm comfortable on the ground and if it goes there then so be it, but I know I'm a better striker than he is and he won't stand with me. My Jiu Jitsu has come along pretty well and I have no problem with my wrestling, so if he wants a ground fight he's got it.

"But I'm content on making this exciting and I'm going to push the pace and make him stand with me. The ground gets a little boring and the crowd likes to see a stand-up fight and see some people get hit. I just want to win the fight and I'll take it wherever I have to do it. I'm pretty confident coming into the fight and I do hold a lot of respect for Giove. Anyone who gets into the ring or cage to fight has my respect."

Bonnell is excited about fighting in Wilmington, saying the

home crowd makes it feel like he is fighting in his "own backyard."

Promoter Joe Cavallaro is expecting twice as many tickets to be sold as last time Bonnell was at the Shriners.

"I am excited about the opportunity," said Cavallaro. "We have a four fight deal with the Shriners."

Cavallaro also said that there is a special autograph signing at 5 o'clock, including UFC Fighters: Marcus "The Irish Handgrenade" Davis; Kenny "KenFlo" Florian; Sean "The Gladiator" Gannon; Jorge "El Conquistador" Rivera; Pride Fighting Veteran Murilo "Ninja" Rua; Muay Thai Coach Mark DellaGrotte "The Ultimate Fighter 4"; Boxing Coach Peter Welsh "The Ultimate Fighter 2." Also in attendance at the fight will be UFC president Dana White.

Tickets will be available online at WCFighting.com or 1-800-595-4849. The doors will open at 6:30 and the fights will begin at 7:30.

## Patriot fans need to recover

Maybe it was our time to remember just what it was like to lose. Remember the heartbreak of all those defeats to the Yankees way back when? Remember when people called this area of the country 'Loserville'?

Now, we were perfect. Now, the Red Sox had won two championships in four years. The Patriots were supposed to remain perfect and defeat the New York Giants just by showing up to play this Super Bowl. It didn't happen, because the Giants got all over quarterback Tom Brady and Eli Manning drove his team for the winning touchdown, a 13-yard TD pass to Plaxico Burress with 35 seconds left to play.

The 17-14 loss to the Giants will go down as the greatest upset in Super Bowl history. Eli Manning Super Bowl MVP? Who would have thought that the Manning family would chalk up their second MVP award in as many years? Truth be told, the Patriots lost this game long before Eli led his team down the field in the final minute of play.

The defense rattled Brady and his record-breaking offense throughout the game. It would have been a shame had the Giants lost this game. They deserved to win, and they did. Now, New England will be forever known as the National Football League team that failed to close the deal.

All of New England will revert to that sorry state of 'why me'? Life will be oh so tough over the next days, weeks, months and perhaps years, for all those people who live in their mother's basements and paint their faces blue with Patriots' pride.

Don't be surprised if your New England Patriots never recover from this defeat. The 18 wins now mean nothing for the team and its coaching staff. Someone near and dear to me put this defeat in some real perspective just minutes after the



game ended. Now, there will be no parade to disrupt her life. Now, people can go on with their lives. She will be surprised to learn just how many people will be absolutely unable to forget about a football game, get up and go to work the next day.

Many out there will enter the land of the Sports Zombie as they struggle to pick up the pieces and make some sense of it all. It's called an upset. A big upset at that. You all need to recover, no matter how surreal the event. Don't pull the bed-sheets over your head. Get up and go to work.

People around here will have that ugly tune 'New York, New York' ringing in their ears again. They thought that those days were finally over. The Evil Empire had been vanquished once and for all. Funny how a crushing defeat rings in your ears.

For a moment at least, let me act as your perspective coach. Many fans were walking around after this game crying and yelling at anyone within earshot. Come on people. Remember that old, trite saying, 'You can't win them all, but you can win some.' This fits here. This game fits down as one of the greatest upsets in sports history. It happens, even if it resembles Haley's Comet. So now, let's look at all of the nice stuff that happens to you almost routinely on a daily basis.

You get up and you are healthy and happy. Your kids get on the schoolbus safely and return home the same way. You get that job promotion that was totally unexpected. That vacation that you had planned goes off without a hitch. Your dog looks at you with an expression of unconditional love. Your elderly parent is alive and recognizes who you are, remembering all the good times that you had together growing up.

Some simple stuff. You don't cut yourself shaving. Both of your socks match. The traffic flow going to work is smooth, especially this week, when all those Patriots fans are at home trying to recover. There is no line at the Dunkin Donuts, and the kid behind the counter messes up and gives you that donut with your coffee free of charge. And spring is right around the corner. That means you get to hope and pray that the Red Sox don't somehow disappoint you all over again.

Listen up people. You've got to recover. Repeat after me. Sports can make you very happy. Sports can make you very sad. This is just one of those moments. A little lesson in life. No one gets the biggest piece of the pie all of the time. There will be other days and other defeats. Most of those setbacks will not be as painful as this one. It's Sunday night, and that blood curdling scream you hear is part of some communal pain felt by Patriots' fans from Greater Boston all the way to Bangor, Maine.

Everyone should set that alarm clock as they begin the process of recovery. Losing can

cherish all the nice, simple stuff. And don't yell at your neighbor. Don't kick your dog. And, repeat after me. Wait 'till next year.



Wilmington's Hannah Reynolds chases after a loose ball during a recently played Wilmington girls sixth grade travel basketball league game.

(courtesy photo)

## Squirt B's take tournament title

Congratulations to the Wilmington Pee Wee B hockey team for their stunning 5-1 victory over the Stoneham Pee Wee B team to capture 1st place in the Eastern Cup Hockey Tournament on January 21st.

The team had to overcome injuries and some tough competition from Andover and Danvers to make it into the final round of competition. The

crowd was on their feet cheering the impressive offensive might of Mark Albano, Michelle Alonardo, Drew Babine, Joe Bolognese, Matt Diorio, Brandon Gentile, Connor Kilday, Brian Nazzaro, Austin O'Neal, and Dave Souza.

The "oohs" and "ahs" continued with the impenetrable defensive shield put up by Brendan Benoit, Sam D'Angelo, Maryanna Dirup,

and Jake Gingras. The quick reflexes of goalie Glenn Sullivan were essential as he repeatedly denied Stoneham with enormous saves to protect the Wilmington net and secure their well-deserved victory.



# Wilmington Recreational Basketball League round-up

## Big 10 - Boys Grade 3

Michigan 18, Indiana 6.  
Scott Stenson had a breakout game for Michigan with a team and game high of 8 points. Also helping out young Scott was Bobby Gostanian with 6 and Jack Sweeney with 4 points. Brendan Daly and Scott Edwards played very well.

For Indiana, Brandon Belmonte led the way with 4 points. Ryan Maher and Robbie DuCharme also added in a basket. Camden Connor and Matthew Morrison played their hearts out the entire game and showed no signs of giving up.

## Iowa 20, Wisconsin 16

Doing it for Iowa was Daniel Judkins with a team and game high of 8 points. Jordan Russo and Darin MacEacheron also added in 4 points a-piece.

Wisconsin had some very balanced scoring which was led by DJ Kenney who also had the game high with 8 points. Edmond DeAngelis had 6 points of his own to go along with the 2 from Jake Luz.

## Minnesota 23, Purdue 15

Leading the way for Minnesota was Quintin "Q" DiStefano with a game high of 12 points. Michael Cocca had an additional 7. Also making the book on this Saturday was Joshua Buske with 4 points. The high scorer for Purdue was Zachary Lahlou with 4 points. Right behind him was Cameron Walsh with 3 points.

Three others also had a basket and these three were Stephen Bonish, Sam Jennings, and Ryan Aldrich.

## Penn St. 11, Ohio St. 4

In a match up of the State Schools, the Nittany Lions came out on top. Leading the way was Matthew Mangano with 7 points while David Woods and Russell Abbott each had a basket of their own.

Ohio St. on the other hand though was a one man wrecking crew. Bryan Domek had all 4 points. His brother, Austin, as well as Brendan McInerney and Jason Dunn played outstanding on both sides of the ball.

## Big East - Boys Grades 4&5

Syracuse 28, UConn 23.  
Syracuse extended its win streak to four as they ran past UConn this week 28-23. Joe Castellano led the Orange attack with 9 points. Michael Gake and Kevin Goncalves chipped in with 6 and 5 more points respectively. Patrick Dunfee and Kurtis O'Byrne rounded out the scoring with 4 points apiece.

Lucas Garrity and Justin Kannally were the leading scorers for the Huskies as they each threw in 8 points on the day. Michael Shedd added 5 more and Daniel Tetreault completed the scoring with a basket.

## Pittsburgh 23, Notre Dame 12

Patrick Keough's double digits led the attack for Pittsburgh as he threw in 10 points. Justin Leger was next in line with 9 and Daniel Bell and Anthony Brown each threw in 2 points on the day. John Pasquariello and Zachary Leighton provided all of the offense for the Irish as they each threw in 6 points.

Harry Middleton, Michael DeMarco, Nicholas Poli, and Andrew Murray all showed great hustle on both ends of the court.

## Louisville 27, St. John's 2

Louisville rebounded from their loss last week to walk away with a convincing victory this week. Thomas Simmons led the attack with 9 points. Devin Field contributed 6 more and Liam Reynolds and Louis Lariffarello each finished with 4 points on the day.

Joseph O'Donoghue and Antonio Lariffarello rounded out the scoring with 2 points each. St. John's put up a great fight as Jacob Tague threw in the only basket of the day. Fox Maxwell, Liam Bennett, and Kevin Richardson all made many key plays for their teams.

## DePaul 31, Marquette 4

DePaul was led by Nick Menzel, the game's leading scorer, with 12 points. Scott Newton, Shawn Reardon, and Zachary Tojo each threw in 4 more, while Alex Menzel had another 3. Steven Godfrey and Timothy Scalona completed the scoring as they both had 2 points on the day.

Andrew Vellucci and Brian Neal provided the offense for Marquette as they each finished with 2 points. Jack Gillis, Ted Miele, and Jake Girardi showed a lot of determination and hustle for Marquette.

## Georgetown 30, West Virginia 16

Dylan Masiello, the day's leading scorer, threw in 15 to secure Georgetown's victory. Ryan Fischer, Patrick McFall, and Ryan Walsh combined for another 13 scoring 5, 4, and 4 points respectively. Trevor Worthington chipped in with the final deuce. Ryan Donnell led West Virginia with 8 points.

The Raffi brothers rounded out the scoring with Evan throwing in 6 and Nicholas having the final 2.

## Cincinnati 22, Villanova 15

Every Cincinnati player present contributed to their offense. Ron Judkins and Bradley Priem each had 6, while Kyle Callahan had another 4. Evan Sperlinga, Dante Marcoccio, and Tristan Hayes each had 2 points on the day. Joseph Visalli made many fantastic passes to set up his teammates. Villanova was led by Ryan Horgan with 14. Austin Ferreira chipped in with the final Villanova point. Adam Surette, Jacob Vieira, and Matthew Caruso all played outstanding defense for Villanova.

## Rutgers 34, Providence 9

Zachary Abbott and Luke McInnis led the way for Rutgers as they each finished with 8 points. Lawrence Gordon, Billy Falter, and Steve McInnis were all next in line with 4 points, while Darrien James, Mike Dancewicz, and Nicholas Trevisone all threw in a basket apiece. Sean Walsh, Robert Fullerton, Alex Popa, and Ben Rohleder all combined to Providence's 9 points scoring 3, 2, 2, and 2 points respectively. Jonathan Roberts, Sam Messina, and Preston Collette all had great games for their teams.

## Conference USA - Boys Grades 6&7

SMU 36, Southern Miss 26.  
Doing the damage for SMU was Sam Borsetti with game high of 13 points. Also helping out Sam was Christopher Palmerino with 8 points while Zachary Shepard tossed in 7. Tim Penney and Ben Wilson played outstanding. Continuing his scoring surge for Southern Miss was Tim Hunt with a team high of 11 points. Marcus Cole added in an additional 9 points. Erik Alatalo and Tim Masiello did all they could on both ends of the floor to pull this game out.

Tulane 35, UTEP 24.

Leading the way for Tulane was Nicholas Dirienzo with 8 points while Peter Warren added in 7. Jonathan Mack and Connor Burke were very impressive with their ball handling skills. Doing the damage for UTEP was once again Sam Silva with 12 points. Kevin Meuse added in 6 points. Colin Chase and Alex Ball were outstanding in their all around game but just couldn't give the rest of the team that needed boost.

## Memphis 36, Central Florida 22

Memphis pulled out this victory with a pair of 10-point scorers. These two culprits were Arthur Papastathis and Mark Connolly. Also helping out was Cole Nichols with 8 points. Alex Neville and Zachary Riel were monsters on both ends of the floor to seal this victory. Not sure how many times Central Florida can be written about and Tom Letellier not be the leading scorer. This was again the case on Saturday as Tom scored a game high of 20 points.

The other basket was scored by Ryan Sweeney. James Carroll and Steven Anderson had nothing but hard work and hustle to fill up their box score.

## E. Carolina 46, Houston 44

Having the Saturday of all Saturday's was definitely Tyler Vibert. At moments during the game, it looked as though he was a man against boys, like LeBron when he was in high school. Anyways, Tyler had a WRBL season high with 33 points. Adding in some other points to help out Tyler was David Caira and Tyler's brother Troy, also with 6 points. Matthew Ruff and Patrick Barry played shut down defense in the final seconds to save the victory.

Having a breakout game for Houston was Daniel Sullivan with a team high of 18 points, including a 3-point play. Sean Berube added in 10 points and Ryan Priem scored 9 points. Zack Patz and Bryan Reppucci tried everything they could to pull this game out at the end

but unfortunately came up a tad bit short.

## UAB 38, Marshall 24

Leading the way for UAB was none other than JT Lynch as he had a game high of 12 points. Also helping out JT was Shamus Gibbons with 10 points and Ryan Cocca with 8. Matthew Curran and Vinny Poli played outstanding basketball the entire game.

Doing it for Marshall was Daniel Pendenza with 10 points while Michael Colton added in 5 points. Brandon Keefe, David Arria, and Niko Pappas had their most hustle and energetic game of the year. These three got the Tommy Point for the week.

## Tulsa 35, Rice 19

Leading the way for Tulsa the first time all year was Troy Homola with a game high of 18 points. Keenan Beraldi also added in an additional 10 points. Anthony Castellano and Wayne Barne had outstanding games with the things that won't appear in the box score. Doing it for Rice was Michael Callahan with 7 points. Andrew Morris and Jeffrey Favuza each added in 4 points. Eli Jennings and Christian Houde were very physical on the defensive glass.

## NBA - Boys Grades 8-10

Grizzlies 50, Hornets 25

Derek O'Dea led all scorers with 20 points. Jeff Kannally helped out to give the Hornets the edge by throwing in 12 on the day. Andrew Medeiros, Ryan Walsh, Bryan Fennelly, and Nick Whalen all completed the scoring by throwing in a basket each. For the Hornets, Jimmy Bonish led the attack with 7 points. John Rufo followed close behind with another 5 and Nicholas Luise threw in 4 more. Jeff Hill and Kevin Murphy combined for the final 5 points scoring 3 and 2 points respectively. Both teams played a great game.

## Nets 35, Heat 30

The Nets managed to pull off a five-point victory despite only having seven players present. Robbie Fisher and Ryan Malone led the way with 9 points apiece. Joseph Fitzgerald threw in 6 more and Zach Anderson chipped in with 5 of his own. Cameron Shepard and Ryan Pennie helped out by contributing 4 points apiece. Adam DiTocco made many key passes to set up his teammates for victory.

The duo of Adam Wells and Michael Wilkinson led the Heat by scoring 11 and 10 points respectively. Sean Keane threw in another 6, while Justin Bleier had 2 more. Christopher Crupi scored the final point on a free throw.

## Bulls 61, Nuggets 47

The Bulls picked up where they left off last week as they once again came away with a big victory. Marty Bamberg continued his stellar season by throwing in 17 points. Chris Frissore added 10 more and Jon Biondo had 8. Derek Duggan and Anthony Belino each had 6, while Matt McKenna had 5 of his own. Jon Terlaga and EJ Boggia rounded out the scoring with a deuce apiece.

The double digit scoring efforts of Michael Arria, 15 points, and Joe Warren, 10 points, led the way for the Nuggets. Sean Hanley and Steve Taylor combined for another 12 scoring 7 and 5 points respectively. Pat Enwright chipped in with 4 of his own, while Nick Cirame and Bob Cameron completed the scoring with a basket and a free throw.

## Wizards 40, Lakers 37

In an exciting Lakers-Wizard match up, the Wizards held on to a three-point lead to finish the day with a victory. Philip Lentini gave the Wizards the push they needed by throwing in a game high 20 points. Jacob Briere had 8 more and Andrew Flood had 5.

Tim Kent, Bryan Feindel, and John Webber rounded out the scoring with 3, 2, and 2 points respectively. Ben Levine and Jonathan Fabiano led the Lakers with 11 and 10 points. Zachary Copp and Denis Ginchy each threw in 5, while Adam Paquette chipped in with 4 more. Adam Saperia rounded out the scoring with 2 points.

## Knicks 56, Cavaliers 53

Two twenty-point plus scorers, Will Prince, 25 points, and Tim McCarthy, 23 points, led the Knicks over the Nuggets in this week's match up. Alex Donas,

Dan McCarthy, Eric Lee, and Mike Amentola gave the Knicks the extra push they needed for victory as they each scored a basket on the day. The Cavaliers put up a great fight as they had 3 players finish in double figures.

Ian Sullivan led the attack with 18 points, including three treys, Mike Gracia had 11, and Dave Mello threw in 10 of his own. Nolan Giroux added 6 more and Dylan Sullivan contributed 4 more. Brian Goncalves rounded out the scoring with a basket of his own.

## Atlantic 10 - Girls

Grades 3&4

Rhode Island 24 - Duquesne 4

Both Rhode Island and Duquesne battled hard on Saturday. Alexa Papastathis and Teresa Gracia both had big games each scoring 6 points. The rest of the scoring was spread with everyone on the team scoring at least 2 points. Allie Woodland, Melissa McNamara and Julia Gate did a great job setting up the offense and giving their teammates the opportunities to score. Erin Regal and Sonia Purohit both played tough defense and made it difficult for their opponents to score.

Duquesne didn't let their height disadvantage hold them back. Both Maeve Sullivan and Christina Spinos scored 2 points apiece. Heather Hayes, Abigail Shedd and Elizabeth Fritas played tough defense the whole game. Bridget Sullivan and Erin Miasserian did a great job on the boards, rebounding throughout the entire game. Ashley Warren had another great game stealing the ball whenever possible. This game displayed how much these girls like to play basketball.

## LaSalle 18 - Temple 10

This game was a fast paced game. LaSalle got off to a good start; Courtney MacDonald had yet another big game putting up 12 points for LaSalle. Francesca Barone, Isabella Cigna and Amanda Boyle all contributed 2 points to the scoreboard. Katie Colombo Julia Gaffes Samantha Columbo and Samantha Lodato all played tough defense, especially in the first half when they held Temple scoreless.

Temple came out strong in the second half, fighting strong and scoring 8 unanswered points. Leading the comeback was Mackenzie Casey who scored 6 points including two key foul shots. Vanessa D'Angelo and Marci Zaccardi both hit shots for two points each. Katie Rohleder and Christina Wright and Katie Blair all played tough defense, transitioned well and were able to set up plays on offense, which gave their teammates the chances to score.

This game was a great game to watch because all of the players gave it everything they had.

## Xavier 18, Fordham 9

This game was a well-played game on both sides. Rachel White led the way for Xavier with 8 points. Taylor Bosco and Casey McFall both scored 4 points, while Caitlyn Ferreira added 2. Sophie Consorti and Nicole Barry played great on both sides of the ball, hustling on both offense and defense. Xavier's teamwork led to their success.

Fordham kept the heat on the entire game. Carolyn Nasiff led the way for her team with a total of 5 points. Katelyn Fisher and Montana Howlett each added 2 points to contribute to

Fordam's 9 points.

Madelyn Messina and Holly Doyle made some great passes on offense, and did a great job spreading out Xavier's tough zone defense. Cherise Detwiler, Arianna Schuurman and Kristina Galvin all played good defense making it hard for their opponents to score. This was an exciting game for all of the fans to watch.

## George Washington 33 - Charlotte 10

This was a well-played game for both teams. Emily Loud and Samantha DeMonico lead the way for GW scoring 10 and 9 points respectively. Lindsay Donahue added 6, and Erica Pudvelis and Olivia Hill added 4 each. Emily Rakkers did a great job handling the ball and the offense in her position at guard. All of the girls played exceptional defense, all working together to create turnovers.

Charlotte had their whole team present and all of them worked hard in every aspect of the game. Ashley DeLucia had a great day scoring 8 out of the teams ten points. Megan McMahon contributed 2 points of her own to the scoreboard. Sydney Brennan had another great game at center, she was aggressive underneath and her determination showed. Christina Natola, Brianna O'Donoghue and Katelyn Musto did a great job on defense and created key turnovers. Samantha Rideout and Helena Walker both hustled up and down the floor all day getting the ball up the floor quickly. Both teams were tenacious and did not give up throughout the entire game.

## St. Louis 16 - Richmond 12

This game was a close one and it came down to the last few seconds as the players fought hard. Makayla Donahue led the way for St. Louis scoring 8 points for her team. Courtney Murphy added 6 and Megan Rodenhiser added two. Sam Grasso, Katelyn Otis and Lily Keating all played hard defense, which paid off in the end. Sarah Berube and Shannon Sullivan overall had great games on offensive and defense which helped their team become successful.

Richmond fought hard the entire game, right down to the end. Sarah Klucznik led the way for Richmond scoring 6 points in the first half. Keara Martins and Shannon Horgan had 4 and 2 points respectively. Michelle Doucette, Katelyn Stevens Allison Daniliuk and Molly O'Shea demonstrated what teamwork could do by using quick passes and setting up plays for their other teammates to score. Morgan Walsh and Shannon Mota played great defense and helped stop the very good St. Louis offense. This was a very fast paced and well-played game.

## Dayton 25 - St. Joes 20

This was a very fast paced game with two very talented teams. Kaila Bavin and Kellie Souza scored 8 and 6 points and were the high scorers for Dayton. Samantha MacInnis and Emily O'Keefe each added 4 points to the score. Melody showed off her sharp shooting and hit a jumper for two points. Siobhan Reidy hit a foul shot to finish of Dayton's score of 25. Kyra Walsh and Jessica Backman both played great defense and helped their team transition well to offense.

Christina Woods had yet another big day with a grand total of 12 points on the day. Siobhan Scanlon and Vicky McDermott each used their

height advantage and were able to add 4 points to the board. Mary Lesperance, Rachel Gullotto and Chloe LeBlanc all played extremely well and created some great plays so that their teammates could score. This fast paced game ended with a final score of Dayton 25 St. Joes 20.

## Atlantic Coast - Girls

Duke 37

## North Carolina 18

Scoring almost all of her baskets from steals and fast breaks, Duke's Cassandra Grasso (17 points) led her team to victory over North Carolina Saturday. Supporting Grasso's scoring efforts were Kaitlyn Curley with 10 points, Sara Rakkers with 4 points, Emily Choi with 2 points, Nicole McInerney with 2 points and Marina Otis with 2 points. Erin Berube and Stephanie Sullivan did an excellent job of shutting down the passing lanes on defense to stall North Carolina's offense. Johanna Marden played well on both the offensive and defensive sides of the ball.

Spectacular outside shooting by North Carolina's Madison Young gave her a team-high 10 points in this contest. Contributing points on North Carolina's behalf were Olivia Walsh (2 points), Jillian Williams (2 points), Amelia Arbeely (2 points) and Lauren DePasquale (2 points). Carlee Sutura and Heather Trites played tight defense on Duke's guards making them work for every basket.

## Virginia Tech 26, Maryland 10

Sara Cokash exploded for 24 points propelling Virginia Tech to a win over Maryland Saturday. Kristina Nicoli, who plays tough defense, had 2 points and Jacqueline Cote also had 2 points. Lauren Natale and Veronica Reidy supported the offense with pinpoint passing and relentless defense.

Once again Caroline Johnston led Maryland's offense with 6 points, all on inside moves near the basket. Victoria Ferreira and Katrina Saragosa chipped in a basket apiece to round out the scoring. Samantha MacInnis and Elizabeth Harvey scrambled for loose balls and hustled on defense right to the final buzzer. Jillian Doyle and Mikayla McCool both had great defensive games for their team.

## Miami 41, Georgia Tech 29

Lauren Amazeen and Amanda Richards combined for 31 points to help Miami win over Georgia Tech Saturday. Amazeen (19 points) and Richards (12 points) received scoring help from Hannah Brown (6 points), Kristen Connors (2 points) and Meghan Sullivan (2 points). The impact of Kendra Scott and Meghan Carney's defense on Georgia Tech's offense was noticeable by all in attendance.

A 23-point effort on offense by Kimberly Donoghue was not enough to get Georgia Tech past Miami. Taylor Perella (4 points) and Victoria Lee (2 points) helped on the offensive end while Lianna Natola, Rachel Alatalo and Brianna Perrino held down the defensive side of the court for Georgia Tech. Samantha DePasquale, Emma Ceres and Krista Tedesco rebounded well and hustled on defense the entire game.

Clemson 20, Wake Forest 13.  
Shreya Pai (8 points) and Rachael Cormier (6 points) took charge of the offense and led their team to a win over

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## Recreational Basketball League round-up

FROM PAGE SP9W

perennial power Wake Forest on Saturday. Playing well offensively and scoring a basket apiece were Emily Bamberg, Savannah Sullivan and Brittany Abbott. Danielle McNally and Bridget Cadogan worked tirelessly on defense to keep Wake Forest on their toes. Michaela Rodenhiser had some nice steals and was an integral part of the defensive efforts of Clemson.

Hannah Reynolds had 6 points and Nicole Potner had 5 points to lead Wake Forest's offense. Casey MacDonald added 2 points and played an all around great game. The defense played by Rael Gallucci, Caitlin Baranow and Molly Fanikos turned out to be a real obstacle for Clemson's offense. Hannah Griffin's contributions at the point guard position and on defense were indispensable to her team.

Florida St 24, Virginia 18  
Playing with a lot of endurance and no substitutions, Florida St. came away with a victory over Virginia. Sharpshooter Shannon Moulton (10 points) led the scoring for Florida St. with Caitlin Parrott (8 points) close behind. Kristen Luise and Danielle Reynolds combined for the remaining 6 points, with 4 points and 2 points respectively. Lauren Borsetti completely controlled the offensive and defensive boards with her rebounding skills.

Presley Silva scored all 10 of her points in the second half as Virginia made a run and tried to overtake Florida St. late in the game. Offensive production was also received from Lexi Tamburello (4 points), Elizabeth Dullea (2 points) and Shana Butler (2 points). Heather Benson and Brianna Tavares had some strong rebounds and played flawless defense. Danielle Gianatassio distributed the ball well on offense and played tough defense on Florida St.'s guards.

WNBA - Girls Grades 7-10  
Mercury 44, Liberty 35  
The duo of Jacqueline

Kennedy and Lauren Bennett led the way for the Mercury as they scored 14 and 10 points respectively. Taylor Hanley added another 8 and Megan Howland and Kelly Valletta each had 4 points. Jana Cosman-Cyrus and Kaileigh Bernardo combined for the final 4 points for the Mercury. Lisa Hitchins and Janelle Celeste led the Liberty with 13 and 10 points. Kelsey Mangan had another 6, while Ashley Paquette, Alexandra Gemellaro, and Janelle Heenan all had a basket. Danielle Parisi and Melissa O'Donoghue both showed great hustle on both ends of the floor.

Comets 24, Mystics 9

Tara Van Vranken lifted the Comets to victory with her 8-point performance. Ms. Scott followed close behind with 6 points of her own. Katie Falter, Brittany Cavanaugh, Randi Davis, Larissa Ingala, and Heather Briere all contributed a basket in the victory. The Mystics put up a great fight as Lauren Sullivan led the way with 5 points. Erin Welch and Emily Colosimo rounded out the scoring with a basket apiece. Delaney Gillis, Kathleen Kurowski made many key defensive stops for the Mystics.

Storm 29, Sparks 25

The Sparks got caught up in the Storm as they fell by a 4-point deficit. Megan Priem led the way for the Storm throwing in 11 points. Casey Murray was next in line with 10 points of her own. Jenn Garrard and Lisa DiOrio combined for the final 8 points scoring 6 and 2 respectively. Kelly Duffy was the Storm's leading scorer as she had 9 points on the day. Erin Duffy and Nicole Kakleas each finished close behind with 6 points. Sara Pudvelis and Colleen Brothers rounded out the scoring with a basket apiece. Joleen Stygles, Jordan Malatesta, Ashley DeFuria, and Laura Magee all had great games for their teams.



A quick pass to Jackie Parece by Cailin O'Flaherty leads to an easy two points and the win for the Wilmington girls seventh grade River Valley girls basketball team in the team's game against Andover held this past weekend.

(courtesy photo)

## Redmen ice hockey team remains red hot

By JAMIE POTE  
Sports Editor

On Saturday night, the Tewksbury Memorial High School boys' ice hockey team extended its winning streak to nine games with a 6-1 thumping over Haverhill played at the Janas Arena in Lowell.

With the win, the Redmen are now 11-2-1 overall - which includes a 5-0-1 mark within the league - after starting the season out 2-2-1.

If Tewksbury can knock off Methuen on Wednesday night at this paper was being printed, then Saturday's game with Lincoln-Sudbury will determine the MVC/DCL Division 2 Champion. Tewksbury last won the league title three years ago.

"This whole week is huge for us," said head coach Derek Doherty. "We have Methuen, and then we go back-to-back nights with Lowell on Thursday and then Lincoln-Sudbury on Saturday. No one on this team

takes anyone lightly. So as long as that continues and as long as the kids continue to work hard, hopefully we can pull through this tough week of play."

Haverhill got on the scoreboard first scoring at the four minute mark of the first period as Kevin O'Brien was set up by Brandon Fredett. But Tewksbury came right back scoring three goals in a span of 2:12 to take a commanding 3-1 lead after the first period. Mike Taylor tied the game up at 1-1 with an assist going to Marc Legere.

Then Scott Capraro continued his torrid scoring pace scoring back-to-back tallies at the 7:28 and 8:41 marks. Jim Fitzpatrick and Tom McLeod assisted on the first goal, and Dan Grasso and Paul Tosto chipped in on the second.

Capraro leads the MVC/DCL Division 2 conference in scoring with 14 goals and 8 assists.

Rob McVey added the much needed insurance goal in the second period as he was set up by Legere to make it 4-1.

"Robbie has been playing great," said Doherty. "Especially the last four or five games, he has really turned it on. He's big, he's strong and he can move. Actually that line he's on really has the right mix of three players. You have Robbie who plays the physical forward, you have Mike Taylor who has the great speed and Marc Legere who has great hands. The three of them are really starting to click."

In the final stanza, Dan Grasso scored an unassisted goal, before Kyle Russell put the finishing touches on the offense scoring the team's sixth goal with assists going to Tim Frazier and Ryan Doherty.

"Danny (Grasso) scored a great shorthanded end-to-end goal," said Doherty. "He went screaming down the right side

and just powered his way with a shot to the back of the net. He's a big player for us. He's that leader of our defensive core. He just makes such good decisions. It's good because when he goes up in the offense, we have other defensemen like Kevin Lyons who will be a stay home defenseman. Danny's a kid who likes to get involved with the offense and I let him because he can. he's good at it plus he can get back because he's so fast."

Goaltender Josh Silberberg made 20 saves to record the victory in net. He still leads the conference in Goals Against Average at 1.05.

"Josh played another solid game for us on Saturday," said Doherty. "He's been great all season and just very consistent."

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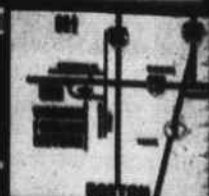


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## Girl Scouts.

By DOUG WOOD-BOYLE

There is something about this time of year when our minds turn toward thoughts of that special treat in our lives - the Girl Scout Cookie. Whether it is the ever popular Thin Mint, Caramel deLites® or the third most popular Peanut Butter Patties, for over 90 years people have been purchasing Girl Scout Cookies to help support the various troops in their communities.

About four years ago, it was first discovered that our fighting forces overseas, look forward to this annual treat as much as any of us safe and warm in our homes. Thus, some of the 65 Girl Scout troops in Reading started to ask people to purchase an extra box so it could be sent overseas.

Donna O'Connell, a leader with Troop 3705 at the Parker Middle School first came up with the idea when a neighbor of hers was stationed in Iraq. It was picked up by her co-leader, Donna

Doucette (also a leader with Reading Memorial High School's Troop 3296, whose nephew, Specialist Fifth Class Robert Margeson of Tewksbury, also started to ask for the cookies.

O'Connell said, "When I first started doing it, I put the information out on the Girls Scouts website ([www.readinggirlscouts.org](http://www.readinggirlscouts.org)). I had each troop bring the cookies to Camp Curtis Guild."

O'Connell recalled, that she had her girls suggest too people that bought the cookies at

booth sales in front of the local businesses to buy an extra one for shipment overseas. She then contacted the Family Readiness Program at Camp Curtis Guild in Reading and they said the cookies could be shipped over as part of the care packages that going to the National Guard troops in Iraq and Guantanamo Bay, Cuba.

The families of the Camp Curtis Guild troops would get together on a monthly basis and pack the care packages for shipment overseas. O'Connell would bring the cases of cookies sold by her Girl Scout troop down to Camp Curtis Guild for the monthly meeting and a package would be included in every care package.

At first Doucette did not know of O'Connell's involvement and she would ship the cases sold by her Girl Scout Troop to her nephew, who would then distribute them to other troops in Iraq on his own.

O'Connell estimates that in the first year, about 800 boxes of cookies were shipped overseas. Doucette said that number may now be as high

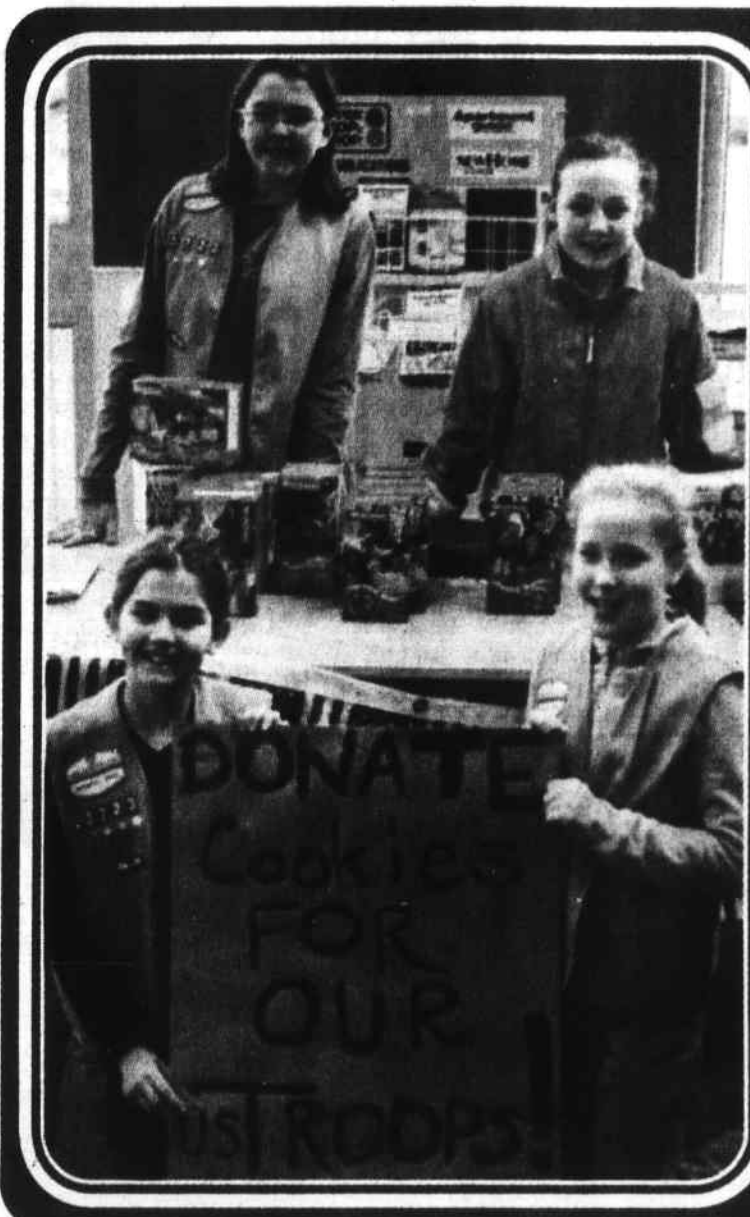
as 1,000 boxes.

"We send the by the case and there are 12 boxes to the case," Doucette said.

Some cases go directly to the troops, through SP5 Margeson, who had returned home and has been sent back to Iraq once again. Other cases are sent through Camp Curtis Guild and now families from Hanscom Air Force Base are picking up on the idea and asking for Girl Scout Cookies to be sent to them.

# Cookies for our troops

Local scouts support local troops



**FIFTH GRADERS AT THE JW KILLAM SCHOOL IN READING**, and members of Junior Girls Scout Troop 3723 include (back l-r) Megan Littlehale and Casey Malinski and (front l-r) Becky Wandel and Meghan O'Brien. These girls are just four of the many Girl Scouts who are participating in the Cookies for Troops program.

O'Connell said, "One thing the troops really love is when the Girl Scouts write little notes on the boxes such as 'Keep Safe' or 'You're a Hero.' They love the support."

According to Doucette, "They (the troops) really truly enjoy this. Going from the Girl Scouts to the Army provides a kind of connection, especially the soldiers with kids in the Girls Scouts."

O'Connell added, "The Girl Scout troops want to thank the people of Reading who have helped to make this program a success."

She also said, "The more cookies that get

sent over there, the nicer it is."

According to Doucette, 60 of the 65 Girl Scout Troops in Reading (including Brownies, Cadets, Junior Scouts, and Senior Scouts) help in the sales. Some of the troops do it at the booth sales and others are making it a part of their door to door sales program.

"It is unbelievable how much the soldiers totally enjoy the cookies," Doucette said.

According to Doucette, "Some people were sending home-made baked goods overseas. I knew my nephew liked Girl Scout Cookies and I asked my sister (Patricia Margeson of Tewksbury) and she said to do it, but not send chocolate cookies (because of the heat in the desert country)."

When shopping at stores in Reading, look for the Girl Scout cookie booths. There will also be a sign or a specially marked box ask-

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# Movie Reviews

by Paul Feely

## "UNTRACEABLE" THANK GOODNESS!



"UNTRACEABLE" IS A VERY FORGETTABLE FILM. From the very start this film lacks a sustainable plot. After 30 minutes watching a mystery movie, the mystery is revealed. If you go to see this film, you will probably wish you hadn't, if you remember it at all.

"UNTRACEABLE"  
GRADE: \*

'Untraceable'? This movie will leave you wishing it was. The movie has no idea what it wants to be, so why should the audience be able to figure it out?

For about 20 minutes or so it's a mystery. Who is doing these awful things? Then it decides to tell us—and all the while you're hoping that it's a setup for a surprise, but no, we really do find out who this fiend incarnate is. So for the next 40 minutes it turns into "why is he doing this?" A few bits of connect-the-dots, a Morse Code clue and super FBI agent Jennifer Marsh (Diane Lane - why does she

end up in these flicks?) with a Power Point presentation clears that up. Where does this leave us? Why with 30 minutes of absurd plot devices, a pointless setup that goes nowhere and a predictable climax that was virtually telegraphed in the first reel. (Memo to viewers: If something like a gas-powered garden tiller is arbitrarily introduced and focused on in reel one, expect to see it again during the climax.)

What does this leave us with? An unpleasant exercise in torture-porn lite—a Hostel picture for folks who wouldn't be caught dead watching Hostel. The only thing is it's worse, because it isn't even honest about it, trying all the

while to pass itself off as something deeper. It starts out with an unknown sadist somewhat improbably starving a kitten to death with one of those sticky rattraps for the delight of some presumably very patient Web-surfing sickos via streaming video.

Then our sadist turns his attention to a human being—with the trick being that more hits generated by his untraceable Web site causes the torture death to occur faster. This, of course, is the film's purported heavy message—that our own voyeurism implicates us in the crime.

What's sad is that Hollywood tries to sell this

slop, which rips off too many other movies to count, to viewers Sadder still is the simple fact that Diane Lane ever got within a hundred miles of this movie.

"RAMBO"  
GRADE: \*\*\*

Sylvester Stallone and his two most popular characters, John Rambo and Rocky Balboa, may have become a joke to moviegoers in recent years ("He's making another one of those movies?"), but give Stallone credit - if you are a fan of those storylines, the most recent additions meet, if not exceed, your expectations.

It's been 20 years since Rambo's last movie. Like his Rocky character, Rambo suffered from his success. The first film, 1982's First Blood, was an earnest and surprisingly sensitive exploration of a Vietnam vet's struggles to find peace after returning home from the war (he doesn't). And for two more sequels, he's a one-man army, galloping through fireballs, killing countless bad guys. Since he's a Cold-War warrior, those bad guys are mostly Soviets. By the end of the third movie, he's in Afghanistan, fighting alongside the Afghan rebels - who knows, he and Osama bin Laden may have even shared a cave.

The world's gotten a lot more gray (as has Stallone) since Rambo's black-and-white heyday. But all the online speculation that



There are seven differences in the second picture. Can you spot them?  
AND WEAR:  
RESS, ARM, PILLOW, ANTENNA, T.V. STAND, CHAIR, BELT

Rambo might be coming back to kick some al-Qaeda butt was wrong. Twenty years later, we find the reclusive, sixtiesomething Rambo has retired to Thailand, working as a boat operator, chugging up and down a remote jungle river.

But first, viewers are treated to an introductory series of gruesome newsreel footage - images of broken and burned corpses, starving children and mutilated women - as a narrator speaks of the horrors in Burma (now

Myanmar) and "the world's longest-running civil war", which has lasted 60 years. Stallone is setting up the villains as some of the worst creatures to walk the earth, so that audience members may welcome the visual payback that is about to come.

Make no mistake: Rambo is an ultraviolent, hyper-realistic movie. That may not seem like a news flash: Rambo movies are notorious for the massive slaughter

MOVIES to S-3

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## Movies

from S-2

they depict. But those previous films seem like PG-rated Saturday matinee fare compared to what you see here. Think of Saving Private Ryan, only with women and children. Stallone uses that same jittery, grimy handheld style. But where Steven Spielberg focused more on the chaos of battle, Sly emphasizes the carnage. In the several significant fire-fights that occur during the movie, you witness, up close and in detail, just about every form of devastation visited upon the human body. Limbs fly, skin is seared, guts are played. The most frequent visual effect is parts or all of someone turning into what looks like bloody cake frosting.

Women are raped, children are butchered. It's stunningly, unrelentingly violent, and the only rationale seems to be rooted in those opening archival images, as if to say: When you hear or read about genocide, this is what it means.

Rambo is pulled into the melee when, against his better judgment, a beautiful blonde, Sarah (Julie Benz), persuades him to transport her troupe of missionaries up the river and into Burma, where they will deliver food and medicine to needy villagers. "You're not going to change anything," he tells her. "Trying to save a life isn't wasting your life," she retorts. He gazes thoughtfully into her soul and relents.

These naive do-gooders are, of course, instantly swept up by the evil army, led by the sadistic commander who calmly smokes while watching his men make a sport out of slaughter. When the missionaries' church hires a band of mercenaries to attempt a rescue, Rambo agrees to take them up the river.

You don't need to be a Rambo fan, or have ever seen a Rambo movie, to know how this is going to work out: all the bad guys and many of the good guys dead and Rambo standing majestically over the smoldering battlefield. Among the sights and sounds - Rambo rips a would-be rapist's throat out with his big, bare, vein-ribbed hand and cuts a guy in half with his knife - all graphically portrayed.

Critics across the land have had a field day tearing this film to shreds, like one of the Burmese army soldiers Rambo takes down. But you can't expect acting and dialogue on the scale of Olivier in a Rambo film - they are

what they are, and this one will more than deliver for its fanbase.

"CLOVERFIELD"  
GRADE: \*\*\*\*

The first great film of 2008 has arrived, and it survived its own tidal wave of hype.

If you've seen the trailer for Cloverfield, with its shaky, handheld camera work and cast of unknowns, it's obvious to make the connection to a horror film from a few years ago - I did too. But don't worry - this is not the second coming of The Blair Witch Project, although it has enjoyed the same type of buzz on the Internet.

Cloverfield is a bona fide monster movie that puts to shame the most recent versions of War of the Worlds and Godzilla. Lost creator J.J. Abrams is the producer. The director, Matt Reeves, is far from a household name, as he has worked mostly in television (his previous big screen effort was the 1996 David Schwimmer debacle The Pallbearer). This movie will change that. The writer, Drew Goddard, is a veteran of TV shows Lost, Alias, Angel and Buffy the Vampire Slayer.

Quite simply, Cloverfield is unlike any film of its genre. While the military launches its massive attack against the beast rampaging through Manhattan, its focus is intensely personal. This is what you or I might be doing when a disaster of unimaginable proportions strikes. It's kind of terrifying. For us, the issue becomes whether Rob will find Beth; the fate of the monster and all of Manhattan, really is secondary.

As the party goes on and after Beth leaves following a heated exchange with Rob, there is a tremor, maybe a small earthquake. We learn from a news report that an oil tanker has capsized. Then buildings fall. Through it all, Hud keeps taping. Why? "People are gonna want to know how it all went down." Through his camera, we see the attack from ground level.

What exactly is the monster? Hard to say. It most definitely is not a big, clumsy Godzilla clone. I'm not even sure if it's bipedal. We hear some wild speculation, but we never learn anything concrete about what it is or where it came from. We get several glimpses of it, both from the news and Hud's camera. That is where the film breaks new ground - a monster movie, where the creature itself is almost too terrifying to behold.

## About the Towns

by Phyllis Nissen

### GREEN STUFF AND IRON MEN

#### First day and now in Stoneham

"After a long-awaited search for a new Chief of Police, Town Clerk John Hanright swore in local resident Richard Bongiorno to Stoneham's top law enforcement post," notes the "Stoneham Independent."

Bongiorno, who has lived in Stoneham for eight years, previously served on the Cambridge Police Department for more than two-and-a-half decades.

"He left his old force at the rank of captain, and will now succeed the vacancy left by the departure of Chief Herb Moore, who stepped down for medical reasons."

"In earning the nod from the Selectmen and Town Administrator David Ragucci, the newest Chief of Police beat out 21 candidates vying for the position. Five finalists were ultimately selected by a selection committee and forwarded to Ragucci's desk for consideration."

"During his busy first day, Bongiorno took a few minutes to sit down with The Stoneham Independent to talk about himself and his vision for the future of the Stoneham Police Dept."

"Excerpts from that interview follow: SI: How has your first day been so far?"

"Bongiorno: 'I was very impressed at the swearing in ceremony, with the number of Stoneham officers who took the time to come and meet with me. I've had a few phone calls and just finished a meeting with our two lieutenants, who will clearly be a part of our management team. I'll be meeting today at 2:30 p.m. with the patrolman's union and the TA. I can also tell you that my first week is pretty much filled up with meetings to get to know people....'"

#### The greening of Wakefield

"Commuters who park along Main street in Greenwood have to pay a \$3 daily fee or receive a \$25 parking ticket from the Wakefield Police Department," notes the Wakefield edition of the "Daily Times Chronicle."

"Enforcement of this new pay-to-park system began on December 3. Notably, the annual Winter Parking ban also went into effect on this date."

"A total of 75 numbered parking spaces were recently delineated and labeled, extending from the intersection of Main and Forest streets to the Meriam Street bridge."

"The system requires that anyone parking in one of the numbered spaces pay a \$3 fee," Town officials explained in their official announcement of the new parking system.

"Payment is required each day, Monday through Friday, between the hours of 5:00 a.m. and 6:00 p.m."

"Notably, commuters should note that there is no fee to park on weekends, nor is there a charge for parking on official state holidays, including New Year's Day, Martin Luther King Day, Presidents Day, Patriots Day, Memorial Day, Independence Day, Columbus Day, Veteran's Day, Thanksgiving Day, and Christmas."

"Motorists can park in one of the numbered spaces, and then make their way to the payment stations, located at the intersection of Main and Forest streets, by the MBTA Flag Man's hut."

"Motorists are urged to remember their parking space number, because they will not receive credit if they pay for another spot. Space numbers are posted on the chainlink fence located along the sidewalk and on the roadway."

"Please note that you do not need to place a slip or receipt on your windshield," Town officials explained, adding, "The machine will notify the Wakefield Department of any vehicle that has not paid."

"Coins and credit cards are accepted at the payment stations: Dollar bills will not be accepted...."

#### The same, only different, in Wakefield

And, at approximately the same time, the same subject surfaced, in the UK's "Wakefield Express."

"Pay to park by phone scheme launched," reads the headline in the "Express."

A scheme allowing

motorists to pay for parking via their mobile phones is being launched in Newcastle city centre.

From next week, drivers can phone or text their car registration and payment details to a dedicated number.

There is a service charge of 10 percent for transactions costing more than \$1 or 20 percent for payments over \$2.

The six-month Park and Pay pilot scheme is currently in operation on Dean Street, Eldon Garden, Eldon Square, Grainger Town and the Quayside.

Customers can opt to receive text reminders when their allotted time is about to expire, although there is also a 10 percent charge for this service.

The process is simpler if users register their details via the city council's website. Unregistered users must provide their payment and registration details each time.

#### Public museum

#### in Tewksbury

"Henry Lacostic wanted to see the 'iron lung,'" notes the "Tewksbury Town Crier."

"The Public Health museum in Tewksbury welcomed a special visitor who, as a child, had spent about seven years of his life inside the iron lung."

"Lacostic, age 36, who now lives in Lowell, heard that the Public Health Museum had acquired the iron lung from Lakeville Hospital when it closed. He knew he had to see it once again."

"The iron lung is an airtight machine that uses negative pressure inside where the patient's body is to increase the volume of the chest cavity. This pulls air in through a patient's mouth. Then when the pressure inside the machine is increased, it then causes the air to be expelled."

"The first time an iron lung was used was at Children's Hospital Boston on October 12, 1928. It is best known for its use in helping Polio victims to breathe because Polio paralyzes muscles, including those in the diaphragm that are needed to breathe."

"Lacostic has Congenital

Towns to S-5

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April 21 - April 25 Vacation Week	Monday - Friday	1 week	8:00a-2:30p

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## Cookies

from S-1



ing for cookie donations for our troops over seas.

The sales are continuing until March 16 and booths will be at the following locations:

- Saturday, February 9:  
- Bagel World 8 a.m. to 2 p.m. Troops 1290 and 3730 (each troop will serve for 3 hours)
- Atlantic Food Market 10 a.m. to 1 p.m. Troop 3705

- Sunday, February 10  
- Atlantic Food Market 12 p.m. to 6 p.m. Troops 3703 and 3730 (each troop will serve for 3 hours)
- Stop and Shop 9 a.m. to 3 p.m. Troop 1299

- Saturday, February 16:  
- Bagel World 9 a.m. to 12 p.m. Troop 3733
- Stop and Shop 9 a.m. to 3 p.m. Troops 1268 and 1300 (each troop will serve for 3 hours)

- Sunday, February 24:  
- Stop and Shop 1 p.m. to 4 p.m. Troop 3737

- Saturday, March 8:  
- Stop and Shop 9 a.m. to 12 p.m. Troop 3730
- Stop and Shop 3 p.m. to 6 p.m. Troop 3723

- Sunday, March 9:  
- Atlantic 12 p.m. to 6 p.m. Troops 1290 and 3730 (each troop will serve for 3 hours)

- Saturday, March 15:  
- Atlantic 12 p.m. to 3 p.m. Troop 3705

- Sunday, March 16:  
- Stop and Shop 9 a.m. to 3 p.m. Troops 1278 and 3705 (each troop will serve for 3 hours).

If you cannot make it to any of these locations contact Doucette by e-mail at sjtremblay@comcast.net.

According to information provided by ABC Bakery, one of two official bakers of Girl Scout Cookies "It's been 90 years since Girl Scouts began selling home-baked cookies to raise money. The idea was so popular that in 1936, Girl Scouts of the USA enlisted bakers to handle the growing demand. Since then, selling Girl Scout Cookies has become a successful way to help girls develop important leadership skills and earn money for activities."

There are eight flavors of cookies on sale this year. They are: Thin Mints, Caramel deLites, peanut butter patties, shortbread, peanut butter sandwiches, Thank-a-Lot (an international cookie) and Lemonade.

The following facts are also provided by ABC:

- Juliette Gordon Low initiated the cookie sale as a way for Girl Scouts to be self-reliant and to fund their own activities

- In the 1920s and 30s, Girl Scouts in different parts of the country baked their own simple sugar cookies and sold them to raise money for their activities.

- The first documented council-wide sale of commercially baked cookies took place in Philadelphia in 1934.

- The first national Girl Scout Cookie sale was held in 1936.

- Over the years, cookie varieties have come and gone in response to changing consumer tastes. However, the only modification to Shortbread has been a "facelift" in 1979 when the cookie's traditional Girl Scout service mark was replaced by a more contemporary service mark.

## Athletes & Activities

by Paul Feely

### SPORTS SHORTS

•**MIDDLESEX EAST SPORTS WEEKLY TRIVIA QUESTION:** Who holds the Super Bowl record for most yards receiving in one game? Answer appears elsewhere in this column.

•Sophomore Barbara Powell (Granby/Holyoke Catholic HS) and junior Melissa Nash (Marshfield/Marshfield HS) had two of the top performances for the Bentley women's track team Friday night at the Boston University Terrier Classic at the BU Track and Tennis Center.

On Saturday, Powell combined with Robbins and juniors Amy Papalia (Marlboro/Marian HS) and **CAROLINE SHEEDY (READING/READING HS)** to finish fifth of eight teams in the 4x800 relay, with a time of 9:56.45. Two of the teams to finish in front of Bentley were from Duke University, and the others were from Fordham and Bowdoin.

•The Gymnastics and More Boys Team competed in a meet at their home gym in Woburn on January 13th.

**JOHN LAING, A LEVEL 10 FROM READING**, placed first all around with a score of 77.700. He placed first on floor (13.5), high bar (13.0), and pommel horse (12.9); fourth on the parallel bars (11.9); and fifth on the rings (12.2).

**EVAN JONES, A LEVEL 7 ALSO FROM READING**, placed first all around with a 51.000. He placed first on both the parallel bars (8.2) and high bar (8.2), second on pommel horse (8.7), third on the rings (8.5), fourth on floor (8.8), and sixth on vault (8.6).

**LEVEL 6 GYMNAST ANDY JONES**, placed third all around with a score of 53.350. He placed second on the rings (9.15), third on the parallel bars (9.3), fourth on both high bar (8.9) and pommel horse (8.6), and fifth on vault (9.0).

**LEVEL 5 GYMNAST JAMES MARDEN**, placed first on floor (9.0) and third on vault (9.6).

•Need some help with this week's question? The record was set in 1989.

•**FORMER WAKEFIELD HIGH SCHOOL BOYS BASKETBALL PLAYER DWIGHT BREWINGTON** is a member of the Tulsa 66ers of the NBA's D-League. Brewington played in Wakefield for coach Brad Simpson in the 1999-00 season as a freshman before transferring to Lynn English. He was named NEC MVP over the course of the next two seasons. Brewington also played at

Worcester Academy before earning a scholarship from Providence College.

In 18 games with Tulsa the 6-5 guard is averaging 7.8 points per game in just over 16 minutes a contest. Brewington is also shooting an efficient 52.4 percent.

•The Eastern Football League, a minor league football organization, is seeking business/football-minded individuals to start-up/form a team in the Woburn area, to begin play in 2008.

Potential team owners should call Peter Vorias, Director of EFL expansion at 207-229-9950

The league consists of full contact football for players age 18 and up. Games begin in July for AAA teams, and in August for A teams. AAA teams have a maximum roster of 60 players, while A teams have 30 players.

The Eastern Football League was founded in 1961 and is considered one of the oldest semi-pro football league in the nation. In its past 47 years of operation it has seen numerous teams from 5 New England states. Maine, N. H., N.Y., Mass., Rhode Island and Conn. participate in its games.

It has gained (13) thirteen national titles, (7) USFA titles, (3) MLFN titles and (2) AFA titles. A number of players have made it to the pro ranks going back to the playing days of Butch Songin of the Boston Patriots and Tom Dempsey of the Philadelphia Eagles.

There have been many champions over the years, starting with the 1961 Morrissey Club, 1963 Brockton Pros, 1966 Nashua N.H. Colts, 1978 Hyde Park Cowboys, 1988 Michell Club Cobras, 1990 Randolph Oilers, 2000 Marlboro Shamrocks and present day 2006 Middleboro Cobras. Twenty one individuals have been inducted into the A.F.A. football hall of fame, and twenty have been inducted into the U.S.F.A. football hall of fame.

League records show that only (12) players have rushed for 1000 yards or more in a 10 game season, the latest being Daron Brown of the Clinton Irish Blizzard (1069 yards in 9 games) in 2004 and Frank Bianchini of the Marlboro Shamrocks (1210 yards in 10 games) in 1999. There are many other records set in the league, longest field goal - 52 yards; most kicking points - 92; longest pass interception return - 103 yards, longest fumble return - 99 yards; longest kickoff return - 102 yards; and longest consecutive game win streak - 54 Marlboro Shamrocks.

The League has a tradition of it's own, like no other.

•**BURLINGTON HIGH ATHLETIC DIRECTOR EDWARD GILLIS** has been chosen as the District Athletic Director of the Year.

The Executive Board, on the recommendation of the District Representatives, annually selects eight athletic administrators (one from each of the eight MIAA athletic districts) to receive the District Athletic Director of the Year Award. Recipients of the District Athletic Director of the Year Award are selected from persons nominated by their respective district athletic directors associations. This award recognizes athletic administrators from across the state that have excelled in the profession. In addition, the Executive Board, at the recommendation of the Athletic Director of the Year Selection Committee, selects one individual to receive the MSSA-DA Athletic Director of the Year Award. The recipient of this award will have made significant contributions within the field of athletic administration at the local, state and national levels and will represent our association at regional and national competitions.

•**ANSWER TO THIS WEEK'S TRIVIA QUESTION:** San Francisco wide-out Jerry Rice had 215 yards on 11 catches in 1989.

•**DO YOU KNOW SOMETHING WE DON'T?** If you have information about a local athlete that you would like to see appear in this column, please email it to readingchronicle@comcast.net, or mail it to: Paul Feely, Middlesex East Sports, P.O. Box 240, Reading, Ma., 01867, or call Paul at 781-944-2200.

This Saturday  
February 9 at noon

## Martins Pond annual Winter Festival

The Martins Pond Association is hosting its 15th annual Winter Festival Saturday, February 9th from 12PM to 3PM. The festival is held at Clarke Park on Burroughs Road, across from Shaw's Plaza on Route 28 in North Reading.

They will have many activities to keep everyone in the family busy. For the kids, there will be their prize every time games, pony rides, face painting and several appearances by Cookie Monster. Group games like tug of war and a pie eating contest will also be held throughout the day. Bring your skates along for ice skating - ice permitting.

Visit the Martins Pond Association table to take a chance in the raffle and see the latest initiatives. Ask about the shore line restoration grant. The raffle contains great prizes donated by local businesses.

There will be plenty of hot food to enjoy including the Horseshoe Grille's pulled pork, chili, chowder, hot dogs, pizza and popcorn and hot drinks. S'more kits will also be available and can be assembled by the fire.

Visit  
www.martinspond.org or call Lida at (978) 664-0625 for more information. Rain date will be Sunday, February 10th.

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# Calendar of Events

## HAM AND BEAN SUPPER SATURDAY

A Ham and Bean Supper will be held on Saturday, February 9 at 6 p.m. at the First Congregational Church of Reading (25 Woburn Street.)

Enjoy a dinner of beans, hot dogs, pea beans, kidney beans, macaroni and cheese, cole slaw, cornbread, dessert and beverage. Reservations are not needed.

Stay for the free coffeehouse featuring Larry Unger, a local banjo and guitar player extraordinaire.

## FRIDAY NIGHT MUSICAL SHABBAT

On Friday, February 8 Temple Emmanuel of Wakefield will be sponsoring a musical Shabbat at 8 p.m. Rabbi Mark Newton will lead the service with the assistance of Rahel, a gifted singer-songwriter.

Rahel, now living in New Hampshire, grew up in Massachusetts but lived for 22 years in Israel where she was a founding member of Israel's all-woman band, Tofa'ah.

She also performs at an array of venues such as coffeehouses, museums, festivals and interfaith events, as a solo artist and with her bands "Roots," "The Gypsy Consort," and "Musicology Duo."

Rachael's recordings incorporate her Jewish traditional and sacred music song with American folk-rock. She sings with an expressive voice in Hebrew and English.

Temple Emmanuel of Wakefield is an independent Temple located at 120 Chestnut Street in Wakefield. If you have questions please call the Temple at 781-245-1886 or visit [www.TempleEmmanuel/Wakefield.org](http://www.TempleEmmanuel/Wakefield.org).

## EATING DISORDER RECOVERY GROUP

Cambridge Eating Disorder

Center (CEDC), a comprehensive specialized center, offers a free drop-in-group to anyone struggling with an eating disorder or supporting a loved one with an eating disorder.

The group meets the last Saturday of every month from 11 a.m. to 12:15 p.m. at 3 Bow Street, Cambridge. The next meeting is on February 23.

For directions visit [www.eatingdisordercenter.org](http://www.eatingdisordercenter.org) or call 1-888-900-CEDC.

## DEALERS WANTED FOR INDOOR FLEA MARKET

The United Methodist Women of Melrose are looking for dealers for their indoor Flea Market on Saturday, April 26 from 9 a.m. to 1 p.m. The Flea Market will be held at the First United Methodist Church, 645 Main Street, Melrose.

Coffee and donuts will be available. Free admission. Please call the church office at 781-662-7060 to rent a table.

## THEATRE HOSTS OPEN HOUSE

The young co. at Stoneham Theatre hosts a spring 2008 Open House on Saturday, March 1 from 10 a.m. to 2 p.m.

It will be a fun filled day for teachers, parents and kids and will offer samples of its creative youth program.

There will be opportunities to meet the Stoneham Theatre staff, attend sample workshops and watch performances by the Resident Youth Ensemble and Kids4Kids, the traveling Shakespeare troupe.

The theatre will also be offering the last chance to sign up for its spring workshops (running March - May) and the first chance to learn about the young co. summer season and sign up for the summer program.

Stoneham Theatre is located at 395 Main Street, Stoneham Square.

For more information contact Caitlin Lowans at 781-279-7885, x 104 or email [education@stonehamtheatre.org](mailto:education@stonehamtheatre.org).

## FIREARM SAFETY COURSE IN NORTH READING

The North Reading Rifle Club, 242 Central Street, will host a firearm safety course on Wednesdays, March 12 and 19 at 7 p.m. You must attend both dates. Certified instructors will explain firearm operation, safe handling, storage, transportation and laws.

Each participant will shoot a rifle, revolver and semi-automatic hand gun. A certificate required by Mass. law, when applying for a Class A or B license to carry, or firearms identification card will be issued to everyone completing the course.

A license is required to purchase, possess or carry a firearm. To register or for more information call Robert Rose at 978-664-2703 after 6 p.m.

## COFFEEHOUSE PRESENTS GROUP IN MARCH

The Ivy Chord Coffeehouse presents "Old School Freight Train" on Saturday, March 1 at 8 p.m.

"Old School Freight Train" seamlessly blends jazz, Celtic and Latin rhythms into its style, and does so with such ease it's as if the 5 piece group was born with instruments in hand.

The Ivy Chord Coffeehouse is handicap accessible and is located at the Unitarian Universalist Church of Reading, 239 Woburn Street (corner of Summer and Woburn Streets.)

Ticket price is \$18 general admission, \$15 seniors and students.

For more information or to reserve tickets call 781-944-0494 Monday to Friday 9 a.m. to noon; or 781-229-9394 and day from 9 a.m. to 9 p.m.

## SPRING MARKETPLACE SEEKS VENDORS

The Woodville Elementary PTO is seeking quality crafters for the 4th annual Wakefield Spring Marketplace. The event will take place on Saturday, April 12 from 10 a.m. to 3 p.m. at the American Civic Center.

The show is also open to vendors of fine specialty and boutique items that might not necessarily be handmade by the exhibitor. All items must be available for cash and carry.

The Wakefield Spring Marketplace has been voted best Spring Show by many participating vendors. The school takes great pride in this major fundraiser and looks forward to an even more successful event this year.

The booth fee is \$55 and an optional door prize may be donated. All proceeds will benefit the PTO's cultural arts programs, field trips and community support when local families are in need.

If interested in participating please visit

[www.wakefieldmarketplace.com](http://www.wakefieldmarketplace.com); or contact Christine Mader at [cgmader@rcn.com](mailto:cgmader@rcn.com) or call 781-224-0248. Application deadline is March 10.

## SENIOR NET HAS WORKSHOPS

Senior Net invites everyone (members and non-members) to attend 2 hour low fee workshops to sharpen skills, learn new things, and have fun and explore the world of technology.

The workshops are as follows: How to Click Right Monday, March 10 at 1 p.m.; Travel Workshop Wednesday, March 12 at 1 p.m.; Computer Solitaire Thursday March 13 at 1 p.m.; Works task launcher workshop March 14 at 1 p.m.; Greeting card workshop Monday, March 24 at 1 p.m.; Burn CDs workshop Thursday March 27 at 9 a.m.

Please call 1-800-892-0890, ext. 516.

## WINTER FESTIVAL ON FEBRUARY 15

The Martins Pond Association is hosting its 15th annual Winter Festival on Saturday, February 9 from noon to 3 p.m. The festival is held at Clarke Park on Burroughs Road, across from Shaw's Plaza on Route 28 in North Reading.

They will have many activities to keep everyone in the family busy. For the kids, there will be a prize every time - games, pony rides, face painting and several appearances by Cookie Monster. Group games like tug of war and a pie eating contest will also be held throughout the day. Bring your skates along for ice skating - ice permitting.

Visit the Martins Pond Association table to take a chance in the raffle and see the latest initiatives. Ask about the shore line restoration grant. The raffle contains great prizes donated by local businesses.

There will be plenty of hot food to enjoy including the Horseshoe Grille's pulled pork, chili, chowder, hot dogs, pizza and popcorn and hot drinks. S'more kits will also be available and can be assembled by the fire.

Visit [www.martinspond.org](http://www.martinspond.org) or call Lida at 978-664-0625 for more information. Rain date will be Sunday, February 10.

## HYBRID CAR LECTURE IN NORTH READING

"The Hybrid Car: Just One of Several Efficiency Tools," will be presented by North Reading resident, Hobbit, Thursday, February 7 at 7 p.m. at the Flint Memorial Library, 147 Park Street, North Reading.

As the owner of a Prius, Hobbit regularly shares his technical expertise. At seminars and workshops, he brings

a consumer viewpoint wisdom, and maintains an extensive website of information from broad overviews to deep engineering details, and through his website: <http://techno-fandom.org/hobbit#>.

This program is part of the town-wide reading program, North Reading Reads 2008. Events will center on themes from this year's selection, the bestselling book "A Walk in the Woods: Rediscovering America on the Appalachian Trail" by Bill Bryson. There will be a special emphasis on programs

about "green living."

The event is free and open to the public. For further information call 978-664-4942.

## ANTIQUÉ APPRAISAL IN STONEHAM

The Stoneham Senior Center will hold a benefit antique appraisal on Sunday, March 9 from 2 to 5 p.m. at the Stoneham Senior Center, 136 Elm Street, Stoneham.

Qualified professionals will be on hand to appraise antiques and collectables. Fee: One item \$5, two \$8, 3 \$10. For information call 781-438-1157.

## TOWNS

### from S-3

Muscular Dystrophy. He explained that there were several iron lung machines that he used over many years, but this was the one that he started using when he was about eight years old and continued using until he was fourteen or fifteen.

"Lacostic shared his first memories of his first encounters with the iron lung: 'My respiratory doctor jumped into it first to show it to me. The first day they had me out in front of the nurses' stations so they could keep an eye on me. I liked that because I was so small I'd get sucked in and the nurses would shut it off and pull me out.' They 'rescued' him by placing sandbags around him so he could not be pulled further inside the machine."

"Lacostic considers himself to be one of the lucky ones. He fared better than many who had to have tra-

cheotomies when they left the iron lung. When he left the machine, Lacostic was one of the first patients to try a portable one at Lakeville Hospital.

"Today, Lacostic has a 'Port-A-Lung' that is half the size of the machine on display, is much quieter than the older model and has Plexiglas that allows him to see out of one side. He sleeps in it at night. Technology today also lets him connect with people he could never have reached before. His website [www.mydisabilitytalk.com](http://www.mydisabilitytalk.com), reaches out to others with disabilities."

"He happily shared his story. 'I love teaching people,' Lacostic said, explaining that he has often spoken with interns about both his illness and his history with iron lung machines. He encouraged people to learn more about the Public Health Museum in Tewksbury...."

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## School Notes

by Phyllis Nissen

### FAR AND AWAY, RIGHT 'ROUND THE CORNER

#### Attention worth paying well beyond Woburn

"Two local law enforcement experts urged parents to play a greater role in protecting their children and teens from Internet dangers during a safety forum on the topic," notes the Woburn edition of the "Daily Times Chronicle."

"Addressing a handful of parents during Wednesday night's Internet safety symposium at the WMHS auditorium, Woburn Det. Timothy Donovan and Medford Lt. Det. John McLean warned parents that common Internet habits jeopardize the safety of the city's youth."

"McLean, widely considered one of the state's leading experts on Internet crimes, is a Woburn resident who heads up the Medford Police Department's cybercrime unit. Donovan, who was tutored by McLean, is Woburn's computer crime investigator."

"According to the pair, while the Internet is an excellent educational tool, it is also a breeding ground for criminal activity, where pedophiles and other predators routinely target teens and young children."

"It's a great tool for educational growth and knowledge. Given that alone, we can't just say, 'I'm not letting my kid on the Internet.' It just has to be controlled," said McLean.

"One thing we have to get rid of is the idea this can't happen in Woburn. It can happen anywhere," Donovan later commented. "We're not here to tell you how to raise your kids. We're here to help you."

"According to the two investigators, parents need to familiarize themselves with their children's online habits and take basic steps to ensure that kids are minimizing their potential to be victim-

ized.

"In particular, McLean and Donovan advise parents to explore what websites and other online forums their children frequent and to set limitations on the type of activities permitted on the Internet."

"The two law enforcement officers further insisted that parents have to be willing to take some steps that may be considered unfair or invasive such as purchasing monitoring software that tracks online use, glimpsing at a child's instant messaging and other social interactions, and using filters and other computer tools to block access to inappropriate material...."

#### 'Phenomenal' in Burlington

"With positive feedback from seniors about their experiences there, the School Committee voted unanimously to extend by two years the Burlington High School Student Exchange Program with Pilati, Italy," notes the Burlington edition of the "Daily Times Chronicle."

"The vote means that in the next phase of the program, Italian students will come to Burlington next spring."

"This for the students was a phenomenal experience," said BHS Italian teacher Maria Walton. "This was a great place, a safe place to take our students; they wrote essays about their experiences there, and you will hear about them."

"A dozen students spent the week in Italy, Walton said, living with families."

"That was a big difference, they met families," said Assistant Supt. for Curriculum and Instruction Cynthia Marchand. "They learned so much more and had a better experience by not staying at a hotel."

"I am so excited about what I am hearing," Marchand went on to say.

"They had wonderful nights, wonderful opportunities. This was a job well done."

"The kids they were with were wonderful role models, and we were very proud of them," Walton said. "I am so excited about what lies ahead for these kids."

"This was an amazing experience, something we are going to have just once in our lives," said senior Anthony Mastracci. "Our families were with were nice, nice people."

NOTES to S-7

## Great weight loss advice from diet and nutrition experts

Weight control is hard work for overweight adults but it can be a whole lot easier with a few tips from the experts.

Everyone approaches weight loss in a different way, but there are a few tried-and-true rules. Here is some advice to help you shed a few pounds.

- Keep a food diary. Know what you are eating. It's easy to think you hardly eat anything, but calories add up.

- Write down manageable goals. Instead of "I will lose three sizes by summer," try "I will eat a healthy, low-fat breakfast and lunch this week." Half a pound a week can add up to a 12 lb. weight loss in six months.

- Begin an exercise program - walk for 10 minutes - even five minutes - if that's all you can tackle right now.

- Reach out. You need the support of family and friends.

- Monitor your environment. Make it more diet friendly.

"Let's face it - temptation is much easier to resist if it's not around. Managing weight loss successfully is more than managing eating and activity habits; it also includes managing your environment," says Anne Wolf, M.S., R.D., University of Virginia School of Medicine dietitian.

## New Breast Cancer treatment guidelines Recommend test to personalize treatment

When faced with the diagnosis of breast cancer, many women will undergo chemotherapy following surgery to reduce the chance of cancer returning. For those women, the dilemma of facing chemotherapy or dealing with the possibility that their cancer could return is overwhelming, even with a doctor's help.

Many women believe that chemotherapy is a required element of treatment. But research shows that only four out of every 100 women with Stage 1 breast cancer actually benefit from chemotherapy.

Now, the American Society of Clinical Oncology (ASCO), the world's leading professional organization representing physicians who treat cancer patients, has issued new Clinical Practice Guidelines that for the first time include molecular diagnostics in treatment planning to help make these difficult decisions easier. ASCO's updated guidelines, which outline appropriate cancer treatment methods, recommend a breast cancer test called Oncotype DX to calculate the likelihood that cancer could return and the benefit of using chemotherapy for a large portion of early-stage breast cancer patients. By using this test, women and their doctors can make a more informed decision about whether the potential benefit of chemotherapy outweighs the side effects.

"ASCO's new guidelines include only markers based on proven clinical decision-making impact and high levels of clinical validation," said Dr. Gabriel N. Hortobagyi, FACP, professor and chairman, Department of Breast Medical Oncology,

The University of Texas M.D. Anderson Cancer Center. "While exciting research and multiple prognostic tools are available today, Oncotype DX is the only genomic test with sufficient clinical evidence to support its use in clinical practice."

Oncotype DX looks at 21 genes in a woman's tumor tissue to calculate a Recurrence Score, an individualized number between 0 and 100. The lower the score, the lower the chances are that a woman's breast cancer will come back, and the less likely that she will benefit from chemotherapy.

"I felt confident in Oncotype DX because the result was based on 21 genes from my tumor," said Penny Smith, a breast cancer patient who decided against chemotherapy after receiving a low Recurrence Score. "I felt that I was getting good information and it was going to give me back control over fighting my cancer."

Oncotype DX is used for patients with estrogen receptor-positive, node-negative, early-stage breast cancer - approximately half of new diagnosed cases. It is the only test with extensive clinical evidence demonstrating the ability to identify patients who will benefit from chemotherapy.

For more information about treatment decisions for breast cancer, visit [www.MyTreatmentDecision.com](http://www.MyTreatmentDecision.com).

amount of food you eat. Often, we get in the habit of eating a certain amount of food to feel satisfied. And if we're served more food, we'll eat more.

For more information on weight loss and the all program, visit [www.myalli.com](http://www.myalli.com).

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## NOTES FROM S-6

"Edward Beyer said, 'This is the best way to end my senior year.'"

"Beyer added that there was some 'culture shock' involved, in that 'kids do not drive cars....'"

## Virtual pioneers in Reading

"Virtual High School

# SUDOKU

THE SAMURAI OF PUZZLES By The Mephram Group

9	5	8	7	3	2	6	4	1
4	2	7	8	1	6	9	3	5
3	6	1	4	9	5	2	8	7
7	3	6	5	2	9	4	1	8
8	4	5	6	7	1	3	9	2
1	9	2	3	8	4	5	7	6
2	7	4	1	6	3	8	5	9
6	1	3	9	5	8	7	2	4
5	8	9	2	4	7	1	6	3

Level:

1 2  
3 4

SOLUTION TO  
PUZZLE

Consortium (www.govhs.org), the pioneer of online learning for high school students and online course design for teachers, today announced a significant expansion of their global online learning community," notes the Reading edition of the "Daily Times Chronicle."

"Through a partnership with VHS, fifty-seven high and middle schools in the U.S. and abroad have expanded their course catalog to include 240 online courses with the goal of course options and teaching students 21st century learning skills. In addition, a number of teachers at these schools have begun to embark on something they have never done before, teaching online."

"VHS is a non-profit collaborative consisting of schools, teachers and students. The organization partners with school districts to provide core, Advanced Placement (AP) and elective NetCourses, allowing schools to expand curriculum offerings with courses they otherwise would not be able to offer. Each course is taught by a highly qualified and certified teacher at VHS member schools."

These teachers first complete VHS's rigorous graduate-level online professional development program, which teaches how to transform all of the elements of a face-to-face course into an online

course and engage and foster collaboration between students. They then deliver award-winning online asynchronous VHS courses while continuing to teach at their schools. While the course teacher may be located in a particular state or country, the 25 students in the course can represent many different states and countries. As a result, VHS's virtual courses help students develop 21st century skills by fostering online collaboration with students from all over the globe...."

If you'd like to read about your favorite school, student or teacher in "School Notes," please send school newsletters and other relevant information to Phyllis Nissen, "School Notes," Middlesex East Supplement, Box 240, Reading, MA 01867 or to schooltowns@comcast.net. We welcome student writing.

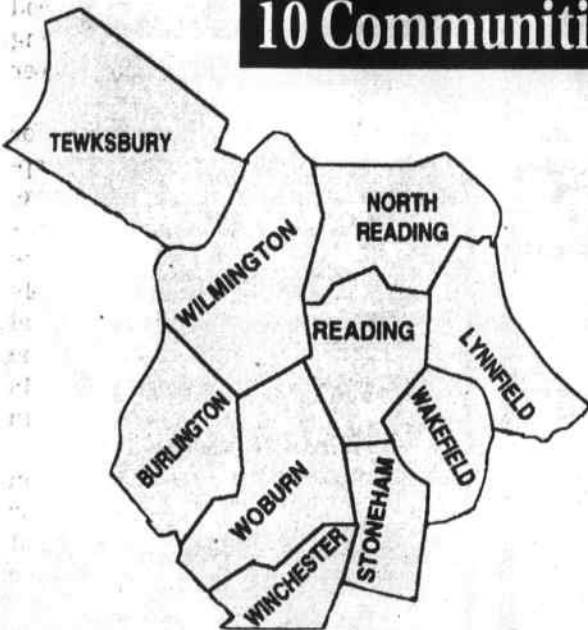
# SUDOKU

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### A1 CERAMIC TILE REPAIRS

Regrouting. New installations. Kitchen & baths. Call 781-438-2401.

### CERAMIC TILE

Complete bathroom remodeling. Tile floors & shower repair. Affordable prices. All work guar. Larry 978-375-1900. tit

### HARDWOOD FLOORS

Sheehan's Hardwood Floors. Installed, sanded, refinished, free est. fully insured. 978-479-9009. tit

### J DUFFEY FLOOR SANDING

Hardwood floors professionally sanded & refinished. 20 yrs. exp. Call Jack D. 781-933-7445.

## Home Improvement 0180

HANDY MAN KEN  
General repairs, carpentry, interior painting, wall papering. No job too small. Call Ken 508-954-1031.

### HANDY MAN

Will clean yards, basements, paint & wallpaper basements & office, dropped ceilings, remodeling. House cleaning & some windows. Some home basic repairs. Drive to apts. 781-324-4095.

### HOUSE DOCTORS

Handyman Professionals. Home improvements & repairs. Insured-Bonded. Lic. #158222. housedoctors.com 781-944-7081

### MR. MAINTENANCE

General const. & renov. Additions, kit & baths, tile work, decks, windows, more. 40 yrs. svc. Free ests. 781-933-7543.

### RETIRED HANDYMAN

Best Prices - Small jobs. Carpentry, tile, flooring etc. I do it all! Senior discounts. Paul 978-657-8891. Cell 978-833-2999.

## Sam's Handyman Serv.

Can't find anyone to do those small jobs? Now's the time to secure your own handyman! Call Sam Vesbitt, 781-245-3909.

## Home & Commercial Decorating 0190

CUSTOM MADE SLIP COVERS, guaranteed to fit. 26 yrs. exp. Make old furniture look new! Call Joyce 781-438-7824. Customer provides fabric.

## Instruction 0200

PIANO LESSONS  
First lesson only \$5.00. Exp. w/ children & adults. Classical / Jazz or Keyboarding. 781-729-4347

## Landscaping & Gardening 0220

Fall Clean-Up/Removal  
Removal OR U rake them, we take them. Curbside vacuum service. 781-944-3039.

## TREE REMOVAL TRIMMING AND REMOVAL 0230

JR's Tree Work  
781-729-8325

## Miscellaneous 0240

PET SITTING & PET WALKING  
WOBBURN AREA  
\$10 / visit. 7 days / week. Call 781-507-6468.

## Paint, Paper & Plaster 0260

BRIAN MCGAHAN  
Painting, Interior and Exterior. Professional, reliable service. Call for free estimate. 781-938-4077.

## JOHN THE PAINTER

35 years experience. Interior & exterior painting. Power wash. Light carpentry. Free estimates. Call 978-774-0192.

## M V Plastering & Drywall

Best Prices! Old ceilings & walls new again! Free estimates. Call 978-686-5012.

## MacDonald Plastering

ceilings, walls, repairs, patches. Clean and efficient. Free estimates. Call 781-942-7486

## Manny & Son Painting

Interior/Exterior Wallpaper Removal Free Est. Low Rates. Over 37 Yrs. Experience. 781-932-8299

## PAPERHANGER

Painting and papering. No job too small. For free est. call John Flynn at 781-662-4841

## Plumbing, Heating & Air Conditioning 0280

Baldi Plumbing/Heating  
We call back! No job too small! Fully lic. & insured. Lic. #12636. Call Eric at 978-658-4240

## Roofing 0300

ROOF REPAIR  
Repair / replace gutters. Cleaned / Repair / Replace Reg. # 140930 immediate response. Call 781-632-6069.

## Schools 0310

ATTEND COLLEGE ONLINE from Home. "Medical, "Business, "Paralegal, "Computers, "Criminal Justice, Job Placement assistance. Computer available. Financial Aid if qualified. Call 800-401-2385 www.onlinedwaterTech.com

## Rubbish & Junk Removal 0360

A & A CLEANOUTS  
Cleanouts of garages, yards, cellars, etc. Fast, reliable service. Low rates. 1-781-942-1645.

## ACE REMOVAL

Clean-ups cheap. Why pay for labor? Rent sm dumpster to clean out home/business. We provide labor. 781-279-2323.

## FOR SALE

### Furniture & Household Goods 2080

BRAND new Armoire, blk lacq. \$325. Solid pine kit. set w/4 chrs. \$200. Brand new Sharpe carousel covet / micro oven \$325. 781-438-4458.

### CRATE & BARREL

design metal & gls. style. 2 and tble. \$200/ea., coff tble. \$250, sofa tble. \$250, dining high top tble. \$200, 2 padded high top chrs. \$100/ea., 2 mtl. lamps \$100/ea., 2 muslin w/ love seat couches \$500/ea., blk wd ext. unit \$250/BO 617-548-1932.

### DESK \$65, 20" bike \$20,

baby toys \$5, army playset \$8, cardboard blocks \$10, scooter \$8, girls lego \$5, LT car \$6. Call 781-933-6691.

### DINING ROOM SET: Solid

oak pedestal tble, 2 arm/4 side chrs, 2 piece china cab. \$1,000. Call for appt. 781-944-1086.

### DOUBLE bed, box spring

& matt., \$300. Blonde tble. & chrs. \$150. 2 new snowmobile helmets \$30 & \$60. Fisher Price p-lates castle, \$10. Yard Furn. \$10. Box of toys \$5 & \$10. Refrig. \$300. End tble. \$25. Playstation games \$5 & \$10. 781-933-6691.

### LIGHT OAK DR Set. Incl.

hutch, 2 leafs & 6 chairs. \$3,000/BO. Hand made Oriental Rug. Beige w/loral pattern. 8x10, off. \$1500, sell for \$300/BO. 781-507-6619.

### NEW Bowflex Revolution

Home Gym System incl. all accessories. \$3,000/BO. 781-983-4278.

### RELAX the Back chair.

Black leather, BackSaver Sero Gravity Sensitive recliner. Unbelievable comfort and support. Modern slim style. Perfect cond. \$900 new - yours for \$350/BO. A perfect holiday gift for someone who deserves some relaxation! 781-729-6704.

### STEEL CASE office chr.

w/arms, blk vinyl w/gr pattern uphs. Pneum. h/ adj. Cost \$600. Ex. cond. \$125. 781-944-5733.

### TWO piece gray speck

Formica counter \$300 / bo. 781-933-4296.

## Furniture & Household Goods 2080

WHITE Kenmore 24" electric, self-clean wall oven and 30" gas range with fan hood. Never used, brand new. Price: \$900. Call 781-507-4627.

## Miscellaneous 2110

Are you a business owner? Do you think your business is too small or too big to advertise? The New England Press Association can help build your clientele all across New England! To advertise at a lower rate and higher volume contact Latifa Sanchez at 617-373-5611 or L.sanchez@nepa.org Visit our website: www.nepa.org ONE CALL DOES IT ALL!

## CARPETS

I have access to sev. 1,000 yds. plush carpet. I can carpet your LR & hall for \$495. Price incl. pad/inst. based on 30 sq. yds. Berbers/comm. carpets avail. 781-862-0909.

## EARLY BUYERS' SPECIAL

FROM NEW ENGLAND'S #1 POOL COMPANY Family sized 19' x 31' swimming pool with deck, fence, filter - \$1,180. Installation extra. Financing available. CALL NOW FOR FREE SURVEY 1-800-752-9000, www.Ambassador Pools.com

## 99 CENT Coffee SPECIAL

Sample our Ugandan & Guatemalan coffee for only .99 cents! Love the taste of coffee, but hate having upset stomachs. Equatorial Coffee carries fair trade and organic coffee. Visit www.equatorialcoffee.com to view the complete list of International Coffee we carry. Call for more information 1-888-542-2236

## SNAPPER - 8 h.p. snow-

blower. Good shape. \$475. Call 781-933-0599.

## Pets & Supplies 2130

PET SITTING & PET WALKING  
WOBBURN AREA  
\$10 / visit. 7 days / week. Call 781-507-6468.

## Wanted To Buy 2160

ANTIQUES TO COLLECTABLES  
Antiq., furn., glass, orientals, paintings, jewelry, sterling, 1 pc. - entire contents. No obligation. W. White Jr. 781-933-1258

## Hand Tools Wanted

Patternmaker, carpenter, sheet metal, machinist. Planes, chisels, calipers, hammers, clamps, anvils. Shop lots. 888-405-2007.

## Wood, Coal & Oil 2170

FIREWOOD (Seasoned Hardwood). Delivered, 1 cord \$250, 2 cords \$450. 1 cord = 128 cf. Call Mike 978-808-0613.

## SEASONED FIREWOOD

Cut & split. Over 1 year. 128 cubic feet/cord. Northeast Tree Inc. 781-935-1988, 781 944-9885.

## FOR SALE

Seasoned Firewood  
One cord \$250. 1/2 cord \$135. Cords are 128 cu. ft. Call 781-272-6104.

## YARD SALES

North Reading 3070  
6 LISA LANE  
Fri & Sat. 2/8 & 2/9, 10-3 TAG SALE/PSE  
2 estates. Furn., oriental rugs, glass, china, collectibles, linen, housewares, more!

## REAL ESTATE

### Real Estate Services 4010

EQUAL HOUSING OPPORTUNITY  
All real estate advertising in this newspaper is subject to the Federal Fair Housing Act of 1968, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status (number of children and/or pregnancy), national origin, ancestry, age, marital status, or any intention to make any such preference, limitation or discrimination. This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain about discrimination call The Department of Housing and Urban Development \* HUD toll-free at 1-800-669-9777. For the N.E. area, call HUD at 617-565-5308. The toll free number for the hearing impaired is 1-800-927-9275.

## Houses for Sale 4040

Foreclosures! 5bd 2.5 ba Home only \$30k! 3bd 2ba Home only \$18k! Financing Referrals Available! Listings & Info 800-604-8389

## \*\*Foreclosure/Bank Repo\*\*

5bd 3ba Home Only \$199/mo! More 1-4 Bed. rooms Available 4% dn. 20 yrs @ 8% For List. ings Call 800-559-4145 x 5950

## Land 4060

NORTH ANDOVER - Lot for sale. 26,500 sq. ft. level lot, sewer / water / gas. No wet. Grt. loc. \$359,900. Hashem R.E. 978-664-4191

## NYS WATERFRONT LAND BEST DEALS EVER!

10 Ac - Lake - Was \$79,900 Now \$65,900. 3.6 Ac - Wildlife Pond - \$25,900. 19 Ac - Largest River - Was \$119,900 Now \$89,900. 30 Ac - Bass Lake - Was \$89,900 Now \$79,900. Christmas & Associates 800-229-7843 www.landandcamps.com

## Wanted in Wilmington

Land/House for Remodel. Call Craig Newhouse. Cell# 978-857-0002. \* 1/2 A



# Job Mart

Burlington, Woburn, Winchester, Reading, Wakefield, No. Reading, Wilmington, Tewksbury, Lynnfield, Stoneham  
UP TO 160,000 READERS

## GENERAL HELP

## EDI NETWORK SYSTEMS, INC.

EDI Network Systems, Inc., is currently seeking to fill two (2) positions within our Teledata Division. We are looking for individuals with a professional attitude, leadership qualities and 3 to 5 years experience in telecommunications. Successful candidates experience will include: Access Control, CCTV (Digital), IDS, Nurse Call with an emphasis in Security Systems Integration.

### Security System Lead Installer

- Training of and evaluation of technicians and apprentices
- Proper installation and testing of all assigned systems
- Direct interface with client personnel

### Project Manager

- Responsible for proper and timely installations of all systems under his/her responsibility.
- Work with service dept. sales agents and vendors.
- Possess solid working knowledge of construction requirements and scheduling to coincide with other trades.
- Ability to complete projects from start to finish with little or no supervision.

Please email resumes to [jobs@edinetys.com](mailto:jobs@edinetys.com)

## EDI NETWORK SYSTEMS, INC.

ABC Accredited Quality Contractor  
72-B CONCORD STREET  
NORTH READING, MA 01864

As an EOE we actively encourage diversity in our work force; women, minorities and others are urged to apply.

## GENERAL HELP

## AMF Optics, Inc.

### Optician/Entry Level Optician/Experienced

AMF OPTICS is seeking an Optician/Apprentice to assist in manufacturing. Applicant will be responsible for custom fabrication of optical components for medical, industrial, military and research applications.

- Applicant should be detail oriented, possess a strong work ethic
- Experience a plus, but not required
- Capabilities include but are not limited to: knowledge of CNC controlled machines and ability to read drawings
- Hands-on skills include: ability to use micrometers, calipers and a variety of test equipment
- Full time positions available

Please fax or email resume to  
781-933-6420,  
or [kris@amfoptics.com](mailto:kris@amfoptics.com)  
Please no phone calls or walk-ins

05-11

## GENERAL HELP

## Country Club Heights

(A Brightview Senior Community)

### NOW HIRING:

### Certified Nursing Assistants

or

### Certified Home Health Aides

Full Time 11-7 Shift

We offer a comprehensive benefit package including 401K. Must be flexible and have excellent communication skills.

## Country Club Heights

3 Rehabilitation Way  
Woburn, MA 01801

Call Karen Morse at 781-935-4094

## GENERAL HELP

## HELP US GROW!!

### - Experience Preferred -

(will consider any sales experience)

- Paid Vacation & Sick Time
- Health & Dental Plans
- Strong Earning Potential
- Bilingual a Plus

E-mail resume to  
[aarcifa@hondabarn.com](mailto:aarcifa@hondabarn.com)  
or call Al at 978-664-3118

We are relocating to one of the best locations in the state (Rte. 95, Reading). We need help selling the best product available.

## HONDA BARN

260 Main Street  
North Reading, MA 01864

An equal opportunity employer

## Team Lead - Medicaid

Knowledge of third party billing. Oversee/supervise Medicaid billing team.

## Supervisor of Cash Posting

Supervise cash posters, reconcile bank deposits. Research payment/refund issues, etc.

## Billing Specialist

Several positions available. Knowledge of third party billing.

Email to:

[pcoakley@mrsiinc.com](mailto:pcoakley@mrsiinc.com)

## Administrative Assistant/Collections

Jani-King of Boston is seeking an Admin. Asst. to perform variety of office tasks and collections. Applicants should have 1 yr. experience in an office atmosphere. Professional appearance and pleasant phone skills a must, able to multi-task.

For consideration please fax resume to

781-272-2295

or email to

[Bosmgr@janiking.net](mailto:Bosmgr@janiking.net)

06-12

## Cashier/Receptionist

We are seeking a dependable person to answer phones, cashier and assist with administrative functions. Part time hours, nights & weekends available.

Apply to Jeff Clickstein at:

**Liberty Chevrolet, Inc.**  
90 Bay State Rd., Wakefield, MA 01880  
781-287-7510 • Fax 781-245-8987  
Email: [jclickstein@nedda.com](mailto:jclickstein@nedda.com)  
EQUAL OPPORTUNITY EMPLOYER

06-12

## Service Technician Career

Medical Equipment Service Company located in Woburn is looking for an ENTRY level full time field service technician to clean & service Medical Film Processors throughout New England. Candidates must be strongly motivated and be able to work independently. Must speak and read English fluently. Heavy lifting required. Must have clean driving record. Electrical knowledge & ability to read electrical schematics a plus. Full benefits offered.

Please fax your resume to 781-935-4383 or email to [ps.imaging@verizon.net](mailto:ps.imaging@verizon.net)  
No phone call or walk-ins allowed

## Hairstylists

Full Service Salon.  
Men, Women, Kids  
Guaranteed \$/Hour  
& Commissions  
Paid Vac/Health Ins.

**FANTASTIC SAM'S**  
Wilmington, MA  
978-658-3788  
[MBoudreau@SamsNE.com](mailto:MBoudreau@SamsNE.com)

## RENTALS FROM S-7

HUD HOMES! 5 BD condos, private homes. \$290/MO! 4BD \$199/MO! Enjoy shopping & beach. More 1-4 Bedrooms From \$200. Century 21 1st South. \$199/mo! 5% dn. 20 yrs. 800-618-8052. For Listings Call www.c21marco.com 800-559-4145 xT170

NORTH READING: For rent 6rm, 3BR house. Nice yd., encl. porch, walk to shops. \$1,250/mo. + utils. Hashem R.E. 978-664-4191.

WOBURN: 4B, 2.5 BA, \$2250. New colonial 5B, 3.5 BA \$3600 plunkett properties.net 781-932-9900

## Rentals to Share

STONEHAM - Near Center Off street parking. \$550/month. Utilities included. Call Dan 781-438-3519.

## Rooms

N. Reading, Stoneham: Clean rm for rent, shared bath & kit. \$110-\$135/week includes util. Sec. dep. & ref's req'd. 978-658-2656.

READING 1 rm. furnished. Reading Sq., near transportation & shopping. Kitchen privileges. 781-438-6093.

STONEHAM - spacious room. All utilities included. \$150/week. Call 781-279-0373.

WAKEFIELD - Room for rent with private bath. Share house, new kit. Off st. Pkg \$700. 781-932-0066.

## Rooms

5070

**WILMINGTON**  
Large clean room. Shared kitchen & bath. \$125 - \$135 / week. Refs & sec. dep. req. 978-658-2656.

WOBURN - 1 BR. Nr Rtes. 128/93. Medium size room, incl. heat, elec. & cable. No pets. \$120 wk. 781-935-6408.

## Seasonal

5080

FLORIDA, MARCO ISLAND, Beachfronts Available Now. Vacation Rentals/Sales. Beachfront

ANDOVER / Wilmington Line. Garage / Warehouse space, 25 ft x 60 ft, 24 ft x 35 ft, 70 ft x 70 ft 14 ft overhead doors. Radiant heat. Yard space available. Call Tom 781-771-2892.

BURLINGTON  
3 bay storage garage. 35 x 22 unheated. Storage only. \$700/mo. Available March 1. 781-389-5392.

## AUTOMOTIVE

Auto-X-Change 6040

2003 HYUNDAI Tiburon GT. Black, 2 dr., 6 spd, V6, 77K mi. Gt cond. Many extras. \$8,000. 781-933-0052. SuzyKen

2002 MERCURY Sable LS Premium Wagon, 6 cylinder, silver, 23,950 miles, 1 owner. \$7,500. 781-526-3522.

1999 ISUZU Rodeo White, 83K miles, auto, 4 wheel drive, A/C. Very good cond. \$6,000/BO. 781-572-6587 (owner).

1999 MUSTANG Convertible, 78K green/white top, new tires/brakes, cd & cassette. Exc. cond. \$5,900. 781-467-9237.

2006 E250 Van. V8, full power, just like new. Only \$27,000. sale price \$14,900. 781-648-9833.

## Drivers Wanted

Snow removal company north of Boston seeks Snow Shovelers, Bobcat Operators and Snowplow Drivers with valid MA license. Please call Les 781-389-4818

## CNC Machinist

Swiss CNC set-up and programmer apply only if you are qualified. Great benefits and incentives in Woburn. Ask for John 781-933-8086 or Fax Resume 781-933-9103

## AUTOMOTIVE

1998 CHEVY Lumina, 4 Jr. sedan, Lt. gray, auto start, pw, pl. Runs gdt. \$103K mi. \$2,200. Call 781-935-2831

1995 OLDS 88, 117K mi. 5 cyl., all power. \$1,500. 781-526-2648.

1995 PONTIAC Bonneville SE \$695. Power & leather, green. Needs work. Bk. Val \$1520. Lv. msg. 781-944-1267.

1992 HONDA Civic. Auto, 119K miles. Must sell, moving. \$1400. Call 781-995-0630.

1991 LINCOLN Town Car, 111K mi. Leather, looks and runs great. \$1,450. 781-308-2685 leave message

DONATE YOUR VEHICLE Receive FREE vacation voucher Donate your vehicle receive free vacation voucher United Breast Cancer Foundation Free Mammograms, Breast Cancer Info www.ubcf.info FREE Towing, Tax Deductible, Non-Runners Accepted, 1-888-468-5964

## Autos Wanted

JUNK CARS REMOVED FOR FREE Wing's Used Auto Parts. Tewk. Used eng. & trans sold & inst. Used tires \$15 & up. 978-851-8100

Turn Your Junk Cars & Trucks into cash at once! Immediate pickup. JD's Towing, N. Reading. 978-407-6415

Trucks & Vans 6080

## Trucks & Vans

6080

2003 FORD F150, 4x4, 4.2L, H.D. susp., L bed. Never plowed, 55K mi., auto a/c. \$10K. maint. Call 781-272-6647.

1999 FORD Utility Van, V6 eng., shelving, long bed, 69K mi. \$9,500. 781-933-6691.

1998 CHEVY Pickup, 8' bed, 4WD, auto, ac, 1 ton, 69K mi. New Michelin E, battery, cab steps, brks., rotors. Never plowed. Exc. cond. Tool box. \$9500. 781-526-7372.

1995 CHEVY Sports Van. New tires/battery & exhaust. Gt. cond. Used for transp. or work van. \$1695/BO. 781-648-2236

1994 CHEVY Handicap Lift Van. Color TV, VCR DVD. New tires, battery & computer. \$5,000. 781-333-1727.

## BUSINESS & FINANCE

Business Opportunity 7010

ALL CASH CANDY ROUTE. Do you earn \$800 in a day? Your own local candy route. Includes 30 Machines and Candy. All for \$9,995. 1-800-921-3949

Convenience Store For sale. 600 sq. ft. Wilmington, MA. \$27,000. Call 978-657-9652 or 617-962-2738 between 9am and 7pm, Mon.-Fri.

The Times Chronicle accepts no responsibility for ads requiring fees for services or publications. If you have any questions please call the Classified Department at 781-933-3700.

Church of the Good Shepherd, Reading - seeks office help with interpersonal management & computer skills. Salaried. PT 781-944-1572.

Employment Services & Publications 8020

NOW AVAILABLE! 2007 Post Office Jobs. \$18-\$20/hr. No Experience, said training, Fed benefits, vacation, Call Now! 1-800-910-9941 (Refer. # NG08)

General Help Wanted 8040

Appointment Setters \$10-\$20 HR TO START DRH Enterprises of Woburn hiring 6 part time people. No exp. nec. For immediate interview call Mr. Matthews 1-800-698-8885

## Mortgage & Loans

7040

REVERSE MORTGAGE! SENIOR HOMEOWNERS! No payment until you permanently leave your Residence. Government insured, no qualifying. Call Frank Costa 1-800-974-4646 x229. Continental Funding, Stoughton, MA. www.cfo-reversemortgage.com

BLACK OLIVE RESTAURANT Is looking for Waitstaff. Flexible Hours! Great Pay! Great Team! Apply within: Black Olive, 1866 Main St., Tewksbury, MA or call 781-844-9595.

## EMPLOYMENT

Child Care Wanted 8010

A JOB YOU'LL LOVE \$12-\$20/hr. + benefits. Reading. Must have use of fax & neat appearance. Excellent pay. Call ply now! 781-938-1267 or Gerry 508-626-8188.

COURIER P/T - Temp - 6 weeks. To deliver event tickets in Reading. Must have use of fax & neat appearance. Excellent pay. Call ply now! 781-938-1267 or Gerry 508-626-8188.

DRIVER - CLASS A Site Contractor and Aggregate Supplier in Andover MA seeks experienced driver for material deliveries and equipment moves. Clean driving record a must. Mass. Hydraulics license a plus. Call 978-475-8153.

LIMOUSINE SERVICE Seeking dependable people w/knowledge of the Boston area. FT/PT pos. avail. Will train. Earn up to \$13/hr. 781-938-0014.

"LOVE CHILDREN" Puddle Duck Day School is currently interviewing for a full time teacher's aide position. Here's your opportunity to join our energetic, caring, professional team. No experience, nec. Competitive wages and training towards teacher qualification. Call today! 781-932-8228.

ENERGETIC TEACHER Early Ed Teacher Local center in Woburn now hiring a PT afternoon Teacher. Benefits offered. Small classroom sizes. Long term professional staff. Competitive rate of pay. Call 781-932-8228 for more info.

Make \$5000+ monthly working at home. Close out merchandise. Free info. Kit Write Zaken Corp. Suite 54152NE2, 2610 Concho Spectrum St., Thousand Oaks, CA 91320. Hurry!

Warehouse Worker Autopart International is seeking a Full Time person to work in their busy warehouse in Woburn, MA. Responsibilities include, but are not limited to, receiving and putting away inventory, putting inventory for delivery and other basic warehouse duties. Making deliveries may be required. Candidates must provide a current, clean driving record. Dependability and ability to follow direction a must. Knowledge of automotive parts a plus. Call Mike or Mark at 781-933-3857 or apply in person to Autopart International, 325 A New Boston Road, Woburn, MA. Autopart International conducts a pre-employment drug screen & background check. EOE

Unemployed? Starting Pay \$800-\$900 per week Local division of Scott Fetzer Co. hiring 40 men and women for Market/Distribution/Sales. No experience necessary. Call Monday 8-6 or Tuesday 8-4. Ask for Andrea 1-800-698-8885

Warehouse Worker Autopart International is seeking a Full Time person to work in their busy warehouse in Woburn, MA. Responsibilities include, but are not limited to, receiving and putting away inventory, putting inventory for delivery and other basic warehouse duties. Making deliveries may be required. Candidates must provide a current, clean driving record. Dependability and ability to follow direction a must. Knowledge of automotive parts a plus. Call Mike or Mark at 781-933-3857 or apply in person to Autopart International, 325 A New Boston Road, Woburn, MA. Autopart International conducts a pre-employment drug screen & background check. EOE



### Transfers from S-10

#### -READING-

Median Price: \$438,000

99 ORANGE STREET was sold to Amy M. Brett and Mark E. Williams by Jennifer and Toby Trujillo for \$353,000.

SOUTH STREET (OFF) was sold to Andrew K. and Mary C. Dolben by Stanley Karandanis and Est Stanley Karandis for \$312,500.

44 VINE STREET was sold to Jessica and R. Nicholas Aiello by Erica McGillicuddy for \$465,000.

#### -STONEHAM-

Median Price: \$420,000

80 PARK STREET was sold to Martha Morales by Cheryl and John F. McNamara for \$562,500.

295 W WYOMING AVENUE #1A was sold to US Bank by Stuart Sojcher for \$174,630

278 WILLIAM STREET was sold to Linda Desantis by Mario J. Novia for \$380,000

#### -TEWKSBURY-

Median Price: \$379,900

12 BAILEY ROAD was sold to Fernando Ramos and Luciano Ramos by Theresa Chemaly for \$328,000.


611 CLARK ROAD was sold to Robert Atamian RT by Reed R. Atamian for \$590,000.

130 JENNIES WAY was sold to Guillermo Walle and Leydi Walle by Colleen and Patrick Grecco for \$453,000.

1310 MAIN STREET was sold to John S. Abbott by JS Realty Inc. for \$360,000.

1565 MAIN ST. #101 was sold to 559 Boston Ave. by Tewk 1565 Main St LLC for \$1,200,000.

885 MAIN ST. #4 was sold to Corevito LLC by Gary and Kimberly Brown for \$385,000.



**Middlesex East Real Estate**

The #1 source for buyers and sellers of homes in the 10 Town area

781-944-2200

873 OLD SHAWSHEEN ST. was sold to Christopher Caissie by Stacey Bugley and Stacey Oliva for \$259,000.

18 WIGHTMAN ROAD was sold to John Carroll by Frank Day and Deutsche Bank Natl for \$162,000.

#### -WAKEFIELD-

Median Price: \$428,750

248 ALBION STREET #521 was sold to Susan Silva by Wakefield Xing LLC for \$300,000.

60 ELM STREET was sold to Irene R. Sedlacko and Jerald H. Bluhm by Janet Burns and Janet DiTunno for \$430,000.

#### -WILMINGTON-

Median Price: \$374,750

1 LAWRENCE STREET was sold to Wells Fargo Bank by Jill Baker and Wells Fargo Bank for \$263,500.

16 UPTON DRIVE #6 was sold to Zoomkon Mgmt LLC by Lincoln RT and Richard Isenberg for \$600,000.

#### -WINCHESTER-

Median Price: \$734,700

119 ARLINGTON STREET was sold to Derek Swaim and Jenna Hage-Swaim by Debbie and Jonathan Colehower for \$1,443,000.

4 FELSDALE CLOSE was sold to Kimberlee Gauvreau and Neil Albert by 4 Felsdale Close RT for \$1,690,000.

70 IRVING STREET was sold to Nelson Prop LLC by Barbaro

T. Pat and Patricia Barbaro for \$340,000.

30 LINCOLN STREET was sold to Charles Killian and Karen Serieka by Daniel and Janice Serieka for \$550,000.

#### -WOBURN-

Median Price: \$385,000

10 BEACON ST. #293 was sold to David Doherty by Beacon RT and Peter A. Coakley for \$130,000.

7 CANTERBURY ROAD was sold to Mark Terzian by Brenda Palla for \$385,000.

36 DAY CIRCLE was sold to Barbara Lawnicki and Eugene Lawnicki by T&S FT for \$1,000.

19 JEFFERSON AVE. #8 was sold to KEG RT & George Hamilton by JWL Woburn T for \$700,000.

4 JOHNSONS GRANT #4 was sold to Jan Herrman and Nicole Herrman by Joan Stoddard for \$449,000.

37 MAIN STREET was sold to Robert E. Adams by Gregory Adams for \$5,000.

9 MELO ROAD was sold to David M. Pinkos by Lawrence Lipson for \$392,250.

7 POND TERRACE was sold to Alpo S. and Sandip Khatri by Jeffrey M. Denker and Karyn A. Vandemark for \$385,000.

9 SUMMER STREET was sold to Amarjit Sing Dhillon and Kuldeep Singh by Countrywide Home Loans for \$215,500.

## Are You Tired of...

- ✓ Snow Shoveling?
- ✓ Roof Repairs?
- ✓ Painting?
- ✓ Cleaning Gutters?
- ✓ Mowing the Lawn?
- ✓ Raking Leaves?

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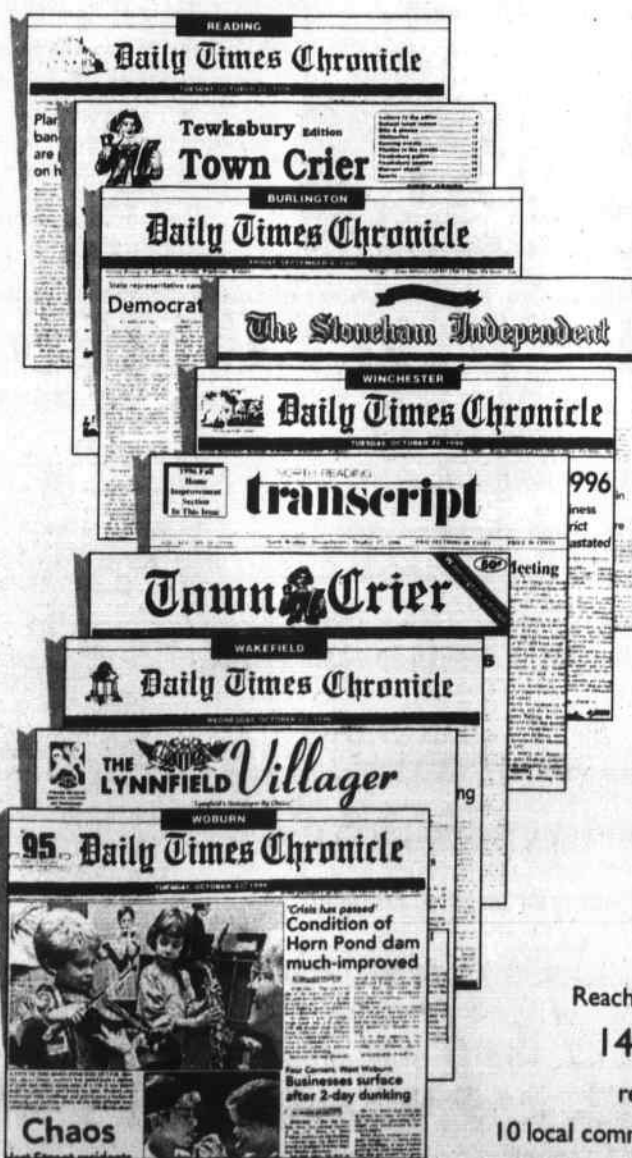


*Lillian Montalto*  
SIGNATURE PROPERTIES

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# Put your money Where your market is!

Our Regional Publication, Middlesex East,  
covers 10 Local Communities.



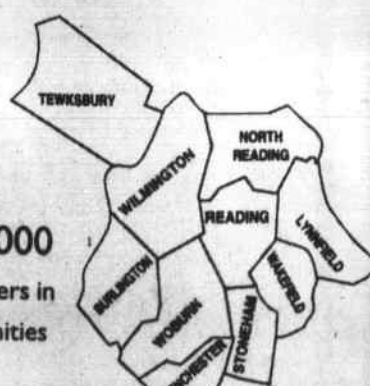
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- Woburn
- Burlington
- Wilmington
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### Selling Your home from S-10

tors first.

Local economy: If your local economy is struggling, then it's generally a bad time to put your home up for sale. High unemployment rates are one thing, but if a large company with rumored layoffs is in your immediate area, chances are people will be shying away from looking for a home. Large purchases such as home buying are understandably put on the back burner when people fear they might be losing their jobs.

On the other hand, if a large company is moving into your area and bringing with it an entirely new workforce, this is great for your local economy and represents a good time to put your home up for sale, as those migrating to your area will need a place to live.

Interest rates: This is a no-brainer, but low interest rates make housing more affordable, creating a great opportunity for sellers. Chances are, if you're selling a home, you're also looking to buy one, so low interest rates will not only help you sell your home, but help you better afford to buy your new one as well.

Competition: Competition can work in two ways. If your home is one of very few in your area on the market, that's a good thing, as potential buyers will be more likely to compromise if there are fewer choices available to them. However, buyers like to comparison shop as well, and might be quick to make a decision if they can compare your house to another in a similar price range.

Pending sales: The pending sales in your area can indicate whether a market is moving slowly or rapidly. Pending sale refers to homes that have been sold but not yet closed. To determine how quickly or slowly a market is moving, compare the number of pending sales to the number of new listings. If there are substantially more new listings than pending sales, the market's not moving fast, and it might not be the best time to sell your home. If the ratio is closer to 1:1, then the market's doing well. In general, there will always be more new listings than pending sales, but the closer the two numbers are to one another will indicate the condition of the market you're about to enter.

Season: Traditionally, spring has been the time most sellers put their homes on the market, which makes

it one of the more competitive times to sell your home. If you're experiencing a mild winter, you might want to consider putting your home on the market in mid- to late-winter. Interest rates will likely be lower around this time, and you'll face less competition as well. If it's a particularly harsh winter, however, this is not a good approach, as buyers won't be out patrolling neighborhoods in two or three feet of snow.



**RE/MAX Patriot Realty**

94 MAIN ST., WOBURN, MA 01801

WOBURN 781-938-7677 BURLINGTON 781-270-7877

www.patriotrealtyagents.com

**Featured Home of the Week**



WINCHESTER - Perfect opportunity to own in Winchester! Great location for this 1st floor 1 or 2 bedroom unit. 2nd bedroom can be bedroom or dining room. Features include hardwood floors, freshly painted, newer windows and front porch. \$279,900

**Agent of the Month**



Joe Taranto  
Call 339-227-2297  
For a Free Market  
Analysis of your home!

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**SOLD**  
for next week's edition

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- Maple, granite & stainless kitchen
- Hardwood & tile floors
- In-unit laundry
- Separate storage & garage
- Many floor plans available
- Dramatic 2 story atrium
- Gym, library and oversized patio
- Common function or meeting room w/kitchenette



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# Middlesex East Real Estate

The #1 source for buyers and sellers of homes in the 10 Town area

•781-944-2200

## Real Estate Transfers

### -BURLINGTON-

Median Price: \$410,000

607 SPRINGS LANE #A was sold to Aruna H. Morah and Harish C. Worah by 7 Springs Res LLC for \$600,000.

129 CAMBRIDGE STREET was sold to Robert Asams by Gregory Adams for \$7,500

2 HALLMARK GARDENS #6 was sold to Suni Ikumar Shah and Varsha Shah by Mitoli Nath and Raza R Wahidi for \$231,000

90 LEXINGTON STREET was sold to Ian Chisholm by Angie Q Chen and Angie Lou for \$372,000.

16 PEACH ORCHARD ROAD was sold to WM Specialty Mortgage LLC by Morico A Morais for \$306,816.

9 PINE AVENUE was sold to Dana C. Daley by Paula M Bennett for \$302,500.

235 WINN STREET was sold to Esther O Ajayi by Acquaviva FT and Steven Acquaviva for \$311,000.

### -LYNNFIELD-

Median Price: \$553,500

There are no transactions to report

### -NORTH READING-

Median Price: \$430,000

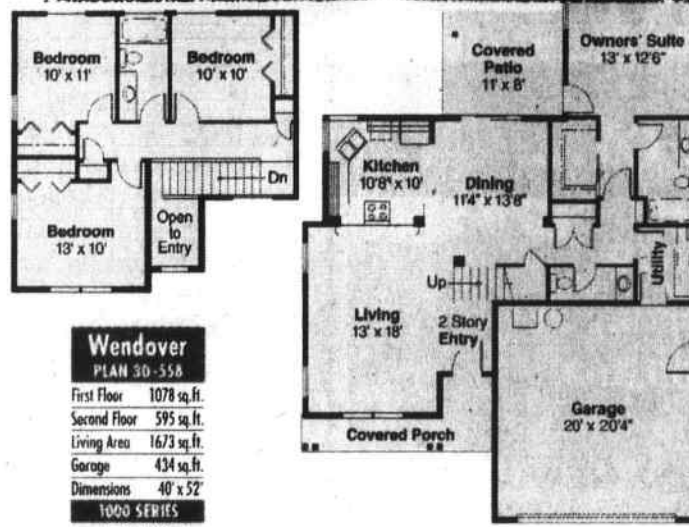
8 DIX ROAD was sold to Gustavo Miro and Olga Miro by Robin L Eisenhaure for \$380,000

8 GORDON ROAD was sold to Stephen F Covell by Terry A. Trukas for \$139,000

8 PILGRIM ROAD #12 was sold to Claire L. Hurley by PR L Edgewater Place LLC for \$385,000.

3 PINE AVENUE was sold to Mamta Mehra and Nitin Mehra by Smith Sons Plumb &amp; Heating for \$564,402.

Transfers to S-9



## The Wendover: A perfect cottage

The Wendover is a two-story contemporary cottage that makes a welcome addition to almost any neighborhood. Slender wooden posts ornament and support the front porch, while Craftsman-style doors and windows further enhance its charm.

This compact family home boasts a surprising four bedrooms, two and a half bathrooms, and one large, rambling gathering space that comprises the kitchen, dining and living rooms. Of the bedrooms, only the owners' suite is on the ground floor.

Light spills into the two-story entry through a window at the top of the door, and even more washes in

through a much larger window on the second level. Standing at the half wall on the second-floor landing, you can overlook the entry or gaze out that window.

Windows fill most of the front wall in the living room, and two more slender windows brighten the side wall. At the rear of the room a raised eating bar fronts the kitchen. Having the range and oven right there allows you to serve up soups and other tasty food directly from the stove to the eager eaters seated at the bar.

More natural light beams into the Wendover's C-shaped kitchen through corner windows with views in two directions. Tropical and other potted plants will thrive in this bright sink-front triangle. The kitchen is completely open to the dining room, where wide sliders offer quick and easy access to a covered patio. This area is ideal for outdoor dining, and could be screened if desired.

Laundry appliances and a half-bath are down the hall, along with the owners' suite, which has a bathroom, large walk-in closet and direct patio access.

For a review plan, including scaled floor plans, elevations, section and artist's conception, send \$25 to Associated Designs, 1100 Jacobs Dr., Eugene, OR 97402. Please specify the Wendover 30-558 and include a return address when ordering. A catalog featuring more than 550 home plans is available for \$15. For more information, call (800) 634-0123, or visit our website at [www.AssociatedDesigns.com](http://www.AssociatedDesigns.com).

## COMMONWEALTH



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### FEATURED HOME OF THE WEEK

#### STONEHAM



**Outstanding Opportunity!** Hard to find 44,000+ sf lot offering beautiful trees and ample parking! This property features 2 family home that was built as a single in 1829 and updated with an addition in 1929. It also offers the possibility of a three lot subdivision. Site plan available. Call for details. **\$550K**

#### STONEHAM



**STONEHAM - New Listing!** Great location! Lovely 3 bedroom, 1.5 bath Split entry home in a great location on a cul-de-sac. Fireplaced living room features bow window & skylight. Sliders to the deck and lovely woodsy setting offering privacy. Many updates. **\$535,900**

#### STONEHAM



**STONEHAM - Old world charm** in this lovely Victorian style 2-family offering 4/5+ rooms, 2 1/2 bedrooms, 1 1/1 baths and parking. Features include: updated kitchens and bath, separate utilities, many newer windows and charming wrap-around gingerbread porch. **\$419,900**

#### STONEHAM



**STONEHAM - Opportunity** to own an expertly constructed "Gregorio" built home in an excellent location surrounded by lovely homes. 7 rooms, 3 bedrooms, 2 baths, 2 car attached garage and beautifully landscaped corner lot. **\$539K**

#### READING



**READING - Fabulous 2199 s.f.** Townhouse is like single family living with four finished levels, 7 rooms, 3 bedrooms, 3.5 baths, 1 car attached garage and parking. C/A, HW & cherry kitchen. Convenient location for train and downtown. **\$419,900**

## 140,000 Reasons to Advertise in Middlesex East

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140,000  
readers turn to Middlesex  
East for shopping values.

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## Commercial Office Space For Rent

**READING - 2050 square feet** of newly renovated commercial office space. Male and female bathroom, conference room, large office, informations systems closet and large open area. Ten parking spaces, perfect for non-retail use. Utilities not included. Forced hot air and new HVAC system. **\$1,800/month**

**READING / 2050 SQUARE FEET**

**Please Call  
781-944-9152  
for an appointment**

## Choosing a time to sell a home

Homeowners are fully aware of the fluctuating real estate market that's existed since the turn of the century. What's a good market one day might be bad the very next, making it even more difficult to choose a time to put a home up for sale.

Often adding to that difficulty is the handful of other variables, such as weather, geographical location, and just how many other people are selling at the same time as you. Those thinking of putting their home up should consider the following factors:

**Selling Your home  
to S-9**

## FUDGE PROPERTIES

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**BILLERICA \$274,900**



Looks are deceiving for this 1900 sq/ft Ranch w/7 rms, 3 bns, 1 ba & many recent updates! Sunny eat-in Kit w/newer stove & plenty of cabinets. 1/2 acre lot & much more.

**TEWKSBURY \$339,900**  
**OPEN HOUSE SUNDAY**  
**52 FAIRWAY DRIVE**



Detached Townhouse with over 1400 sq ft of living space! Spacious rooms, c/a, closets galore! Nice corner lot with private patio area.

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**WOBBURN \$314,900**



Needs some work but worth the effort. Nice lot. Start here & build up sweat equity. Nice neighborhood & close to major highways.

**NEW LISTING!**  
**BILLERICA - \$354,900**



Owners are downsizing! Antique Col. w/9 rms, 3-4 bdrms, 1.5 baths, charm & character & updates. Great fenced yard w/gazebo, above ground pool & swing set, new 2-tier deck, big rms! Nothing to do but move in. Close proximity to train, shopping & major highways.

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